

Barby Ingle - "From Wheels to Heals"

One in three people (116 million) in the United States are affected with a condition that causes chronic pain. Cost to American public of chronic pain is \$635 billion dollars - lost productivity, lost wages, and doctor's fees. As a chronic pain patient, pain educator, author of seven books on chronic pain, speaker, and cheerleader of hope. I have an action plan to help those in chronic pain and their caregivers.

Patients need to be chief of staff of their medical condition - become expert on illness

Steps that a patient can do to head in the right direction for pain relief

- **Speak up!** You are your best advocate and have a right to timely and effective care.
- **Know your pain.** Know the options available and educate yourself about available treatment options for your particular condition.
- **Reach out and seek out.** Bring a caretaker, relative or friend to your appointments so they can take notes and serve as an objective witness to your issues, accept assistance from others and investigate resources in our community or online.
- **Take a moment listen** to your body's response to stress and anxiety. Maintain health habits and stay active to the best of your ability. Make a habit of taking time each day for deep breathing exercises to help ease your pain.



Barby Ingle is a chronic pain educator, patient advocate, and president of the International Pain Foundation, as well as a motivational speaker and bestselling author on pain topics. She has been a pain patient since developing endometriosis in 1997, and reflex sympathetic dystrophy in 2002. Barby is the co-creator of the Music Moves Awareness project for the International Pain Foundation including the newly released song Hope is True by iPain. Barby also serves on the board of advisers for CureClick, is a member of State Pain Policy Action Network, and a founding member of the Consumer Pain Advocacy Task Force.

Barby graduated from the George Mason University in 1994 with a degree in Social Psychology and a minor in dance. Barby uses her skills from cheerleading to inspire and motivate patients to be self-advocates and offers tips and tools for patients, caretakers and healthcare professionals. She has also served as a national speaker, author of the Cheertec Coaches' Handbook; six part DVD Series on cheerleading, RSD in Me!, ReMission Possible; Yours if You Chose to Accept It, Real Love & Good Sex, Aunt Barby's Invisible Endless Owie, and The Pain Code.

IMDb Profile: <https://pro-labs.imdb.com/name/nm5863982?s=82b09764-2608-7346-0af3-62dd4bb62203>

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Barby's Social Media

Twitter - www.twitter.com/BarbyIngle

Facebook - www.facebook.com/BarbyIngleOfficial

Instagram - <https://www.instagram.com/internationalpainfoundation>

LinkedIn - <https://www.linkedin.com/in/barbyingle>

Pinterest - www.pinterest.com/iPainFoundation

YouTube - www.youtube.com/user/barbyallyn

YouNow - www.younow.com/barby.ingle

Blog - <http://barbyingle.com/blog>

Website - www.internationalpain.org

Webfluentia - <https://webfluentia.com/BarbyIngle>

Twitter - www.twitter.com/PowerofPain

Facebook - www.facebook.com/barby.ingle

Facebook - www.facebook.com/iPainFoundation

Blog - <https://internationalpain.org/pop-blog/>

Website - www.hopeistrue.org

Google + - <https://plus.google.com/u/1/>

IMDb Profile: <https://pro-labs.imdb.com/name/nm5863982?s=82b09764-2608-7346-0af3-62dd4bb62203>

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Barby Ingle Media List – as of January 25, 2018

Date	Type	Additional Info and Links when available
1/25/2018	Print	Pain News Network; Print Interview; Topic: O's of Alternative Treatments Series; by Barby Ingle
1/22/2018	Host	International Pain Foundation Webinar Series with host Barby Ingle; Topic: Alternative Treatments Series
1/22/2018	Television	ABC News Phoenix, 3 segments – 5pm, 6pm, 6:30pm; Topic: Gov. Doug Ducey calls on Legislature to pass opioid plan; Featuring: Barby Ingle
1/7/2018	Columnist	Pain News Network; Topic: 5 Steps to Successful Advocacy for Pain Community; By: Barby Ingle
12/30/2017	Television	CBS Las Vegas, 8 News Now KTLA, Our Pain Prime-time Special with host George Knapp, featuring Barby Ingle
12/24/2017	Webisode	Ken and Barby Show, Season 5 Episode 8; Back to Basics with Ken Taylor and Barby Ingle
12/23/2017	Print	Pain News Network, Topic: N's of Alternative Treatment Options; by Barby Ingle
12/17/2017	Webisode	Ken and Barby Show, Season 5 Episode 7; Back to Basics with Ken Taylor and Barby Ingle
12/10/2017	Webisode	Ken and Barby Show, Season 5 Episode 6; Back to Basics with Ken Taylor and Barby Ingle
12/9/2017	Print	Pain News Network, Topic: How to Fight Step Therapy; by Barby Ingle
12/3/2017	Webisode	Ken and Barby Show, Season 5 Episode 5; Back to Basics with Ken Taylor and Barby Ingle
11/27/2017	Host	iPain Webinar Series; Topic: Youth & Pain; Host: Barby Ingle
11/26/2017	Host	Coast to Coast AM with host George Knapp; Topic: The Other Side of Opioids; Guest: Barby Ingle
11/26/2017	Radio	Arisen Strength Motivational Podcast with Host Shane Shultz; Topic: NERVEmer Roundtable 3 with Ken Taylor and Barby Ingle
11/25/2017	Webisode	Ken and Barby Show, Season 5 Episode 4; Back to Basics with Ken Taylor and Barby Ingle
11/23/2017	Print	Pain News Network, Topic: 4 M's That Can Help Lower Pain Levels; by Barby Ingle
11/22/2017	Radio	Radio Show: In the Limelight with Host Clarissa Burt; Topic: Learning to manage #chronicpain; Guest: Barby Ingle
11/20/2017	Radio	Arisen Strength Motivational Podcast with Host Shane Shultz; Topic: NERVEmer Roundtable 2 with Ken Taylor and Barby Ingle
11/19/2017	Webisode	Ken and Barby Show, Season 5 Episode 3; Back to Basics with Ken Taylor and Barby Ingle
11/11/2017	Webisode	Ken and Barby Show, Season 5 Episode 2; Back to Basics with Ken Taylor and Barby Ingle
11/10/2017	Print	Pain News Network, Topic: Managing Emotions While Living with Chronic Pain; by Barby Ingle
11/7/2017	Radio	Kingdom Crossroads Podcast with Host Pastor Robert Thibodeau and guest Barby Ingle, Topic: Coping with Chronic Pain During NERVEmer pt 2; International Pain Foundation
11/6/2017	Television	CBS Las Vegas (KLAS TV 8newsnow I-Team) Host: George Knapp 10-part series #OurPain; Part 2; with Barby Ingle
11/6/2017	Radio	Kingdom Crossroads Podcast with Host Pastor Robert Thibodeau and guest Barby Ingle, Topic: Coping with Chronic Pain During NERVEmer pt 1; International Pain Foundation
11/5/2017	Television	CBS Las Vegas (KLAS TV 8newsnow I-Team) Host: George Knapp 10-part series #OurPain; Part 1; with Barby Ingle
11/5/2017	Webisode	Ken and Barby Show, Season 5 Episode 1; Back to Basics with Ken Taylor and Barby Ingle
11/5/2017	Radio	Arisen Strength Motivational Podcast with Host Shane Shultz; Topic: NERVEmer Roundtable 1 with Ken Taylor and Barby Ingle
11/1/2017	Print	PR Week Magazine; Barby Ingle on the challenges of healthcare influencer marketing
Nov-17	Magazine	Redbook Magazine, Topic: Could you be addicted and not know it? by Virginia Sole-Smith; Interviewed: Barby Ingle
10/30/2017	Print	Longevity Media; Topic: Chronic Illness Turned to Education and Empowerment by Megan Roche; featuring Barby Ingle's story
10/26/2017	Print	Pain News Network, Topic: Alternative Treatment Options; A look at Infusion Therapies; by Barby Ingle
10/23/2017	Magazine	POPSugar News, Topic: Insurers Want to Stop Covering OxyContin — but Will It Help Stem the Opioid Epidemic?; Interviewed: Barby Ingle
10/18/2017	Print	Insider Monkey names Barby Ingle (#13) 20 Biggest Influencers in Healthcare; Article written by Soma Dutta

