

Redwood City, CA 94061, 7209656080, gmarinski92@gmail.com

## **PROFESSIONAL SUMMARY**

I am coachable, disciplined, motivated and persistent student athlete who already had experience in sports and fitness, and still have. Now my goal is to try new things and modeling is one of them.

## SKILLS

- Performance improvement
- Physical training
- Nutrition optimization

• Communication skills

## EXPERIENCE

College Basketball Player Cañada College | Redwood City, CA August 2020 - Current

- Maintained optimum physical fitness levels by training regularly, following nutrition plans, and consulting with health professionals.
- Assessed performance following athletic competition, identifying strengths and weaknesses, and making adjustments to improve future performance.
- Sought out opportunities to improve physical condition, consulting with health professionals and maintaining continuous training schedule.

## EDUCATION

Bachelor Exercise Science and Kinesiology : Exercise Science and Kinesiology Cañada College, Redwood City , CA May 2022

\* Honor Student on the Dean's List