

# KARA O'CONNOR

Non-Union

718-909-0288 | [karaoconnor@gmail.com](mailto:karaoconnor@gmail.com)

<https://www.backstage.com/u/kara-oconnor/>

<https://www.imdb.com/name/nm5487393/>

## FILM

|                        |            |                          |
|------------------------|------------|--------------------------|
| The Only Cure For Love | Friend     | Ella Anderson/Short      |
| Impersonation          | Rachel     | Chase LaBenz/Student     |
| Disconnect             | Lead/W     | Nathan E. Long/Student   |
| Spooning               | Lead/Woman | Nathan E. Long/Student   |
| I Want Cookies         | Supporting | Nathaniel Peidon/Student |
| Breathing in Wartime   | Ingrid     | Curtis Taylor/SIFF       |

## TELEVISION

|                             |               |                   |
|-----------------------------|---------------|-------------------|
| Disappeared                 | Sherell Wykel | NBC/UNIVERSAL     |
| Mystery Diagnosis           | Doctor        | OWN               |
| Northwest Live/Food Segment | Host          | Northwest Live    |
| ExStatic Ionic Brush        | Model         | Mirror Images LTD |

## NEW MEDIA/VOICE OVER

|                            |               |                     |
|----------------------------|---------------|---------------------|
| Tequila/Bourbon            | Voice         | Distiller.com       |
| Endeavor Podcast           | Naomi Wildman | Aalgar Productions  |
| All Recipes Cooking School | Voice         | All Recipes         |
| D.J. and VO                | "Kara Pain"   | SIRIUSXM            |
| Good to Die Records Promo  | Crazy Person  | Good to Die Records |
| Deadkill/Oh God Help You   | Victim        | Good to Die Records |

## STAGE

|  |                          |                              |
|--|--------------------------|------------------------------|
| Sketch Comedy                                  | Performer/Writer         | Day Job Comedy               |
| "Seacrets"                                     | Storyteller              | She is Fierce                |
| "Saturn Returns"                               | Storyteller              | The Pocket Theater           |
| "Good Mourning"                                | Storyteller              | Casey Middaugh               |
| "The Fantastic Misadventures of Twisty Shakes" | Capt. Black Bush/Various | The Libertinis/Marcus Gorman |

## TRAINING

Acting - Tony Doupe (Seattle)  
Comedy - The Magnet (NYC), The Pocket (Seattle), James Adomian (workshop)  
Gary Austin (numerous workshops)

## SPECIAL SKILLS

Improv/Sketch/Writing/Stand-Up/Accents (various)/Dance/Guitar/Ukulele/Character