10/15/2017	Host	iPain Webinar Series; Topic: Advocacy & Support with Guests: Ken and Barby
10/15/2017	Print	Pain News Network, Topic: Why I Keep a Pain Journal; by Barby Ingle
10/8/2017	Television	NBC's Sunday Square Off with guest host: Kevin Kennedy; Guest: Barby Ingle
10/5-15/2017	Correspondent	San Pedro International Film Festival, Virtual Correspondent 2017 for 411 Voices; Barby Ingle
10/1/2017	Print	Pain News Network; Would You Support a Boycott of CVS?, Interviewed: Barby Ingle
9/26/2017	Print	Pain News Network, Topic: 4 H Alternative Treatment Options; by Barby Ingle
9/14-15/2017	Correspondent	Global Genes 2017 Conference; Social Media Correspondent for RARE Patient Advocate Conference #2017GGsummit; Barby Ingle
9/14/2017	Radio	Kingdom Crossroads Podcast with Host Pastor Robert Thibodeau and guest Barby Ingle, Topic: Coping with Chronic Pain
9/13/2017	Radio	Kingdom Crossroads Podcast with Host Pastor Robert Thibodeau and guest Barby Ingle, Topic: Chronic Pain & International Pain Foundation
9/12/2017	Print	Pain News Network, Topic: Learning How To Live with Chronic Pain; by Barby Ingle
9/6/2017	Television	ABC 15 News Phoenix, Arizona Department of Health Services releases opioid overdose recommendations, Interview with Barby Ingle
9/4/2017	Video	Wisdo Insights: Difficulties of Getting Diagnosed featuring Barby Ingle
9/4/2017	Video	Wisdo Insights: Reflex Sympathetic Dystrophy featuring Barby Ingle
9/4/2017	Video	Wisdo Insights: My Tips For Anyone Diagnosed featuring Barby Ingle
9/4/2017	Video	Wisdo Insights: The Strains on Relationships featuring Barby Ingle
9/4/2017	Video	Wisdo Insights: Being Your Own Cheerleader featuring Barby Ingle
9/4/2017	Video	Wisdo Insights: What I Would Tell Someone Newly Diagnosed featuring Barby Ingle
9/4/2017	Video	Wisdo Insights: "Cant You See my Invisible Pain?" featuring Barby Ingle
9/3/2017	Television	Newlywed Game on Game Show Network, with Barby and Ken
8/29/2017	Magazine	iPain Living Magazine; 2017 Edition 2 Print Editor and Contributing Writer
8/27/2017	Columnist	Pain News Network; Topic: The F's That Can Help Lower Chronic Pain Levels; By: Barby Ingle
8/23/2017	Radio	Conspiracies Against Wellness with Jonelle Elgaway; Topic: Cyberbullying in the Chronic Pain Community with guest Barby Ingle
8/20/2017	Webisode	Ken and Barby Show, Season 4, Episode 8 with Hosts Barby Ingle and Ken Taylor
8/16/2017	Radio	Everything Church Related with Pastor Bob Thibodeau Part 2: Chronic Pain and Spirituality; Guest: Barby Ingle
8/16/2017	Radio	Everything Church Related with Pastor Bob Thibodeau Part 1: Chronic Pain and Spirituality; Guest: Barby Ingle
8/16/2017	Radio	Money Talk with Melanie on Spreaker with Guest @BarbyIngle talks "How to Save Thousands on Your Healthcare Bills"
8/16/2017	Columnist	Pain News Network; Topic: What is Patient Advocacy; By: Barby Ingle
8/14/2017	Host	iPain Webinar Series; Clinical Trials with host Barby Ingle
8/13/2017	Webisode	Ken and Barby Show, Season 4, Episode 7 with Hosts Barby Ingle and Ken Taylor
8/10/2017	Television	Extreme Time Cheaters on TLC with Ken and Barby
8/6/2017	Webisode	Ken and Barby Show, Season 4, Episode 6 with Hosts Barby Ingle and Ken Taylor
8/1/2017	Article	The Healthcare Marketer ; The 2017 #HIT100 List ; Barby Ingle is ranked in the top 100 of Healthcare Information Technology Influencers
7/30/2017	Webisode	Ken and Barby Show, Season 4, Episode 5 with Hosts Barby Ingle and Ken Taylor
7/23/2017	Webisode	Ken and Barby Show, Season 4, Episode 4 with Hosts Barby Ingle and Ken Taylor
7/22/2017	Columnist	Pain News Network; Topic: The E's of Chronic Pain Treatment; By: Barby Ingle
7/17/2017	Radio	The NutriMedical Show with Host Dr. Bill Deagle; Topic: Chronic Pain Treatments in America; Guest: Barby Ingle
7/16/2017	Webisode	Ken and Barby Show, Season 4, Episode 3 with Hosts Barby Ingle and Ken Taylor
7/13/2017	Columnist	Pain News Network; Topic: Free Programs That Help Pay for Prescription Drugs; By: Barby Ingle
7/12/2017	Host	Painology Show with Ken Taylor and Barby Ingle; Topic: Tips for Coping with Chronic Pain Daily; Featured on ZubiaLive.com

7/11/2017	Radio	Conspiracies Against Wellness with Jonelle Elgaway; Topic: RSD/CPS/CRPS with guest Barby Ingle
7/9/2017	Webisode	Ken and Barby Show, Season 4, Episode 2 with Hosts Barby Ingle and Ken Taylor
7/5/2017	Host	Painology Show with Ken Taylor and Barby Ingle; Topic: Overcoming The Financial Aspects of Chronic Pain; Featured on ZubiaLive.com
7/3/2017	Television	NBC News; Channel 12 Phoenix; Chronic Pain Patients Need Access to Proper and Timely Care; featuring Barby Ingle
7/2/2017	Webisode	Ken and Barby Show, Season 4, Episode 1 with Hosts Barby Ingle and Ken Taylor
7/1/2017	Spokesperson	Living Wellness Campaign for the Community Pain Center; Video: Appealing Step Therapy with Barby Ingle
6/29/2017	Columnist	Pain News Network; Topic: The Four C's That Can Help Lower Pain Levels; By: Barby Ingle
6/28/2017	Host	Painology Show with Ken Taylor and Barby Ingle; Topic: Energy Penny Principle; Featured on ZubiaLive.com
6/28/2017	Multi-Outlets	More than 400 media outlets covered the release of Barby Ingle's new book; "From Wheels to Heals" available everywhere books are sold; See story here
6/29/2017	Columnist	Pain News Network; Topic: The Four C's That Can Help Lower Pain Levels; By: Barby Ingle
6/21/2017	Host	Painology Show with Ken Taylor and Barby Ingle; Topic: Why our drugs cost so much; Featured on ZubiaLive.com
6/11/2017	Columnist	Pain News Network; Topic: How to Advocate for Generation P; By: Barby Ingle
6/10/2017	Radio	Living Well with Robin Stoloff airing Sundays from 9-11 am on Lite Rock 96.9 WFPG; Topic: Medical Billing: Barby Ingle
6/4/2017	Magazine	Practical Pain Management Magazine; Topic: Upcoming Changes to the AHCA; Interviewed: Barby Ingle
6/1/2017	Spokesperson	Living Wellness Campaign for the Community Pain Center; Video: Being Your Own Best Advocate with Barby Ingle
5/27/2017	Radio	Living Well with Robin Stoloff airing Sundays from 9-11 am on Lite Rock 96.9 WFPG; Topic: Pain Management: Barby Ingle
5/27/2017	Author	Book: From Wheels to Heals; A Chronic Pain Patients' Story of Hope, Help and Understanding, available everywhere books are sold, by Barby Ingle
5/26/2017	Television	ABC 15 News; Reporter Sonu Wasu; Topic: Johnson Utilities Affecting San Tan Valley Residents Barby Ingle and Ken Taylor
5/23/2017	Columnist	Pain News Network; Topic: The 4 A's That Can Help Relieve Chronic Pain; By: Barby Ingle
5/13/2017	Radio	Living Well with Robin Stoloff airing Sundays from 9-11 am on Lite Rock 96.9 WFPG; Topic: Access to Care Guest: Barby Ingle
5/12/2017	Radio	The NutriMedical Show with Host Dr. Bill Deagle; Topic: Obtaining Debt-Free Medical Care; Guest: Barby Ingle
5/10/2017	Columnist	Pain News Network; Topic: Don't Drown in Anxiety Over Health Bill; by Barby Ingle
5/9/2017	Presenter	Ketamine Wellness Centers; Topic: From Wheels to Heals; Guest: Barby Ingle
5/8/2017	Radio	The Timo Show with host Tim Olsen; Topic: Chronic Pain – from Wheels to Heals; Interviewed: Barby Ingle
5/6/2017	Video	BrightBod.com with host Joe, Topic: RSD/CRPS Series; Interviewed: Barby Ingle
5/5/2017	Video	BrightBod.com with host Joe, Topic: Epilepsy Series; Interviewed: Barby Ingle
5/4/2017	Video	BrightBod.com with host Joe, Topic: Colitis Series; Interviewed: Barby Ingle
5/3/2017	Blog Guest	WEGO Health Blog, 10 Tips for Being a Social Media Correspondent at a Conference; Guest Blogger: Barby Ingle
5/1/2017	Radio	Health Professional Radio with host Neil Howard; Topic: Patient Leaders – Connecting Patients and Healthcare Providers to Drive Positive Change Interviewed: David Goldsmith, Chief Strategy Officer for WEGO Health; Includes advocacy efforts of Barby Ingle
4/30/2017	Webisode	Ken and Barby Show, Season 3, Episode 8 with Barby Ingle and Ken Taylor
4/27/2017	Blog Guest	WEGO Health Blog, HealtheVoices 2017: Together We Thrive; Guest Blogger: Barby Ingle
4/23/2017	Webisode	Ken and Barby Show, Season 3, Episode 7 with Barby Ingle and Ken Taylor
4/20/2017 – 4/23/2017	Host	HealtheVoices Conference; Topic: Social Media Influencer for event sponsor WEGO Health; By: Barby Ingle
4/17/2017	Webinar	International Pain Foundation Webinar Series; Topic: National Pain Strategy; Guest: Barby Ingle

