



# SARA SHIPLEY

ACTOR | IMPROVISOR | FUNNY GIRL

## PROFILE

Sara Shipley is a quick-rising star within the Upstate, NY comedy scene. A performance triple threat - Actor, Improvisor, Comedian, Sara recently starred in the quarantine comedy game show, 'For the LOLs' through the Carlson Comedy Network. When the world is not imploding, you can catch Sara performing regularly throughout Upstate NY, at the Comedy at the Carlson and at The Focus Theater as a member of The Urge Improv team.

## TRAINING

- 2021** Acting for the Camera with Caroline Gordon-Elliott @ The Writers and Actors Group
- 2018-2019** Level I, II, and III Improv @ The Focus Theater | Rochester, NY

## SCREEN

- 2020** **For The LOLs**  
Quarantine Comedy Game Show  
Carlson Comedy Network

## STAGE

- 2019-2021** **Stand Up Comedy (Noteworthy Shows)**
  - 'New Jokes with Michael Kosta' | NY Comedy Club
  - Featured for Bobby Lee | Omaha Funny Bone
  - Opened for Jimmy Norton, Tim Meadows, Gary Gulman, April Macie, Tammy Pescatelli
  - Finger Lakes Comedy Festival
  - Headlined This Years Models showcase | Rochester Fringe Festival
- 2019** **Nightcap Theater | Sloane Whitney**  
An interactive drama that whisks attendees away to the 26th floor of the glamorous Metropolitan building, where they become part of a mid-century modern story.

## CONTACT

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## STATISTICS

Hair Brown  
Eyes Brown  
Weight 165 lbs.  
Height 5' 11"

## SPECIAL SKILLS

Writing, Comedy, Improv,  
Knitting, Devoted Cat Mom,  
Yoga, Sports