



Tana Swink

Fit Model

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[Instagram](#)

Skills

Communication Skills

Ability to Multitask

Communication

Effective Time Management

Fast Learner

Adaptability

Customer Service

Leadership Skills

Hard Working

Ability to Work in a Team

Profile

A passionate freelance model of 5 year. I have been in the fitness industry for 16 years and am very comfortable and confident in many different avenues of the industry.

Employment History

Health and Wellness Sales, Self, Boulder

April 2020 — Present

Providing clients with non toxic product options and personalized guidance to meet their health goals.

Personal Trainer, Self, Boulder

January 2011 — January 2020

Freelance Model, Self, Boulder

June 2016 — May 2021

Modeling experience includes magazine print, artistic studio, online advertisement, fitness instructional video and model for clothing website.

Education

Kinesiology, University of Colorado at Boulder, Boulder

September 2000 — May 2005

Measurements

May 2021

Height 5'5"

Weight 135lbs \ Athletic build

Bust 34"

Waist 27"

Hips 38"

Brown hair, green eyes