

Lena Janes

lenajanes.com

Date of birth: 10/13/2000 Height: 5'5"
Eye color: Hazel Voice: Soprano (A3-G5)
Email: lena.janes.00@gmail.com Cell: 240-409-6954



FILM, TELEVISION

"Baby Girl" Music Video	Bridesmaid	Kamryn Marie/J. Lockhart Media
Laugh Station	Caged Girl	MET-X
Savage Soap Commercial	Princess	Ensemble Productions

THEATRE

A Christmas Carol 9 to 5 Steel Pier	Belle Doralee Rhodes Ensemble/Dance Captain	Maryland Ensemble Theatre (<i>dir. Julie Herber</i>) TJ Stage (<i>dir. Jason Hoffman</i>) Coastal Carolina University (<i>dir. Adam Pelty // music dir. Kevin Stites</i>) Coastal Carolina University Maryland Ensemble Theatre (<i>dir. Julie Herber</i>) TJ Stage (<i>dir. Jason Hoffman</i>) Maryland Ensemble Theatre (<i>dir. Caitlyn Joy</i>) Maryland Ensemble Theatre (<i>dir. Peter Wray</i>) The Fun Company (<i>dir. Bethanie Herman</i>) The Fun Company (<i>dir. Matthew Lee</i>) Other Voices Theatre (<i>dir. Susan Thornton</i>) TJ Stage (<i>dir. Jason Hoffman</i>)
Oneiric (devised) Sherlock! The Musical Hairspray Carrie the Musical The Pillowman A Tale of Two Trolls Bunnacula Legally Blonde Romeo and Juliet: Choose Your Own Ending	Devising Ensemble Wiggins (featured on OCR) Amber von Tussle Helen Swing Fox/Ensemble Toby Monroe Gaelen/Greek Chorus Juliet	TJ Stage (<i>dir. Jason Hoffman</i>) Other Voices Theatre (<i>dir. Susan Thornton</i>) Other Voices Theatre (<i>dir. Gayle Williams</i>)
Aida Wizard of Oz Sleeping Beauty (ballet)	Dance Captain/Ensemble Flying Monkey/Snow White Cat	

EDUCATION & TRAINING

BFA in Physical Theatre from Coastal Carolina University
Acting: Monica Bell, Gwendolyn Schwinke, John Woodson, Robin Russell
Physical Theatre: Giangiacomo Colli, Benjamin Sota, Joel Reuben Ganz
Dance: Adam Pelty, Karyn Tomczak

Dance Training	Donna Grim, Gayle Williams, Paul and Maria Mejia (Mejia Ballet International)
Vocal Training (legit, mix/belt)	Dr. Amelia Rollings, Chloe Belongilot, Catherine Porter-Borden
Stage Combat	Jacob McDonald
Improv Training	Caitlyn Joy, Matt Lee

Physical theatre internship through Coastal Carolina University
Completed Syracuse University Summer College Musical Theatre/Acting Program
Senior Apprentice at Maryland Ensemble Theatre

SPECIAL SKILLS

Fully vaccinated; choreography and directing (resume available upon request); advanced dancer (15 years of jazz, lyrical, tap, ballet, musical theatre); has held instructional positions in dance and theatre (resume available upon request); puppetry and object manipulation; jump roping; accents; CPR and First Aid Certified; improvisation; stage management and tech theatre experience; can ride a bike; current passport; plate spinning; beginner juggling; valid driver's license and car