4/16/2017	Webisode	Ken and Barby Show, Season 3, Episode 6 with Barby Ingle and Ken Taylor
4/15/2017	Columnist	Pain News Network; Topic: Get the Facts Right About Opioids; By: Barby Ingle
4/12/2017	Newspaper	The Nevada Independent Newspaper, Health care nonprofits backed by the pharmaceutical industry send letter By Megan Messerly; Interviewed: Barby Ingle
4/12/2017	Print	Practical Pain Management; 6 Ways to Be a Friend to a Friend Living With Chronic Pain; interviewed Barby Ingle
4/10/2017	Columnist	Pain News Network; Topic: Do You Really Want to Know Your Genetic Traits?; By: Barby Ingle
4/9/2017	Webisode	Ken and Barby Show, Season 3, Episode 5 with Barby Ingle and Ken Taylor
4/7/2017 – 4/10/2017	Reality	Reality Rally, Temecula, CA; Ken and Barby as Reality TV personalities; Lip Sync Contest, Rally Check Point, Autograph sessions
4/5/2017	Television	ABC 15 News; Chronic pain victims share ‘other side’ of prescription drug abuse epidemic; Interviewed Barby Ingle
4/2/2017	Webisode	Ken and Barby Show, Season 3, Episode 4 with Barby Ingle and Ken Taylor
3/27/2017	Print	WEGO Health Blog Article; Barby Ingle: 2016 Lifetime Achievement Winner Spotlight; Interviewed: Barby Ingle
3/27/2017	Magazine	Wired Magazine; Topic: Social Media Influencers Finally Come to ... Medicine; Interviewed: Barby Ingle
3/26/2017	Webisode	Ken and Barby Show, Season 3, Episode 3 with Barby Ingle and Ken Taylor
3/20/2017	Columnist	Pain News Network; 5 Steps New Chronic Pain Patients Should Take; By: Barby Ingle
3/19/2017	Webisode	Ken and Barby Show, Season 3, Episode 2 with Barby Ingle and Ken Taylor
3/17/2017	Radio	Sharkie’s PEP Talk – Topic: Chronic Pain Relief; Guest: Barby Ingle
3/15/2017	Print	Pain News Network; Print Interview; Topic: Survey Finds CDC Opioid Guidelines Harming Patients; by Pat Anson; Interviewed: Barby Ingle
3/14/2017	Host	FB live to talk about how ‘Healthcare is a Personal Finance Issue’ and ‘tips and tricks to navigating the finances of a chronic illness’ Host: Barby Ingle – Contracted Amino Social Media Influencer – Tune in here at 6pmPST
3/14/2017	Host	WEGO Health Twitter Chat (@wegohealth); Topic Building Online Communities, Use #wegohealthchat to participate, Guest Host: Barby Ingle
3/13/2017	Print	Practical Pain Management Magazine; Topic: ACA Repeal and Replace: How Will Chronic Pain Patients Fare; Interviewed: Barby Ingle
3/13/2017	Host	International Pain Webinar, Topic: Manual Ligament Therapy with Guest Dr. Arik Gohl, Host: Barby Ingle
3/12/2017	Webisode	Ken and Barby Show, Season 3, Episode 1 with Barby Ingle and Ken Taylor
3/10/2017	Columnist	Pain News Network; Topic: When Life Doesn’t Turn Out Like We Planned; By: Barby Ingle
2/28/2017	Presentation	Rare Disease Day -NORD Advocacy meetings on Capital Hill; Advocate: Barby Ingle
2/25/2017	Columnist	Pain News Network; Topic: Staying Socially Engaged While Living in Pain; By: Barby Ingle
2/22/2017	Radio	The Sports Doctor Radio Show on HealthyLife.net with host Dr. Bob; Topic “chronic pain” & the RX scourge; Guest: Barby Ingle
2/21/2017	Radio	The NutriMedical Show with Host Dr. Bill Deagle; Topic: Chronic Pain in America; Guest: Barby Ingle
2/13/2017	Host	International Pain Webinar, Topic: EDS Wellness Strategies with Kendra Neilsen Myles, C.H.E.S., Host: Barby Ingle
2/10/2017	Columnist	Pain News Network; Topic: Should I Tell Someone About My Invisible Illness?; By: Barby Ingle
2/9/2017	Radio	People with Distinction Radio Show with host Al Cole on iTunes and CBS Radio National Syndication; Topic: Chronic Pain – from Wheels to Heals; Interviewed: Barby Ingle
2/8/2017	Radio	What is Health Show with host Mike Vidal; Topic: Chronic Pain – Wheels to Heals; Interviewed: Barby Ingle
1/29/2017	Editor	iPain Living Magazine, 2017 Edition 1, Editor and writer, Barby Ingle
1/18/2017	Columnist	Pain News Network; Topic: Do Addicts Need Safe Haven to Shoot Up?; By: Barby Ingle
1/15/2017	Print	Pain News Network; Print Interview; Topic: Bias and Conflict of Interest in Opioid Guidelines Study; By: Barby Ingle

1/13/2017	Print	Pain News Network; Print Interview; Topic: Pain Community Reacts to 'Big Brother' Medicare Policy; by Pat Anson; Interviewed: Barby Ingle
1/9/2017	Host	International Pain Webinar, Topic: Personalized Medicine with Dr. Paul Christo webinar, Host: Barby Ingle
1/7/2017	Radio	The Jennifer Hammond Show, 8am EST, Sirius/XM Channel 126; Topic: Tips for Pain Patients Buying a Home; Host: Jennifer Hammond; Interviewed: Barby Ingle and Ken Taylor
1/7/2017	Columnist	Pain News Network; Topic: Will an Asteroid Hit the U.S. Healthcare System?; By: Barby Ingle
Jan-17	Magazine	Neurology Now Magazine, Article on Clinical Trials, Interviewed: Barby Ingle
12/28/2016	Radio	The Pat Miller Program on NewsTalk 1190-WOWN in Fort Wayne, IN (covers all of northeast Indiana, northwest Ohio, and south-central Michigan); Topic: New Years Resolutions for Chronic Pain Patients; Interviewed: Barby Ingle
12/27/2016	Columnist	Pain News Network – Topic: The Magic Combination for Pain Relief by Barby Ingle
12/21/2016	Radio	WMAP Radio Network with KC Armstrong; Topic: Chronic Pain; Interviewed: Barby Ingle
12/20/2016	PSA	YouNow Broadcast with April Bruckner, Donald J Tramp, and Ken and Barby on Access to Care issues (prior authorization, step therapy, etc.)
12/20/2016	Radio	Arisen Strength with Shane Schultz; Topic: Hollibration and WEGO Health Win; Interviewed: Barby Ingle, Ken Taylor and iPain Delegates
12/16/2016	Print	Pain News Network – Topic: FDA Designates CRPS Drug as Breakthrough Therapy, Interviewed: Barby Ingle
12/14/2016	Radio	Chris Brake Show on Indy In-Tune, the 405 Media, RadioMaxMusic, iTunes and 10 other affiliates around the world. Listen to Chris Interview Barby Ingle.
12/13/2016	Print	Patients View Institute; Topic: Barby Ingle's Story: Persisting and Triumphant Over Chronic Pain By Denise Acker; Interviewed: Barby Ingle
12/13/2016	Radio	The Timo Show with host Tim Olsen; Topic: Chronic Pain – from Wheels to Heals; Interviewed: Barby Ingle
12/12/2016	Host	International Pain Webinar, Topic: Fitness and Chronic Pain with Dr. Fitness USA and Batista webinar, Host: Barby Ingle
12/9/2016	Radio	PWRNetwork with host Lillian Cauldwell; Topic: Chronic Pain – Lowering your Medical Bills; Interviewed: Barby Ingle
12/9/2016	Radio	Arisen Strength with Shane Schultz; Topic: WEGO Health Best In Show: Community Finalists Red Carpet for iPain; Lifetime Achievement Award finalist (Barby) and Best Team Performance Finalist (iPain) Interviewed: Barby Ingle
12/8/2016	Columnist	Pain News Network – Topic: Abuse Deterrent Pain Medications Deserve Support by Barby Ingle
12/3/2016	Webisode	Ken and Barby Show, Season 2, Episode 8 with Barby Ingle and Ken Taylor; season finale
11/29/2016	Radio	The Ed Tyll Show: Aired Nationwide on over 40 AM-FM stations; Topic: NERVEember, Chronic Pain, National Pain Strategy, Abuse Resistant Medication; Interviewed: Barby Ingle
11/29/2016	Columnist	Pain News Network – Topic: Choose The Green Door by Barby Ingle
11/27/2016	Webisode	Ken and Barby Show, Season 2, Episode 7 with Barby Ingle and Ken Taylor
11/27/2016	Radio	Arisen Strength with Shane Schultz; Topic: NERVEember & iPain Featurettes (pt 4); Interviewed: Barby Ingle
11/20/2016	Webisode	Ken and Barby Show, Season 2, Episode 6 with Barby Ingle and Ken Taylor
11/20/2016	Radio	Arisen Strength with Shane Schultz; Topic: NERVEember & iPain Featurettes (pt 3); Interviewed: Barby Ingle
11/15/2016	Columnist	Pain News Network – Topic: Can Trump Make Healthcare Great Again? by Barby Ingle
11/14/2016	Radio	Read My Lips Radio with host Bonnie D. Graham aka RadioRed; Topic: ReMission Possible; a story of survival from chronic pain; Interviewed: Barby Ingle
11/13/2016	Radio	Arisen Strength with Shane Schultz; Topic: NERVEember & iPain Featurettes (pt 2); Interviewed: Barby Ingle
11/6/2016	Webisode	Ken and Barby Show, Season 2, Episode 5 with Barby Ingle and Ken Taylor
11/3/2016	Radio	Radio and print for KJZZ 91.5FM by host: Annika Cline Every Day In Arizona Is Special — Thanks To State's Proclamations Office, interviewed for story: Barby Ingle
11/2/2016	Appearance	Reality TV Awards Show, Red Carpet Interviews with Ken and Barby
10/30/2016	Webisode	Ken and Barby Show, Season 2, Episode 4 with Barby Ingle and Ken Taylor
10/29/2016	Columnist	Pain News Network – Topic: How to Improve Self-Care and Coping at Home by Barby Ingle

