

Gris Contreras

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## PROFILE

I am a professionally trained young actress who has performed in various plays, musicals and also appeared in some films. I love working and supporting each one of my cast mates, I consider myself a confident, hardworking and responsible person.

## EXPERIENCE

Missing (student short film) LEAD (Gaby) - 2020  
Short film about Grooming (GANFER foundation) LEAD (Laura) - 2019  
Mental Hospital (local Play) LEAD (Andrea) - 2019  
Cinderella (school play) LEAD (Cinderella) - 2017  
Alice in wonderland ( school play) LEAD (Alice) - 2014  
Annie Jr. (Musical) ENSEMBLE (Annette, New York citizen) - 2017 - 2018  
Cats (Musical) SUPPORTING (Rumpleteazer)- 2016  
Annie (Musical) SUPPORTING (Tessie - Orphan) - 2012  
The Lion King (Musical) SUPPORTING (Young Nala)- 2010

## EDUCATION

### ACADEMIC

Licco Thezia, Hermosillo, Sonora — 2007-2020

Tecnologico de Monterrey(Campus Sonora Norte), Hermosillo, Sonora — 2020 - present

## PERFORMING ARTS

### Acto Danza - 2009 - 2015

- Dance (jazz, hiphop, ballet, contemporary, tap)
- Musical Theatre (Acting, Singing Dancing)

### DO RE MI - 2013 - 2016

- Singing

### Casa de la Cultura - 2017 - 2019

- Theatre
- Musical Theatre (Acting, Singing Dancing)

### Real Estudio - 2019 - 2020

- Musical Theatre (Acting, Singing Dancing)

### Quinta Pared Teatro (Tec Campus Sonora Norte) 2020 - present

-Theatre

**Others:** Workshops and Private Lessons with Broadway Performers: Kerry Butler, Ashley Park, Renee Rapp, Erika Henningsen, Kate Rockwell, Laura Osnes, Elle McLemore, Krystina Alabado, Andrew Barth, Betsy Wolfe. Workshops with Mexican Performers: Tanya Valenzuela, Paola Mingüer, Patricia Reyes Spindola, Dulce Patiño, Roberto Escobedo, Melissa Quintanilla, Edilia Figueroa, Rebeca Corte, Estebalitz Ruiz. Others: Steven Ditmyer (Meisner Technique), J. Elaine Marcos (AMDA Workshop), Christine Schneider (Singing Masterclass), Mary Ann Lamb (Masterclass).

## SKILLS

Vocal Range (soprano), Improvisation, Crying on Cue, Dancing, Fluent English and Spanish Accent, Script Memorization, Modeling, Film, theatre and Musical theatre acting, horse back-riding, modeling, Directing and Editing.