

LIZANDRA PARRA

Demo Reel Link

https://youtu.be/OMDF5V5_dYU

Hair: Dark Brown

Eyes: Light Brown

Height: 5'4

Weight: 120Lbs

THEATRE

Hasta que la Muerte nos Separe	Protagonist - Marie	Aquiles Ortega	2020
Insoportables	Protagonist - Sarah	Zeenemas Productions	2019
50 Shades of Gay	Protagonist - SOFIA	Yusnel Suarez	2019
I AM MIAMI - Huracanes	Protagonist - Ana	Lucia Miranda	2019
The Crazy Wedding	FERNANDA	Yusnel Suarez	2019
Apparition	CHRISTIE	Kevin Cass	2018
Cartas de Peer Gynt	Sherezade (Anitra)	Carlos Diaz	2018
Lysistrata	LYSISTRATA	Yoshvani Medina	2017
Los Tres Pelos de Oro	Narrator	Miguel Sahid	2013
Tomatelo con Soda	Viaje de Despedida (Elena)	Aquiles Ortega	2010
Duty, Honor	SOPHIE	Jennifer Lorenzo	2008
The Man Who Came to Dinner	Miss Preen; Nurse	MDC	2007

COMMERCIALS (List Furnished Upon Request)

AFLAC	Intern	Dagger	2021
Political Ad	Lead Female	Quiñones Productions	2021
DUX	Lead Female	Rocket Fuel Productions	2021
TELEMUNDO PROMO	Production Manager	NBC Telemundo Studios	2020
CEDA	Lead Female	Rocket Fuel Prod.	2020
Gleden - Foto Novela	Lead Female	Lemon Media Prod.	2020
Baptist Landslide Patient	Lead Female	Merge Studios	2019
Boss Revolution	Child Specialist	Javier Navarro	2019
Estrella Insurance	Lead Female	Pichy Films	2019
Premium Cars Miami	Lead Spokeswoman	Vibe the Ad	2019
Doc Emotions	Lead Spokeswoman	Coello	2018
Simply Healthcare	Lead Mom	Women in Motion	2018
Chuck-E-Cheese	Lead Mom 2	Shane Valdes	2017

FILM (List Furnished Upon Request)

Rave	Antagonist	JOSEPHINE	Dir. Rebecca Ugo	2021
Miami Fusion	Lead Female	ANALIZ	Dir. Lizandra Parra	2020
Midnight Porteno	Lead Female	CECILIA	Dir. Daniel Betancourt	2019
Clovis	Lead Female	TRIX	Dir. Agatino Zurria	2017
American Nightmare	Lead Female	SVIETA	Dir. Andres Cuervo	2014
Doesn't Feel Right	Lead Female	NAOMI	Dir. Michnique Baltoliere	2014
Tutoring	Lead Female	Miss. Tutor	Dir. Grettel Alvarez	2014
Interrogation Living	Lead Female	Kathy/Boss	Dir. Astrel Guerrier	2014
on Empty The Gift	Lead Female	LIVETTE	Dir. Lizandra Parra	2013
Identity Theft	Lead Female	ALMA	Dir. Izzy Martinez	2012
Dilemma	Lead Female	BRIGITTE	Dir. Daniel Jaime	2012
High Stakes	Lead Female	SUSAN	Dir. Feruz Grebemeskel	2012
Power-Circle	Lead Female	DOLORES	Dir. Daisy Almeida	2012
The Poet	Lead Female	ELIANA	Dir. Michelle Bonilla	2011
Flores Para Sofia	Lead Female	PENELOPE	Dir. Martin Castneda	2011
The Family Secret	Lead Female	SOFIA	Dir. Pablo Arriola	2010
No Todo Es Perfecto	Lead Female	JUDITH	Dir. Sylvia Villasiz	2010
	Lead Female	BEATRIZ	Dir. Malbrit Steel	2009

TELEVISION

Chicas Malas	Vicky Terrazas	UNIVISION	2019
Betty in New York	Karen Kerbis	NBC- TELEMUNDO	2019
Legendas del Exilio	Nancy Hernandez	AmericaTEVE	2019
Al Otro Lado del Muro (Soap-Opera)	Fiscal Susana	TELEMUNDO	2017-2018
Eva la Trailera (Soap-Opera)	Doctora	TELEMUNDO	2015
Relaciones Peligrosas (Soap-Opera)	Enfermera	TELEMUNDO	2012
Corazon Apasionado (Soap-Opera)	Enfermera	VENEVISION	2011
Aurora (Soap-Opera)	Periodista	TELEMUNDO	2011
A Llorar a Otra Parte (Music Video)	Protagonista	TELEMUNDO, UNIVISION, MEGA TV	2010
El Fantasma de Elena (Soap-Opera)	Enfermera	TELEMUNDO	2010
Donde Esta Elisa (Soap-Opera)	Farmacuetica	TELEMUNDO	2010

SOCIAL MEDIA Partners

Los Pichy Boys

Rafa Pedroza

TRAINING

Nick Conti's Professional Actor's Studio	2021
Acting Workshop Ruben Morales	2018
Casting Workshop Carlos Santos	2017
Arts-Spoken Yoshvani Medina	2016
Theatre Group (Sociedad Actoral Hispano-Americano)	2013
Spanish Soap-Opera (Actor's Workshop) Hector Zavaleta	2012
Television Workshop: (Miami-Dade College) Jay Sandhouse	2009
Radio and Television: (Miami-Dade College) Jay Sandhouse	2008
Costuming (Miami-Dade College)	2008
Lighting (Miami-Dade College) Daniel Perez	2008
Acting 2 (Miami-Dade College)	2007
Acting 1 (Miami-Dade College)	2006
Theater Appreciation Class (Miami-Dade College) Jennifer Winters	2006
TV Commercial Workshop (8 week course) Ana Panaro	2006

EDUCATION

Miami Dade College – Film Production – (A.S.) Current Credits for Bachelor Degree
CIFALC (Scholarship) Acting Academy 2009-2011
Miami Film School (Scholarship) 2009
Theatre Arts, Honor Graduate (A.A.) 2006-2009
Southwest Miami Sr. HS: Honor – Graduate; English and Social Studies 2002-2006

RELATED SKILLS

Fluent: Spanish and English
Sports: Archery, Swimming, Running, Volleyball, Basketball, Football, Baseball,
Drive: Car (manual), Jet skis, Scooters, Vans
Hobbies: Reading, swimming, dancing, watching/analyzing movies, networking, innovating.
Abilities: Filming, Editing, Directing, Dancing, Voice Overs

AWARDS/NOMINATIONS/ACHIEVEMENTS

2021 - BEST ACTRESS WINNER for "Love Distance" (London Indie Film Festival)
2020 – BEST ACTRESS WINNER for “CLOVIS” (HOLLYWOOD HORROR FILM FESTIVAL)
2019 – BEST ACTRESS NOMINATION FOR SHORT FILM “CLOVIS” (TWNYS AWARDS)
2017 – BEST ACTRESS NOMINATION FOR SHORT FILM “CLOVIS” (HFF)
2013 – BEST ACTRESS NOMINATION FOR SHORT FILM “LIVING ON EMPTY” (MLA)
2010 - BEST ACTRESS AWARD - (CIFALC)
2009 – BEST ACTRESS AWARD - (CIFALC)
2009 - PHI THETA KAPPA INTERNATIONAL HONOR SOCIETY (MDC)
2006 – Battalion Commander of the JROTC program (Southwest Miami Senior High School) 2002
– BEST ACTRESS WINNER for DRAMA (PAUL BELL MIDDLE SCHOOL)