10/23/2016	Webisode	Ken and Barby Show, Season 2, Episode 3 with Barby Ingle and Ken Taylor
10/16/2016	Webisode	Ken and Barby Show, Season 2, Episode 2 with Barby Ingle and Ken Taylor
10/14/2016	Columnist	Pain News Network – Topic: Tips for Managing Your Meds by Barby Ingle
10/9/2016	Webisode	Ken and Barby Show, Season 2, Episode 1 with Barby Ingle and Ken Taylor
10/5/2016	Article	CURECLICK LAUNCHES CLINICAL TRIAL RECRUITING MEDIA PLATFORM, CureClick, quotes: Barby Ingle; in press release by PR Newswire
10/3/2016	Podcast	Dr. Drew Podcast; Podcast on Nutrition and Exercise with Dr. Drew Pinsky; Segment: preventing lactic acid buildup; Question by Barby Ingle
9/29/2016	Columnist	Pain News Network – Topic: The Importance of Participating in Pain Research by Barby Ingle
9/27/2016	Newspaper	The Waterloo Cedar Falls Courier ; The Business of Selling Pain Meds Barby quoted from associated press (AP) interview
9/20/2016	Twitter Chat	iPain Twitter Chat; The state of Chronic Pain Topic: Chronic Pain Awareness Month Facts and Figures; Host: Barby Ingle
9/17/2016	Newspaper	CT Post Newspaper; Topic: CT lawmakers get...; Barby quoted from associated press (AP) interview
9/15/2016	Article	10th Anniversary Music Moves Awareness World Premiere Party – Coming Together to Support the International Pain Foundation by IdentifyLA Magazine
9/14/2016	Columnist	Pain News Network – Topic: ‘Hope Is True’ Primed to be Pain Community Anthem by Barby Ingle
9/7/2016	Magazine	Los Angeles Informer Magazine; Topic: The International Pain Foundation Celebrates Tenth Anniversary With Launch of New Anthem – Part of Organization’s Music Moves Awareness Initiative by: Nicole Muj; Interviewed: Barby Ingle
9/4/2016	Magazine	Home Business Magazine Topic: iPain’s Music Moves Awareness World Premiere Party Connects Influencers & Chronic Pain Patients By Shannah Henderson, Interviewed: Barby Ingle and Morgan Hanbery
9/4/2016	Radio	Arisen Strength Radio Show with Shane Shultz; Topic: Hope is True with Barby Ingle, Ken Taylor and iPain Featurettes
9/3/2016	Magazine	Arthritis Today; Author: Tim Gower Interview: Barby Ingle, Topic: Arthritis patients who take opioids for pain relief
9/1/2016	Host	Music Moves Awareness World Premiere Party Host: Barby Ingle
8/31/2016	Columnist	Pain News Network; Topic: Make The Life You Want by Barby Ingle
8/22/2016	Radio	Comer’s Corner; Topic: Charity’s Pop Song brings Hope and Public Awareness; Host: Barby Ingle
8/22/2016	Columnist	Pain News Network; Topic: Disability Resources You May Not Know About; by Barby Ingle
8/20/2016	Radio	TheParentCast on iTunes; Topic: Charity’s Pop Song brings Hope and Public Awareness; Host: Barby Ingle
8/19/2016	Newspaper	USA Today; Media Planet; Pain and Sleep issue; Topic: How Chronic Pain Advocates Can Make a Motion for Better Policy by Barby Ingle
8/19/2016	Newspaper	USA Today; Media Planet; Pain and Sleep issue; Topic: To Manage Chronic Pain, Find the Specialist Who’s Right for You by Barby Ingle
8/17/2016	Host	Webinar Host: Barby Ingle Topic: HeartMath with Dr. Ron Gharbo, D.O. webinar
8/15/2016	Magazine	iPain Living Magazine; Author: Sara Hobbs & Barby Ingle, Topic: Discussion
8/14/2016	Magazine	iPain Living Magazine; Author: Barby Ingle, Topic: Empowerment
7/31/2016	Webisode	Ken and Barby Show, Season 1, Episode 8 with Barby Ingle and Ken Taylor
7/29/2016	Columnist	Pain News Network; Topic: How to Connect When You Have No Connection; by Barby Ingle
7/24/2016	Webisode	Ken and Barby Show, Season 1, Episode 7 with Barby Ingle and Ken Taylor
7/18/2016	Host	Webinar Host: Barby Ingle Topic: AntiPain Lifestyle
7/17/2016	Webisode	Ken and Barby Show, Season 1, Episode 6 with Barby Ingle and Ken Taylor
7/15/2016	Columnist	Pain News Network; Topic: How to Be a Patient Advocate; by Barby Ingle
7/9/2016	Television	TLC Network: Extreme Time Cheaters; featuring: Barby and Ken
7/10/2016	Webisode	Ken and Barby Show, Season 1, Episode 5 with Barby Ingle and Ken Taylor
7/3/2016	Webisode	Ken and Barby Show, Season 1, Episode 4 with Barby Ingle and Ken Taylor
6/28/2016	Columnist	Pain News Network; Topic: How Neuro-inflammation Causes Chronic Pain; by Barby Ingle

6/20/2016	Host	Webinar Host: Barby Ingle Topic: iPain Brian Train; Chronic Pain and Traumatic Brain Injury webinar
6/26/2016	Webisode	Ken and Barby Show, Season 1, Episode 3 with Barby Ingle and Ken Taylor
6/19/2016	Webisode	Ken and Barby Show, Season 1, Episode 2 with Barby Ingle and Ken Taylor
6/13/2016	Columnist	Pain News Network; Topic: Why Doctors Don't Do What Works; by Barby Ingle
6/12/2016	Webisode	Ken and Barby Show, Season 1, Episode 1 with Barby Ingle and Ken Taylor
5/30/2016	Radio	The Coyner's Corner Radio Show with Dan Coyner; Topic: Chronic Pain Awareness & Advocacy; Guest Barby Ingle
5/23/2016	Host	Webinar Host: Barby Ingle Topic: iPain Effective Strategies for Chronic Pain Management: Safe Medication Practices for Pain Patients webinar
5/20/2016	Radio	The Flow with Kurt Wallace on the Veritas Network; Topic: The story of a Cheerleader in the making; Featuring Barby Ingle
5/16/2016	Columnist	Pain News Network; Topic: Don't Complain About the Grilled Cheese; by Barby Ingle
5/13/2016	Host	Webinar Host: Barby Ingle Topic: iPain Effective Strategies for Chronic Pain Management: Mindfulness; Alternative Treatments for Depression, part 2 of 2
5/9/2016	Columnist	Pain News Network; Making Everyday Life Less Painful; by Barby Ingle
5/2/2016	Print	What NOT to Say to Someone With a Chronic Illness by: Ann Pietrangelo of Care2.com; interviewed Barby Ingle
4/28/2016	Host	Webinar Host: Barby Ingle Topic: iPain Webinar on Mindfulness; part 1 of 2
4/22/2016	Presenter	Host: Let Your Voice Be Heard Support Group; Topic Successful Patient Advocacy; Presenter: Barby Ingle
4/14/2016	Columnist	Pain News Network; Topic: Learning Mindfulness and a Positive Attitude; By Barby Ingle
4/8/2016	Print Interview	Pain News Network; CRPS Patients Needed for Clinical Study; Interviewed; Barby Ingle
4/7/2016	Columnist	Pain News Network; Hospital Pain Care Needs Improvement; by Barby Ingle
4/7/2016	Television	Fox 5 Sandiogo; Interviewed on Morning News; Topic: American Idol Finale
4/5/2016	Columnist	Pain News Network; Pain and Parenting By Barby Ingle
3/25/2016	Columnist	Pain News Network; Pain Isn't Enough for a Good Healthcare Relationship By Barby Ingle
3/24/2016	Presenter	Arizona Pain Society Meeting, Topic National Pain Strategy, Speaker: Barby Ingle
3/21/2016	Host	Webinar Host: Barby Ingle Topic: iPain TMJ and Neuro-Inflammation webinar with Dr. Gary Demerjian
3/13/2016	Columnist	Community Pain Center; National Pain Strategy PAINS Collaborators Meeting Recap By Barby Ingle
3/12/2016	Television	(re-airing) The Newlywed Game; Game Show Network Season 6 episode 64
3/11/2016	Radio	September Living Radio Show Topic: HOPE when living with Chronic Pain, Guest: Barby Ingle
3/7/2016	Columnist	Pain News Network; Hospital Pain Care Needs Improvement By Barby Ingle
2/28/2016	Columnist	Pain News Network; How to Get the Most out of Your Doctor's Appointment By Barby Ingle
2/22/2016	Print Interview	Pain News Network; Topic: Take Our Survey About Hospital Pain Treatment; Interviewed; Barby Ingle
2/22/2016	Host	Webinar Host: Barby Ingle Topic: iPain Stem Cell webinar with Dr. Elliot Lander
2/8/2016	Columnist	Pain News Network; What to do Before Seeing a Doctor By Barby Ingle
2/7/2016	Radio	KKNT 960AM – The Patriot Show: Life Matters Topic: NEW YEARS RESOLUTION: Make 2016 the Best Health Year of Your Life-even w. Chronic Pain Guest: Barby Ingle
1/21/2016	Television	Whole-Food Warrior digital TV Show Hosts: Frank Davis and Montel Williams, Topic: Raise awareness for individuals sharing a wellness message. Network: Really Cool Human TV, Guest: Barby Ingle
1/19/2016	Columnist	Pain NewsNetwork; How to Boost Your Mental Health by Barby Ingle
1/13/2016	Radio	KJZZ 91.5FM, NPR Radio; Here and Now host Steve Goldstein; Guest: Barby Ingle Topic: Extreme Time Cheaters for Chronic Pain Patients
1/12/2016	Book	The i'Mpossible Project book, Co-Author: Barby Ingle; Publisher: Skookum Hill Publishing
1/7/2016	Magazine	AARP Magazine; Life ReImagined Interview: Barby Ingle Topic: Negotiating Medical Bills
1/7/2016	Radio	Matt Manero Radio Show; guest Barby Ingle; topic: "I Need Money"

