

CHOCOLAKO AGBURU

646-238-8589 / ATLANTA, GA
/ CHOCOLAKOA@GMAIL.COM

MEDITATION
YOGA
BARRE
FITNESS
ENERGY
COACH
SPEAKER
MODEL



SIZING

Top: US size 2 - 4; small

Bottom: US size 4; small

Height: 5'6"

Weight: 127 lbs

Shoe: US women 9

Eye color: dark brown

Hair color: black

EDUCATION

CASS BUSINESS SCHOOL
Master of Business Administration (MBA)

UNIVERSITY OF CA, BERKELEY
Master of Public Health

VANDERBILT UNIVERSITY
Bachelor of Science

SUMMARY

A devoted athlete and public health marketing expert with over 15 years of experience collaborating with Fortune 500 executives, non-profit leaders, start up entrepreneurs, small business owners, investors and students to design and execute bespoke solutions that radically create impact and transform lives. Produces yoga retreats, workshops, teacher trainings, private and group classes across America, Nigeria, Ghana, South Africa, Tanzania, Kenya, Indonesia, Mexico, England, and virtually. On a mission to elevate human consciousness through Yoga Innergy, a wellness lifestyle community dedicated to growth, healing and value-based outcomes across the world.

YOGA ALLIANCE

Over 1000+ Hours Training and Certification Hours:

Yoga Alliance ID Number: 175175

Certified as a Lead Yoga Teacher Trainer with Yoga Alliance: E-RYT 500 and YACEP

SOME TEACHING EXPERIENCE

YOGA INNERGY, LLC

Principal and Creative Director (2016- present)

- Leading retreats and teacher trainings of 50+ students.
- Conducts group coaching programs and online courses.
- Educates community through summits, speaking engagements, weekly meditations, workshops and certified trainings.
- Conducts weekly meditations with the Home Depot Backyard Community.

BODYLINE GYM LAGOS, NIGERIA

Yoga and Meditation Teacher (2014 - 2016)

- Grew weekly yoga class from 0 to 40+ in person repeat clients during first month of operation. Led five weekly classes.
- Modified registration process for class intake process.
- Prepared sequences, modifications and playlist for each class.

PROFLEX GYM LAGOS, NIGERIA

Yoga and Meditation Teacher (2015- 2016)

- Created modern scheduling system for private and group sessions for gym members to register for weekly classes.
- Built community through sister circles, meditation and yoga theme classes.
- Led three weekly group classes.

02 YOGA STUDIO BOSTON, MA

Yoga and Meditation Teacher (2009 - 2010)

- Led 4 weekly vinyasa flow classes.
- Created teaching schedule.
- Taught substitute classes.

CERTIFIED YOGA TRAINING

200 Hour Yoga Teacher Training

Certification September 2010 – Yoga Alliance Registration
Style: Ashtanga and Power Yoga
Location: O2 Yoga Studio in Boston, Massachusetts
Teachers: Mimi Lourieo & Elliott McDownley

300 Hour Yoga Teacher Training

Certification June 2017 – Yoga Alliance Registration
Style: Vinyasa and Power Yoga
Location: Radiantly Alive in Bali, Indonesia
Teacher: Les Leventhal

90 Hour Thai Yoga Massage Training

Certification August 2017 - The Art of Healing Touch
Style: Thai Yoga Massage and Anatomy
Location: The Yoga Barn in Bali, Indonesia
Teacher: Carlos Romero

100 Hour Embodied Mindfulness Yoga Teacher Training

Certification November 2018 – Yoga Alliance Registration
Style: Restorative Yoga and Meditation
Location: The Yoga Barn in Bali, Indonesia
Teacher: Tina Nance

100 Hour Yin Yoga Teacher Training

Certification May 2018 + Jan 2019 – Yoga Alliance Registration (completed twice)
Style: Yin Yoga and Traditional Chinese Medicine
Location: The Yoga Barn in Bali, Indonesia
Teacher: Tina Nance

100 Hour Embodied Feminine Awakening Yoga Teacher Training

Certification May 2018 – Yoga Alliance Registration
Style: Womb Wellness, Yin Yoga and Restorative Yoga
Location: The Yoga Barn in Bali, Indonesia
Teacher: Tina Nance

90 Hour Trauma Informed Yoga from the Inside Out:

Shining a Light on Racial Wounding
Certification February – April 2019
Style: Restorative Yoga
Location: Virtual - Yoga Service Council Weekly Online Course
Teacher: Dr. Gail Parker, Ph.D., C-IAYT, E-RYT 500

20 Hour Trauma Informed Yoga Teacher Training - Continued Education

6-week Online Course - April 2020
Location: Virtual Online Course
Teacher: Tina Nance, Simone McKay and Gemini Adams

Professional Development

Sounds True/NYU Inner MBA - Inaugural Cohort
9-month Online Course - September 2020 - May 2021
Teacher: Inner MBA Faculty

Truth is Your Medicine Group Coaching Course
12-month Online Course - August 2020 - July 2021
Teacher: Janne Robinson