

ABBEY RINGROSE

Height: 5'4" | Hair: Long, Brown | Eyes: Hazel | Age: 17

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THEATRE / LIVE PERFORMANCE:

Celtics on Broadway	Featured performer	St. Davids CSS/Sharon Foran (2019)
Legally Blonde	Kate	Drayton Entertainment/David Connolly (2019)
Annie	Ensemble	Drayton Entertainment/David Connolly (2019)
FAME Jr	Ensemble	Drayton Entertainment/David Connolly (2017)
KW Glee Pop Choir	Featured performer	Amanda Kind/Steve Lehmann (2014-present)
Show Choir Canada	Featured performer	Amanda Kind/Steve Lehmann (2016,2018)
Encore Dance Studio	Featured dancer	Chrystal Mazzotta (2011-2016)

FILM / TV:

Hardy Boys	Background	Hulu/Steve Cochrane and Jason Stone (2021)
Red Letter Day	Alex (principal lead)	YDTP/Scott Christian/Lezlie Wade (2021)
VCR2	Vocalist & performer	Jamie Hodgins/KW Glee/Spark City Show Production Toronto (2021)
SPIN	Super fan	Disney/Manjari Makijany (2020)
Broil King photoshoot	Model	Anthony Greasley (2017-2018)
'Alive' Music Video	Actress	Safe as Houses/Jeff Anton (2017)

TRAINING:

Voice: *Voice type: Soprano/mezzo | Styles: Musical theatre, classical, pop, country*
Amanda Brunk (2020-present)
NATS (2020-present)
Stratford Kiwanis Music Festival (2016-present)
Sarah Willett (2014-2020)
Marion Abbott (2019)
Karen Rempel (2018,2019)

Dance: *Styles: Jazz, tap, ballet, acro, musical theatre*
In.Motion School of the performing Arts/Lisa Collins (2019-2020)
Stage School Dance Camp/Sarah Willett (2017,2018)
Twisters Cheer Athletics/Mark and Tara Savoie (2016-2017)
Encore Dance Studio/Chrystal Mazzotta (2011-2016)
Competitive Figure Skating/Karen Buhlman (2010-2017)

Acting: Scene Study/Corey Agnew (2021)
Corey Agnew (2020-present)
Mapping the Year/The Broadway Collective/Robert Hartwell (2021)
Lindsay Mendez Workshop/Amanda Brunk/Lindsay Mendez (2020)
Musical Theatre Intensive/Amanda Brunk (2020)
Pro panel Performance/Marion Abbott (2019)
Film & TV Youth Audition Workshop/Larissa Mair (2019)
Musical theatre Intensive/Marion Abbott (2019)
Pre Professional Program/David Connolly (2017,2019)
Stage School Acting Camp/David Atkins (2017,2018)
Stage School Acting Intensive/David Atkins (2017,2018)

SPECIAL SKILLS:

Fitness (pilates, yoga, skipping, cheerleading, volleyball, skating), Gymnastics (tumbling and flexibility), training and caring for dogs and horses, ukulele, beginner guitar, experience in a recording studio, sight reading/singing