1/7/2016	Radio	What's Up Radio Show with host Terry Lowery, Houston, TX Guest: Barby Ingle, Topic: New Years Resolutions for Chronic Pain Patients
1/6/2016	Radio	The Homeschool Dad Show with host Dan Louzonis; Guest: Barby Ingle; Topic: Optimal Health and Physical Fitness for Your Children
1/6/2016	Radio	Dan Louzonis Radio Show; guest Barby Ingle; topic; Optimal Health and Physical Fitness for Your Children
1/4/2016	Columnist	Pain NewsNetwork: Power of Pain: Growing Older by Barby Ingle
1/1/2016	Television	TLC Network: Extreme Time Cheaters; featuring: Barby and Ken
12/30/2015	Television	Tucson News Network: Valley couple featured on TLC's 'Extreme Time Cheaters' featuring Ken and Barby
12/30/2015	Television	TLC Network: Extreme Time Cheaters; featuring: Barby and Ken
12/30/2015	Television	AZTV ch 3 – Valley couple featured on TLC's 'Extreme Time Cheaters'
12/30/2015	Television	CBS 5 News Phoenix: Valley couple featured on TLC's 'Extreme Time Cheaters'
12/29/2015	Newspaper	Phoenix New Times: This AZ Couple will appear on TLC Reality Show Extreme Time Cheaters Featuring: Barby Ingle and Ken Taylor (reprint in Phoenix Sun Times)
12/26/2015	Newspaper	Pinal couple may get reality spin-off show Topic: Extreme Time Cheaters Featuring: Barby Ingle & Ken Taylor
12/23/2015	Newspaper	Florence Reminder Blade Tribune /TriValley Newspaper: STV couple star in new TLC reality show
12/23/2015	Radio	The Dr. Inna Show; Guest: Barby Ingle Topic: Trouble losing weight while living with Chronic Pain
12/23/2015	Columnist	Pain News Network: Article Power of Pain: Making a Hospital Stay Easier
12/21/2015	Newspaper	San Tan Valley/Queen Creek Independent Newspaper Topic; Extreme Time Cheaters Featuring: Barby Ingle & Ken Taylor
12/12/2015	Radio	The It Mom Radio Show with host Daisy Teh; Guest: Barby Ingle Topic: Setting the Expectation of family/friends living with Chronic Pain and Creating Meaningful Relationships with Children
12/11/2015	Radio	Dr. Nick and Jasmyn Show; Guest: Barby Ingle Topic: Telemedicine
12/11/2015	Radio	Robyn Crane Show; Guest: Barby Ingle Topic: Inheritance Investing
12/9/2015	Columnist	Pain News Network: Article: Power of Pain: How to Make Holidays Less Stressful
12/4/2015	Radio	Dr Steven Davis, Plastic Surgery Radio Show with 2 Market Media, Guest: Barby Ingle, Topic: TelaMedicine (prerecorded)
12/4/2015	Radio	Dr Steven Davis, Plastic Surgery Radio Show with 2 Market Media, Guest: Barby Ingle, Topic: Stem Cell Therapy, RSD, Liposuction (prerecorded)
11/20/2015	Host	Burning For A Cure; Co-host Barby Ingle, WIRN Radio, Staten Island, NY, Topic: NERVErember
11/19/2015	Radio	Living with HOPE Radio Show with hosts Trudy Thomas and Twinkle VanFleet Guest: Barby Ingle Topic: NERVErember and updates on the chronic pain community
11/18/2015	Radio	Dr. Nick and Jasmyn Show; Guest: Barby Ingle Topic: Weight issues when you live with Chronic Pain
11/4/2015	Radio	Naked with host Theresa Roemer, Guest: Barby Ingle, Topic: Motivation Through Tough Times
11/4/2015	Columnist	Pain News Network; Article: Choosing to be Happy
11/1/2015	Magazine	Creative Nursing, Volume 21, Number 4 – Article 13; Columnist: Barby Ingle Topic: Living with Chronic Pain
10/26/2015	Radio	Bellows Unplugged; KCRO 660AM/94.5FM Omaha's Christian Station; Host: Clint Bellows, Guest: Barby Ingle, Topic: Chronic Pain and Spirituality
10/23/2015	Award	Invisible Disability Association Gala, Impact Award Recipient 2015; Barby Ingle
10/22/2015	Columnist	Pain News Network; Article: Power of Pain: NERVErember
10/15/2015	Interview	Pain News Network; Guest: Barby Ingle Topic: Patients Say Non-Opioid Therapies Often Don't Work
10/14/2015	Interview	Pain News Network; Guest: Barby Ingle Topic: Patients Predict More Drug Abuse Under CDC
10/11/2015	Radio	Health Professional Radio, Guest: Barby Ingle, Topic: Treatments for Chronic Pain
10/10/2015	Radio	Health Professional Radio, Guest: Barby Ingle, Topic: Chronic Pain Conditions
10/9/2015	Radio	Naked with host Theresa Roemer, Guest: Barby Ingle, Topic: How we all experience grief differently

10/9/2015	Radio	Dr Steven Davis, Plastic Surgery Radio Show with 2 Market Media, Guest: Barby Ingle, Topic: Stem Cell Therapy, RSD, Liposuction, Plastic Surgery
9/29/2015	Host	CPATF Twitter Chat, Host: Barby Ingle, Power of Pain Foundation, Topic: National Pain Strategy Report
9/28/2015	Radio	Health Professional Radio, Guest: Barby Ingle, Topic: Pain Awareness Month
9/26/2015	Interview	Arizona Pain Specialist: AZ Pain Expo 2015, Live Interview with Barby Ingle, Topic: Power of Pain Foundation
9/25/2015	Host	Burning For A Cure; Co-host Barby Ingle, WIRN Radio, Staten Island, NY, Topic: Pain Awareness Month
9/19/2015	Panelist	The American Academy of Pain Management Guest: Barby Ingle, Topic: The Painful Truth by Dr. Lynn Webster
9/18/2015	Columnist	Pain News Network; Article: Power of Pain: 9 Tips for Cooking with Chronic Pain, by Barby Ingle
9/8/2015	Radio	The Terry Lowery Show, Guest: Barby Ingle, Topic: Pain Awareness Month 2015 Access to proper and timely care
9/3/2015	Radio	The Jiggy Jaguar Show on Sportsradio 101FM The PUCK, KTRX 1079AM, KSFX CO (Denver, Dickson, Terre Haute, Roswell), TX, IN, AZ, Guest: Barby Ingle, Topic: Medical Marijuana and Pain Awareness Month
9/2/2015	Columnist	Pain News Network; Article: Power of Pain: Changes in Family Dynamics, by Barby Ingle
9/1/2015	Presenter	Daiichi Sankyo, Launch Panel Speaker; Barby Ingle, Opioid Induced Constipation
8/28/2015	Host	Burning For A Cure; Co-host Barby Ingle, WIRN Radio, Staten Island, NY, Topic: Dr. Peter Abaci, Restorative Care Practices
8/20/2015	Columnist	Pain News Network; Article: Power of Pain: Check Your Medical Bills for Errors, by Barby Ingle
8/17/2015	TV, Online	The Pain Doctor show, with Steve Sliker, Interview part 3 of 3: Barby Ingle, Topic: The Pain Community
8/15/2015	Presenter	Power of Pain Foundation Midwest Pain Expo; Presenter; Barby Ingle, Topic: Navigating the Health System (ADF, OIC, step therapy and more)
8/10/2015	TV, Online	The Pain Doctor show, with Steve Sliker, Interview part 2 of 3; Barby Ingle, Topic: Reflex Sympathetic Dystrophy
8/4/2015	Columnist	Pain News Network; Article: Tools for Today and Tomorrow, by Barby Ingle
8/3/2015	TV, Online	The Pain Doctor show, with Steve Sliker, Interview part 1 of 3: Barby Ingle, Topic: Power of Pain Foundation
7/29/2015	Host	Power of Pain Twitter Chat: Host: Dr. Lynn R Webster, M.D. and Barby Ingle, Topic: Mindfulness
7/24/2015	Host	Burning For A Cure; Co-host Barby Ingle, WIRN Radio, Staten Island, NY, Topic: Arachnoiditis Awareness Month
7/21/2015	Host	Wego Health Twitter Chat; Host: Barby Ingle, Topic: Patient Empowerment
7/16/2015	Columnist	Pain News Network, Article: What to do when your #insurance company refuses to pay for your medications or treatment.
7/6/2015	Columnist	Pain News Network, Article: Steps you can take to avoid pain flares while traveling
7/1/2015	News Source	National Pain Report: Chronic Pain Patient Summit Set For Chicago Area, quoted Barby Ingle for story
6/20/2015	Blog, Guest	Oh I See Community Blog: Opioid-Induced Constipation: To Go or Not To Go, By Barby Ingle, President Power of Pain Foundation
6/16/2015	Host	Burning For A Cure; Co-host Barby Ingle, WIRN Radio, Staten Island, NY, Topic: Access to Care
6/15/2015	Columnist	Pain News Network, Article: Take Charge of Your Health by Barby Ingle
6/2/2015	Columnist	Pain News Network, Article: There is Great Reason for Hope by Barby Ingle
5/28/2015	PSA	Public Service Announcement by Barby Ingle, Topic: Why Abuse Deterrent Formulations are a Solution
5/27/2015	PSA	Public Service Announcement by Barby Ingle, Topic: The Growing Cost of Chronic Pain
5/26/2015	PSA	Public Service Announcement by Barby Ingle, Topic: Patient Access to New Technology
5/25/2015	PSA	Public Service Announcement by Barby Ingle, Topic: Alarming Number of People Suffer with Chronic Pain
5/21/2015	Radio, Online	Burning for a Cure, Co-host Barby Ingle; Joey Giggles, WIRN Radio, Staten Island, NY, Topic: Trial by Fire

