

# Kathryn McKay

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## WORK EXPERIENCE

### **SARAFANOV DANCE STUDIO, West Kelowna, BC**

*Dancer Sept 2010 - Present Teacher 2016 - Present*

- Train, exercise, and attend dance classes to maintain high levels of technical proficiency, physical ability, and physical fitness.
- Teach and choreograph beginner and intermediate Hip Hop students.

*Competitive Figure Skater | Sep 2008 - May 2014*

- Attend scheduled practice or training sessions.
- Participate in athletic events or competitive sports, according to established rules and regulations.
- Exercise or practice under the direction of athletic trainers or professional coaches to develop skills, improve physical condition, or prepare for competitions.
- Maintain optimum physical fitness levels by training regularly, following nutrition plans, or consulting with health professionals.
- Assess performance following athletic competition, identifying strengths and weaknesses and making adjustments to improve future performance.
- Represent teams or professional sports clubs, performing such activities as meeting with members of the media, making speeches, or participating in charity events.

## EDUCATION

### **Mount Boucherie Senior Secondary, West Kelowna, British Columbia**

### **CONSTABLE NEIL BRUCE MIDDLE SCHOOL, West Kelowna, British Columbia**

### **BROADWAY DANCE CENTRE, New York, NY**

*Attended Numerous Classes*

### **MILLENNIUM DANCE COMPLEX, Los Angeles , LA**

*Attended classes*

### **SARAFANOV DANCE STUDIO, West Kelowna, British Columbia**

*Advanced Ballet, Jazz, Lyrical, Musical Theatre*

### **CREATORS ART CENTRE, Kelowna, British Columbia**

*Rhythm Group Advance Senior Hip Hop Crew*

## AWARDS AND HONORS

- 1st, 2nd and 3rd place finishes in numerous Regional and Provincial Dance and Figure Skating competitions. Gold, Silver and Bronze medals.