

Atlanta, Georgia 763-923-5846 www.motherhoodunstressed.com hello@motherhoodunstressed.com Instagram Podcast

Special Skills:

Stand-In TV & Film, Photo Double, Print Modeling, Runway Modeling, Voice Over, Interviewing, Podcasting, Running, Yoga, Meditation, Firearms, Singing, Dancing, Guitar

Additional Attributes: Height: 5 ft. 5 in., Weight: 110 lbs, 32, 24, 35

## LIZ CARLILE

EXPERIENCE FILM: I WANT YOU BACK, BAD MOMS CHRISTMAS, GODZILLA

TV: OZARK, NBC, ATLANTA & CO., GOOD MORNING LA LA LAND, CABINS FOR YOU COMMERCIAL

**STAGE:** TEDx "DEAR OVERWHELMED MOMS, SELF-CARE ISN'T SELFISH", ROGER AND HAMMERSTEIN'S CINDERELLA, ANTIGONE, GULLIVER'S TRAVELS

**PRINT**: STYLE BLUEPRINT, BEST SELF ATLANTA (COVER), VOYAGE ATL, ELEANOR'S PLACE, SHOUTOUT ATL, CHATEAU ELAN CAMPAIGN, IRINA CHEPKO BRIDALS, CABINS FOR YOU CAMPAIGN

**PODCASTS:** MASTER YOUR MIND, BUSINESS AND LIFE, EVER FORWARD RADIO, INSIGHT TIMER, THE CORE CONNECTIONS PODCAST, THE WEEKLY WALK, THE SIMPLIFIERS PODCAST, SINCERELY, ME, THE BLOSSOMING MOM SHOW, KILLER BOOBIES, PROJECT ME, PRESENT NOT PERFECT, THE BITCHES BE BRAVE PODCAST, OPERATION PODCAST, JOURNAL THEORY