5/10/2015	PSA	Public Service Announcement by Barby Ingle, Topic: Chronic Pain Patients Face Insurance Challenges
4/28/2015	Presenter	Daiichi Sankyo, Launch Panel Speaker; Barby Ingle, Opioid Induced Constipation
4/20/2015	Presenter	Power of Pain Foundation Webinar, Topic: Applying for a state proclamation, How To, Presenter: Barby Ingle & Twinkle VanFleet
4/20/2015	Radio	Lou in the Morning on WPFL 101.5FM in Pensacola, FL, guest: Barby Ingle Topic: Challenges Chronic Pain Patients Face with Insurance; Understanding the Importance of Invisible Diseases and Their Consequences on Society.
4/17/2015	Radio, Online	Burning for a Cure, Co-host Barby Ingle; Joey Giggles, WIRN Radio, Staten Island, NY, Topic Topic: Calamare Treatment as an Option for Pain Patients
4/10/2015	Presenter	Purdue Pharmaceutical Advisory Board, CT, Barby Ingle, Patient Empowerment
3/26/2015	Radio	The Jiggy Jaguar Show on Sportsradio 101FM The PUCK, KTRX 1079AM, KSFY CO (Denver, Dickson, Terre Haute, Roswell), TX, IN, AZ, Guest: Barby Ingle, Topic: National Health Month 2015, RSD, Abuse Deterrent Formulations; Show Clip
3/24/2015	Presenter	AstraZeneca, Launch Panel Speaker; Barby Ingle, Opioid Induced Constipation
3/22/2015	Television	Weather Channel, an episode of the new show, BrainStormers; Topic: Cooking in the Desert
3/20/2015	Radio, Online	Burning for a Cure, Co-host Barby Ingle; Joey Giggles, WIRN Radio, Staten Island, NY, Topic: Patient Empowerment, Pain Legislation update
3/16/2015	Radio	The Terry Lowery Show, Guest: Barby Ingle, Topic: National Health Month 2015
3/13/2015	Radio	The Laurie Roth Show with host Dr. Laurie Roth on the IRN / USA Radio network, Guest: Barby Ingle, Topic: National Health Month 2015
2/28/2015	Newspaper	The Daily Sun – OpEd, by Barby Ingle: Tamper-proof pain drugs deserve support
2/20/2015	Radio, Online	Burning for a Cure, Co-host Barby Ingle; Joey Giggles, WIRN Radio, Staten Island, NY, Topic Topic: Aligned Posture Apparel
2/17/2015	Blog, Guest	Dr. Jeff Fudin’s Blog, Chronic Pain, Sex, Passion, and Shades of Grey Part 1 by Dr. Jeffrey Fudin & Barby Ingle
2/11/2015	Blog, Guest	Dr. Lynn Webster’s Blog: Guest Blogger: Barby Ingle Topic: Ineffective Treatment Associated with the Chronification of Pain
2/1/2015	Magazine	Together AZ Magazine: Commentary Article by Barby Ingle – Call for State Legislation to Support an Increase in Abuse Deterrent Formulations (ADF) Allowing Chronically Ill Pain Patients Better Access to Life Giving Medication
1/23/2015	Blog, Guest	Dr. Lynn Webster’s Blog: Guest Blogger: Barby Ingle Topic: Abuse Deterrent Medications
1/23/2015	Radio, Online	Burning for a Cure, Cohost Barby Ingle; Joey Giggles, WIRN Radio, Staten Island, NY, Topic Topic: Abuse Deterrent Medications
1/5/2015	Radio	Lou in the Morning on WPFL 101.5FM in Pensacola, FL, guest: Barby Ingle Topic: Abuse Deterrent Medications
1/5/2015	Radio	The Ride with Reid Mullins show on KZLS, Oklahoma City, OK, Host: Trent England Featuring: Barby Ingle Topic: Abuse Deterrent Medications
1/1/2015	Newsletter	Gamma Psi Fraternity; From Little Sister to Sweetheart
9/20-22/2014	Speech	American Academy of Pain Management, Book Signing Phoenix, AZ
9/2-6/2014	Speech	PAINWeek, PPM Magazine Cover Signing, Las Vegas Nevada
8/9/2014	Speech	Midwest Neuropathic Pain Treatment Education Expo 2014 by Power of Pain Foundation
12/8/2014	Radio	Dr. Ivan Wolfson Radio Show, WGN Radio – 720 AM, Deerfield, IL, Topic Alzheimer/Ageing Parents
11/28/2014	Radio, Online	Burning for a Cure, Cohost Barby Ingle & Joey Giggles, Staten Island, NY, Topic NERVEr Project and upcoming Power of Pain Foundation Events
11/17/2014	Radio	The Jiggy Jaguar Show; Sportsradio 101 The PUCK / KTRX / 1079 / KSFY, Denver, Dickson, Terre Haute, Roswell/CO, TX, IN, AZ, Topic, Waiting years to receive a proper diagnosis
11/14/2014	Speech	8th Annual P.A.I.N. Summit by Power of Pain Foundation, Presenter, Chandler, AZ
11/14/2014	Speech	Comic Pain Relief by Power of Pain Foundation, Co-Host, Chandler Arizona
11/14/2014	Radio	Jokers Wild Comedy Radio, Hosts Len and Tony, iheart 24/7 comedy, Phoenix, AZ 1260AM/96.1FM
11/9/2014	Radio	Valley Views with host Valerie, Topic: Chronic Pain, Comic Pain Relief and National Pain Summit, 93.3 ALT-AZ
11/1/2014	Magazine	Health Cells Magazine, Topic: Surviving the holidays when living with a chronic illness by Barby Ingle
10/19/2014	Speech	USC Pain Center, Quench the Fire, Special Guest, Los Angeles CA

10/14/2014	Radio	Chronic Pain Affecting Millions, on Penguin Tracks, KOPN, Columbia, MO with host Jill Sheets
10/11/2014	Radio	Josh Bernstein Show on the Dave Pratt's Double Wide Network also airs on WMQL 105.5 FM in Brevard, NC, WJNW 1650 AM in Hermitage, TN, KCTR 1680 AM in Terrell, TX, KTFL 1620 AM in Gilbert, AZ, Host: Josh Bernstein Guest: Barby Ingle Topic: Obamacare and other health related hazards and issue
10/1/2014	Magazine	Health Cells Magazine, Topic: Roles People in Your Life Play When You Have a Chronic Condition by Barby Ingle
10/1/2014	Magazine	America Profile Magazine, Topic: Women who have raised money for a health-related cause, Author: Gina Roberts-Grey, featuring: Barby Ingle
9/24/2014	Radio	Diane Jones Morning show with host Diane Jones on KLPW 1120AM Radio in St. Louis, MO, guest: Barby Ingle, Topic: Chronic Pain Affecting Millions
9/22/2014	Radio	Lou in the Morning on WPFL 101.5FM in Pensacola, FL, guest: Barby Ingle Topic: Chronic Pain Affecting Millions
9/19/2014	Radio	The Ride with Reid Mullins show on KZLS, Oklahoma City, OK, Host: Reid Mullins featuring: Barby Ingle Topic: Chronic Pain Awareness Month
9/17/2014	Radio	The Sugar Shack Show on www.BeExposedRadio.com Guest: Barby Ingle, Host: Jaye Amundson Topic: Chronic Pain Awareness Month information and overcoming pain challenges to get proper and timely care
9/1/2014	Magazine	The Pain News Magazine, Author: Barby Ingle Topic: Abuse Deterrent Medications
9/1/2014	Magazine	Pain Pathways Magazine Cover Celebrity, Cover Story on Barby Ingle and Power of Pain Foundation
8/19/2014	Radio	The Big Payoff Full Show w/ Rachel Bellow and Suzanne Muchin on WGN FM Chicago, IL, Topic: Power of Pain Business, Guest: Barby Ingle
8/19/2014	Radio	Prime Time with Don Taylor, Airs: Supertalk FM, 11 Mississippi radio stations, Guest: Barby Ingle, Topic: The Cause of Most Bankruptcies: Medical Debt
8/17/2014	Radio	The Dr. Stan Frager radio show with host Dr. Frager, Airs: 970 FM WGTK, Guest: Barby Ingle, Topic: Negotiating Medical Debt, without letting it take over your life.
8/15/2014	Radio	Freedom's Voice on KTKK, Salt Lake City, UT with host Tim Aalders, Guest: Barby Ingle, Topic Living with chronic pain and navigating medical debt
8/13/2014	Internet	Barby Ingle has been featured on the WEGO Health site. The clips to Barby's photo and audio clip are on this pagehttp://www.wegohealthsolutions.com/solutions/partnering-for-patients
8/3/2014	Radio	The Paul Cook Show, Airs: Y98FM KMOX, St. Louis MO, Guest: Barby Ingle, Topic: Leading Cause of Bankruptcy: Medical Debt
8/1/2014	Radio	America's Morning News (AMN) radio show with host Matt Ray, Airs: Nationally, Guest: Barby Ingle, Topic: How living with a chronic illness affects your relationships, finances and health and tips to get past the challenges.
7/23/2014	Radio	West Michigan Live! with host Neal Dionne, Wood 1300am and 106.9FM, Guest: Barby Ingle, Topic: The Cause of Most Bankruptcies: Medical Debt
7/22/2014	Radio	The Laurie Roth Show with host Dr. Laurie Roth on the IRN / USA Radio network, Guest: Barby Ingle, Topic: The Cause of Most Bankruptcies: Medical Debt
7/21/2014	Radio	Lou In the Morning Radio Show, Pensacola, FL, Host: Lou Vickery, Guest: Barby Ingle, Topic: The Cause of Most Bankruptcies: Medical Debt
7/14/2014	Radio, online	Living with Hope, with host Trudy Thomas, on Blogtalk Radio, Guest Co-host: Barby Ingle Topic: The Cause of Most Bankruptcies: Medical Debt
7/11/2014	Radio	Phil Mikan Show airing on WMRD 1150 AM and WLIS 1420 AM in Hartford, CT, Host: Phil Mikan, Guest: Barby Ingle, Topic: The Cause of Most Bankruptcies: Medical Debt
7/11/2014	Radio	America's Morning News (AMN) radio show with host Matt Ray, Airs: Nationally, Guest: Barby Ingle, Topic: The Cause of Most Bankruptcies: Medical Debt
7/7/2014	Television	Focus Today with host Perry Atkinson. TheDove TV, Guest: Barby Ingle Topic: The Cause of Most Bankruptcies: Medical Debt
7/5/2014	Newsletter	The Motley Fool Newsletter; Topic: Using Your Health Plan for Doctors Who Don't Take Insurance
7/4/2014	Radio	Show: Bill Martinez – Live Heard Coast to Coast on over 250 Markets; Guest: Barby Ingle, Segment: The Cause of Most Bankruptcies: Medical Debt
6/27/2014	Radio	The Dr. Raj Show on Living Your Live Network. Host: Bal M. Rajagopalan, M.D. FRCS – Orthopedic Doctor in Los Angeles, CEO-Beverly Hills Orthopedic Institute, Guest: Barby Ingle, Topic: Call In on Knee Injuries
6/23/2014	Radio	Judge Jeanine Pirro Radio Show, Host: Judge Jeanine, Gueset: Barby Ingle, Topic: Call In on Bergdaul

