Sofia Mongiello

Non-Union

Phone: (908) 644-9070

Email: smongiello20@gmail.com Website: sofiamongiello.com

Height: 5'6ft Weight: 118 lbs Hair: Brown Eyes: Brown





Voiceover

Sweetening the Pill Woman #1 Camille DeBiase

Television

Impractical Jokers Self TruTv - Andrew Hood

Web Series

The Upper Hand Supporting Julia Gay

Virtual Film

The S.S. Robin Supporting Camille DeBiase

Commercial

The Official App Girlfriend Dylan Louie

In Class Scene Work

Ruth All summer long Play by Robert Anderson
Hamlet Hamlet Play by William Shakespeare
Laura The Glass Menagerie Play by Tennessee Williams

EDUCATION & TRAINING

Method Acting - The Lee Strasberg Theatre and Film Institute - New York, New York
Introduction to the Meisner Technique - The Acting Studio New York - New York, New York
Introduction to Acting - Raritan Valley Community College - North Branch, New Jersey

SPECIAL SKILLS

- Horse back riding Roller Skating Bike riding
- Languages: English (fluent) Italian (intermediate) Sign Language (beginner)
- Accents: Southern American New York British