



MY INFOS

- **Name:** António Francisco Incio Costa Monteiro Cosme
- **Age:** 21 years old
- **Birth Date:** 21th of July 1999
- **From:** Porto, Portugal
- **Nationality:** Portuguese

PHYSICAL ASPECT

- **Height:** 175 cm
- **Hair:** Straight, Light Brown
- **Eyes:** Light Blue
- **Skin:** White
- **Gender:** Male
- **Body Type:** Athletic Physique
- **Tatto:** None
- **Cloth Size:** Small

BEST SKILLS

- Acting
- Modeling
- Personal Training
- Quick Learner
- Ease Communicating
- Languages
 - Portuguese - Native
 - English - Second Language
 - Spanish - Second Language

ABOUT ME

Hi, my name is António but everyone calls me Tony. I'm 21 years old and I'm from Porto. I am specialized in Personal Training because I have always seen movies (and started acting since I was a kid), and I always wanted to have the "Body of an Actor" that I saw in the movies. So, I decided to dedicate myself to the gym and I wanted to know what I was doing there, so I took this training formation.

What I see myself doing is Modeling or Acting, even if to be better, I need to graduate more and more.

But my true passion is acting, and that is the main goal of my life, be in a movie or something that I can cause and impact on people lives, or even just to make someone smile with my acting.

ANTÓNIO INCIO

MODEL/ACTOR

PERCURSO ACADÉMICO

COLÉGIO NOSSA SENHORA DA PAZ

"Conclusão 12º Ano Ciências e Tecnologias"

- Class of 2018

EXTRACURRICULAR ACTIVITIES

Till this year (2021)

- Theater Group from 1st Gradeto Last Year of Highschool at Colégio da Paz
- Football Player from from 1st Grade to Last Year of Middle School at FC Porto
- Cambridge, English Formation from Elementary School to Last Year of High school
- Photos as Model for the Official School Website of Colégio da Paz
- Boxing 2018-Present

HABLITATIONS

"TÉCNICO ESPECIALISTA NO EXERCÍCIO FÍSICO "

Manz | 2020/2021

CAMBRIDGE CERTIFIED MAX LEVEL OF ENGLISH

Cambridge | 2018/2019

- Level C2 in Inglês

GRADUATION IN THEATER - INTERPRETATION

ESMAE| 2021

- Start of the Graduation in "Teatro pela Escola Superior de Música e Artes do Espetáculo" in 2021

PROFESSIONAL ACTIVITY

ACTING

Theater Group

- Class of 2006 to 2014

MODELING

- For a Family Fashion Store in 2018

PERSONAL TRAINER

Antas Prime Fitness / Freelancer

PHOTOS

Photos as a Model for Friends' Projects

CONTACT

- **Phone Number:** (+351) 910 433 417
- **Email:** antonioinciocosme@gmail.com
- **Instagram:** @tonyincio

Photos