6/23/2014	Radio, Online	Living with Hope, with host Trudy Thomas, on Blogtalk Radio, Guest Co-host: Barby Ingle Topic; Tom DeLuca and Comic Pain Relief
6/15/2014	Radio, Online	Living with Hope, with host Trudy Thomas, on Blogtalk Radio, Guest Co-host: Barby Ingle Topic; Tom DeLuca and Comic Pain Relief
5/16/2014	Radio, Online	Living with Hope, with host Trudy Thomas, on Blogtalk Radio, Guest Co-host: Barby Ingle Topic; health and nutrition for chronic pain patients
5/1/2014	Magazine	2014 PAINWeek Journal (PWJ) Vol 2, Q 2 issue pg 55-56, Topic: The Power of Pain Foundation Projects by Barby Ingle
4/15/2014	Magazine	Colonial Heights Life; Am I strong enough to go on this trip; Traveling with you have a chronic illness
4/1/2014	Magazine	Redbook Magazine; Featuring Barby Ingle, Topic: I am Happy at... pg 111
3/25/2014	Radio, Online	Brain Train, with host Gayle Taylor, Topic: Pain, TBI, and Sex
3/21/2014	Radio, Online	Burning for a Cure; on Blogtalk Radio, Host Barby Ingle, Topic: TBD
3/15/2014	Magazine	Colonial Heights Life; Helpful Hits for Better Healthcare
2/17/2014	Radio, Online	Burning for a Cure; on Blogtalk Radio, Host Barby Ingle, Topic: Strengthening relationships of chronic pain patients
2/15/2014	Magazine	Colonial Heights Life; Pain Awareness Night at the Rink
2/14/2014	Radio, Online	Living with Hope, with host Trudy Thomas, on Blogtalk Radio, Topic; Real Love and Good Sex for Chronic Pain Patients and their partners
1/24/2014	Radio, Online	Burning for a Cure; on Blogtalk Radio, Host Barby Ingle, Topic: Safety First Training, Crazy Sock Day
1/15/2014	Magazine	Colonial Heights Life; Topic: Cover story on Power of Pain Foundation
1/14/2014	Television	Fox 10 News at 9pm; Interview Barby Ingle, Topic: American Idol premiere show
1/7/2014	Television	The Talk on CBS; Topic Botox Usage
12/9/2013	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, Topic: Christmas Special
12/8/2013	Speech	USC Pain Center, Quench the Fire, Los Angeles CA
12/1/2013	Magazine	Pain Pathways Magazine; Cover Story; Putting a Spotlight on Pain with Barby Ingle, Ace Young, Diana DeGarmo, and Ryan Young
11/25/2013	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, Topic: POPF plans for 2014
11/22/2013	Radio, Online	The Positive Experience with host Joey Giggles, Blog Talk Radio, Guest: Barby Ingle, RSD Awareness Month and Power of Pain Foundation Info
11/15/2013	Speech	Comic Pain Relief, Chandler Arizona
11/10/2013	Radio	CBS Radio (aired on 101.5 KZON, 94.5 KOOL FM and KMLE Country 108 FM, Phoenix, AZ. Interview by Vicky Carmona, Guests: Barby Ingle, Show: Sunday Sunrise, Topic; RSD Awareness Month and Comic Pain Relief show with Joan Rivers
10/27/2013	Radio	Valley Views Radio show with DeeDee Sturr, Guest: Barby Ingle's on Clear Channel Radio in Phoenix, AZ 95.5 KYOT FM, 96.9 KMXF FM, 99.9 KESZ FM, 102.5 KNIX FM, 104.7 KZZP FM, 550 KFYI AM, 910 KGME AM, 1230 KOY AM Topic: RSD Awareness Month, and Comic Pain Relief show with Joan Rivers
10/27/2013	Television	America's Funniest Videos on TVGN; Audience Member
9/27/2013	Presentation	Phoenix Coyotes Charity Event, Speaker, Glendale, AZ
9/14/2013	Speech	Speaker, 7th Annual P.A.I.N. Summit, Scottsdale, AZ
9/14/2013	Television	Good Morning Arizona. KTVK, Ch 3, Phoenix, AZ
9/6/2013	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, Live from PAINWeek 2013
9/6/2013	Speech	PAINWeek, Book Signing, Las Vegas Nevada
9/5/2013	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, Live from PAINWeek 2013
9/5/2013	Speech	PAINWeek, Book Signing, Las Vegas Nevada
9/1/2013	Newspaper	USA Today: Mind Over Matter: A positive Outlook on Pain Featuring Barby Ingle
5/29/2013	Radio	Interview on KUPD 97.9 FM, KDKB 93.3 FM, KSLX 100.7 FM, KDUS 1060 AM, KAZG 1440 AM with Ruby Checks; About the Power of Pain Foundation, Reflex Sympathetic Dystrophy

5/3/2013	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, 2013 Plans for the Power of Pain Foundation
3/9/2013	Speech	HealthSouth PAIN Awareness Conference and Exhibitor Fair, Glendale AZ
2/14/2013	Television	The Doctors TV Show; Topic: How to keep your relationship strong even when you have a chronic pain condition
2/13/2013	Television	Price is Right; Power of Pain Foundation Board Members wearing our POPF TShirts, Barby Ingle, Ken Taylor, Barbara Black and John (Tank) Woodruff
1/28/2013	Radio, Online	The Positive Experience with host Joey Giggles, Blog Talk Radio, Guest: Barby Ingle, RSD Awareness Quilt Project and www.rsdcprps.org site info
1/7/2013	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, 2013 Plans for the Power of Pain Foundation
1/2/2013	Television	My Next Move, AOL Studios, Interviewed: Barby Ingle and Ken Taylor
10/3-4/2012	Speech	Army Nurses Corp Association Conference, TX
12/9/2012	Speech	USC Pain Center, Quench the Fire, Los Angeles CA
11/15/2012	Television	The Newlywed Game; Game Show Network Season 6 episode 64
11/9/2012	Speech	Speaker, East Coast Pain Management Symposium, RSD Awareness Month Activity, Staten Island, NY
11/3/2012	Speech	Speaker, 6th Annual Arizona Pain Management Symposium, RSD awareness Month, Scottsdale, AZ
10/29/2012	Radio, Online	Living with Hope with Trudy Thomas, Blog Talk Radio, Guest: Barby Ingle, Being your own best advocate
10/16/2012	Radio	Sandusky Radio Phoenix (KUPD * KSLX * KDKB * KDUS * KAZG), Phoenix, AZ. Interviewed by Ruby Cheeks, show: Valley Focus
9/22/2012	Speech	Stay Classy Awards, San Diego, CA
9/21/2012	Radio	Health Matters Show with Host Cinda Crawford. Topic: Barby Ingle on Chronic Pain
9/19/2012	Speech	Reflex Sympathetic Dystrophy Syndrome Association, Scottsdale, AZ, Tool Box for Patients
9/2/2012	Radio	CBS Radio (aired on 101.5 KZON, 94.5 KOOL FM and KMLE Country 108 FM, Phoenix, AZ. Interview by Vicky Carmona, Guests: Barby Ingle, Ken Taylor, Show: Sunday Sunrise
9/2/2012	Radio	Sandusky Radio Phoenix (KUPD * KSLX * KDKB * KDUS * KAZG), Phoenix, AZ. Interviewed by Ruby Cheeks, show: Valley Focus
7/13/2012	Online	Interview with Barby Ingle: Review of ketamine treatment for CRPS....and much more! . By Sylvia Ghysels
7/12/2012	Online	Today's Honoree, Chronic Pain Advocate Barby Ingle Is Today's Honoree
6/21/2012	Online	Reflex Sympathetic Dystrophy – How Barby Survives RSD Symptoms, How to live with harmony in chronic illness, by Laurie Pawlik-Kienlen
5/13/2012	Online	Panic Girl: Barby Ingle, by April Brucker
5/4/2012	Radio, Online	Joey Giggles, The Positive Experience with Joey Giggles, Blog Talk Radio, Guest: Barby Ingle, Caregivers
4/9/2012	Magazine	My First For Women Magazine, Best You
3/27/2012	Radio, Online	Joey Giggles, The Positive Experience with Joey Giggles, Blog Talk Radio, Guest: Barby Ingle, Being your own best advocate
3/14/2012	Television	Dr. Drew's Lifechangers, CW network, Being Your Own Best Advocate, Dangers of Prescription Drugs
2/26/2012	Speech	Speaker, NOW! Conference National Outreach vonWillebrand, Pain Management, Phoenix, AZ
2/14/2012	Speech	Testified at the Arizona State Senate, Specialty Tier Practices by Insurance Companies, SB 1401, Phoenix, AZ
2/1/2012	Magazine	Women's Day Magazine, Caregivers Article
1/23/2012	Newspaper	International Business Times, Insurance Providers Urged to Cover Experimental Drugs, Interviewed
12/17/2011	Speech	Speaker, 2nd Annual Missouri and Kansas State Pain Management Conference & Expo, Overland Park, MO
12/12/2011	Radio, Online	Living with RSD on Blog Talk Radio, CO-Hosted with Trudy Thomas, Treatment Options for Neuropathy Pain Patients
10/12-15/2011	Speech	Presenter, How to Partner with Patient Organizations to Encourage Better Pain Care and Awareness, at RSDSA Meeting in Albuquerque, NM

12/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
11/19/2011	Speech	Speaker, 5th Annual Virginia Pain Management Symposium and Special Presentations on RSD, RSD Awareness Month Activity, Richmond, VA
11/10/2011	Speech	Speaker, 5th Annual Virginia Pain Management Symposium and Special Presentations on RSD, RSD Awareness Month Activity, Las Vegas, NV
11/4/2011	Speech	Speaker, 1st Annual Pain Management Symposium and Special Presentations on RSD, RSD Awareness Month Activity, Oklahoma City, OK
11/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
10/23/2011	Speech	Speaker, 5th Annual Arizona Pain Management Conference, Scottsdale, AZ
10/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
9/25/2011	Speech	Speaker, Turning Pain to Power Presentation, Pain Awareness Day with the DBacks and POPF, Phoenix, AZ
9/17/2011	Speech	Speaker, American Pain Foundation, Power Over Pain Presentation, Glendale AZ
9/4/2011	Radio	CBS Radio (aired on 101.5 KZON, 94.5 KOOL FM and KMLE Country 108 FM, Phoenix, AZ. Interview by Vicky Carmona, Guests: Barby Ingle, Dr. Cornidez, Show: Sunday Sunrise
9/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
8/30/2011	Radio, Online	Winning Life Through Pain®, Host Marla Martindale, Blog Talk Radio, Guest: Barby Ingle, Being your own best advocate and Pain Awareness Month activities
8/25/2011	Radio, Online	Joey Giggles, The Positive Experience with Joey Giggles, Blog Talk Radio, Guest: Barby Ingle, Being your own best advocate
8/5/2011	Newspaper	Medicare cuts could endanger the most vulnerable. OP-ED by Barby Ingle, Scottsdale Republic (AZ Republic Newspaper)
8/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
7/28/2011	Radio, Online	Mind, Body Spirit Radio Network, Living with Hope, Interviewed by host Trudy Thomas, About the Pepsi Refresh Project and Power of Pain Foundation activities
7/1/2011	Newsletter	RSDSA Review Newsletter- Article on Barby Ingle's work with the Power of Pain Foundation and undergoing IV-Ketamine Infusion therapy
7/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
6/30/2011	Radio, Online	Joey Giggles, The Positive Experience with Joey Giggles, Blog Talk Radio, Guest: Barby Ingle, Being your own best advocate
6/1/2011	Magazine	The Pain Pathways Magazine, RSD in Me and ReMission Possible, News You can Use, Page 12
6/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
5/21/2011	Speech	Speaker, Turning Pain to Power Presentation, Caregiver House, Phoenix, AZ
5/16/2011	Radio, Online	Premiere Summit Radio Interview with Tom Nicoli and Barby Ingle, Effective Ways to Be Interactive in Your Chronic Pain Treatment
5/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
4/6/2011	TV, Online	The Pain Channel, Interviewed by Dr. Siwek, Put Pain in the Penalty Box interview
4/1/2011	Speech	Speaker, Put Pain in the Penalty Box Pregame Presentation, Glendale, AZ
4/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
3/13/2011	Radio, Online	Mind, Body Spirit Radio Network, Living with Hope, Interviewed by host Trudy Thomas, About ReMission Possible, IV Ketamine Treatments and Power of Pain Foundation activities
3/6/2011	Radio, Online	Guest Co-host Mind, Body Spirit Network Radio Network, Living with Hope, About Ethics in Pain Care
3/1/2011	Magazine	The Pain Pathways Magazine, Caregiver's Corner, featured article
3/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
2/1/2011	Book	ReMission Possible; Yours If You Choose To Accept It, Released
2/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group

1/29/2011	Television	3:30pm, Smart Family with Connie Colla, ABC Network, Phoenix AZ, Channel 15, Simple Ways to Overcome Pain
1/19/2011	TV, Online	The Pain Channel, with Dr. Siwek, on Cooking with Rachael, Season 2, Episode 3
1/3/2011	Television	3:30pm, Smart Family with Connie Colla, ABC Network, Phoenix AZ, Channel 15, Be Your Own Best Advocate With Tips To Better Healthcare
1/1/2011	Newsletter	"Barby's Pain Tips", Newsletter Article, Maricopa and Pinal County Multiple Sclerosis Encouragement Group
12/29/2010	TV, Online	The Pain Channel, Interviewed by Dr. Siwek, on Best of 2010 Segments, Season 2, Episode 12, Part 1
12/15/2010	Speech	Speaker, MS Foundation of Arizona, Turning Pain to Power, Tempe, AZ
12/10/2010	Radio, Online	Guest Co-host of Living with RSD on Blog Talk Radio, About Physical and Occupational Therapy Practices
12/7/2010	Speech	Speaker, Turning Pain to Power Presentation, 1st Annual Missouri and Kansas State Pain Management Conference, Overland Park, MO
12/3/2010	Speech	How to Partner with Patient Organizations to Encourage Regulation of Insurers (Step Therapy/Fail First Examples), at Pfizer's Medical Leadership Meeting in San Francisco, CA
11/13/2010	Speech	Speaker, American Pain Foundation, Power Over Pain Presentation, Glendale AZ
11/13/2010	Speech	Speaker, American Pain Foundation, Power Over Pain Presentation, Glendale AZ
11/3/2010	TV, Online	The Pain Channel, Interviewed by Dr. Siwek, on What is RSD, Who is Barby Ingle, and Book Review, Season 1, Episode 5
10/25/2010	Newspaper	The Daily Illini, Veteran to fight for benefits in DC on behalf of RSD sufferers, by Chad Thornburg- News staff writer, Newspaper Article
10/23/2010	Speech	Speaker, Tame the Pain Presentation, Medtronic, Richmond, VA
9/21/2010	Television	9pm, Nightly news, KTVK, Ch 3, Phoenix, AZ, Interviewed by Margaret Beardsley on the use of Ketamine Infusion for RSD patients
9/13/2010	Speech	Speaker, Turning Pain to Power Presentation, Colonial Heights, VA
7/2010 (Summer)	Magazine	The Pain Pathways Magazine, What is RSD?, Contributor
6/14/2010	Radio, Online	Guest Co-host of Living with RSD on Blog Talk Radio, About Aroma therapy and acupressure
6/11/2010	Radio, Online	Guest Co-host of Living with RSD on Blog Talk Radio, About Self-Hypnosis
5/21/2010	Television	Good Day Arizona, KTVK, Ch 3, Phoenix, AZ, Interviewed by Margaret Beardsley
4/26/2010	Radio	Living with RSD on Blog Talk Radio, Interviewed by host Trudy Thomas, About RSD/CRPS and other chronic pain conditions.
3/13/2010	Speech	Speaker, Turning Pain to Power Presentation, Phoenix, AZ
3/7/2010	Radio	CBS Radio (aired on 101.5 KZON, 94.5 KOOL FM and KMLE Country 108 FM, Phoenix, AZ. Interview by Vicky Carmona, Sunday Sunrise
10/22/2009	Radio	Westwood One Radio Interview, Phoenix, AZ, Interviewed by Bill Richardson, National News Director
10/21/2009	Television	3 On Your Side, KTVK, Ch 3, Phoenix, AZ, Interviewed by Carey Pena on Insurance company practices of Step Therapy "Fail First" practices
10/21/2009	Television	9pm, Nightly news, KTVK, Ch 3, Phoenix, AZ, Interviewed by Carey Pena on Insurance company practices of Step Therapy "Fail First" practices
9/14/2009	Speech	Speaker, Turning Pain to Power Presentation, Colonial Heights, VA
7/10/2009	Speech	Speaker, Turning Pain to Power Presentation, Scottsdale, AZ
6/16/2009	Newspaper	Mesa Daily Newspaper, Fundraisers For Woman In Pain 24/7
3/13/2009	Speech	Speaker, Turning Pain to Power Presentation, Phoenix, AZ
9/27/2008	Speech	Speaker, American Pain Foundation, Power Over Pain Presentation, Glendale AZ
9/15/2008	Speech	Speaker, Turning Pain to Power Presentation, Colonial Heights, VA
9/13/2008	Speech	Speaker, Turning Pain to Power Presentation, Fairfax, VA
2/1/2008	Book	RSD In Me! A Patient And Caregiver Guide To Dealing With Reflex Sympathetic Dystrophy And Other Chronic Pain Conditions. Released
1/12/2008	Speech	Speaker, Turning Pain to Power Presentation, Phoenix, AZ
9/15/2007	Speech	Speaker, American Pain Foundation, Power Over Pain Presentation, Glendale, AZ
5/18/2007	Television	Good Morning Arizona. KTVK, Ch 3, Phoenix, AZ

5/13/2007	Radio	CBS Radio (aired on 101.5 KZON, 94.5 KOOL FM and KMLE Country 108 FM, Phoenix, AZ. Interview by Carla Kruz, Sunday Sunrise
2/1/2007	Book	The Wisdom of Ingle; Fall Down Get Up In Half A Day, Co-Author, Released