



CV

Ali Bergmann, -PHD(Physical Education&Sports&Pedagogy)Researcher in
psychophysiology, Moscow. September 2018-June 2021
Date of birth 20.12.1984 in Chehour , Lebanon
Married, 2 Children's

Education in Lebanon

- Pre-, primary-, middle- and secondary school 1987-2002
- Technical school of Economics and Computer Sciences 2002-2005
 - Degree with university entrance qualification

Academic Career

- [L][SEP] ● Preparation year for studying in Odessa 2006-2007
 - learning the Russian language
- [L][SEP] ● National University of Physical Education and Sport of Ukraine in Kiev 2007-2011
 - Focus: Olympic and professional sports
- Degree: Bachelor [L][SEP]
 - National University for Physical Education and Sport of Ukraine in Kiev 2011-2012
 - Focus: Sport Physiology
- Degree: Masters

- PhD Position – Psychophysiology (Physical Education&pedagogy) 2019-2021
(Russian national university of physical education ,sports , youth and tourism)

Moving to Europe, Germany

- Restricted work permit 2013-2016
- Moving to Europe
- Further Education
- Volunteer Engagements

Professional Career

- Freelance Jobs 2016-2021
 - Athletic trainer, mainly Football
 - Personal trainer
 - Sports Massage, Health consulting(mental & physical recovery from stress and depression)

- Community Sports Association of Osnabrück "*Stadtsportbund Osnabrück e. V.*" 2016-2017
 - Trainer for project "Integration through Sports"
 - Volunteer for Refugees Nutrition Project

- Further Education and Internships 2008-2017
 - Attends at Seminars and Internships (see attached) in Ukraine and Germany

- Voluntary Works 2013-2017
 - See attached

- High- Sports performance 2010-2012
 - Running, Race walking
 - National Lebanese Team and Club "*Inter Lebanon*"
 - Attend at IAAF World cup
 - 11 national records for Lebanon in Race Walking sports

- Languages
 - Arabic (Mother tongue)
 - German (fluent)
 - English (fluent)
 - Russian (fluent)
 - Ukrainian (fluent)


Hobbies

- Sports
 - Innovation:(7 industrial design patents registered in Germany 2016-2021)
- Music (Singing,Song writing)(6 Original Songs)

Work and Sports Internships -

University Lecturer (PhD)practice in Exercise physiology (Russian national university of physical education ,sports,youth and tourism -Moscow)	2020
Gymnastics Federation of Osnabrück (OTB) <ul style="list-style-type: none">• Internship and Football trainer• F, E and D youths be OTB	2016
VFL Osnabrück <ul style="list-style-type: none">• Internship and Athletic trainer• Performance Center (Football U14-U21)	2016
Team Mohr GmbH Osnabrück <ul style="list-style-type: none">• Internship as Physiotherapist i.a. Insights into Neurofeedback and EEG	2015
“National University for Physical Education and Sport of Ukraine in Kiev <ul style="list-style-type: none">• University Lecturer Masters(practice) in exercise physiology and biochemistry	2011
“Olympiski Center” in Kiev, Ukraine <ul style="list-style-type: none">• Internship as Fitness trainer	2010
State Institute for Occupational Health Care <ul style="list-style-type: none">• Internship in Kiev, Ukraine<ul style="list-style-type: none">○ Trainer for Physical Preparation○ Consultant for physical and mental recovery and adaptation	2008-2012


- Rehabilitation, Massage and Physiotherapy

 Teaching Practice (Physical Education) at High School in Kiev	2009
<ul style="list-style-type: none">● Grades 7 to 13● Swimming, Football, Athletic● Mental and Social Games	

 **Further Education –Germany-Ukraine 2008-2020**

Osteopathy Seminars and practice courses (East European School of Osteopathy-Ukraine)	2020-2021
Seminar „OS Athletic Training“ with Oliver Schmidlein , former FC Bayer Munich and DFB U21 athletic trainer	2017
Exercise on the device (KGG) and MTT Certificate	2017
Special block course Intercultural sports	2017
C1 Language course at VHS in Osnabrück	2017
Fitness License C / Adults Health	2016
Training as a paramedic	2016
Attends as guest at the University of Osnabrück „Foundations of cognitive science“	2016
NFV Soccer coach	2016
C license course as a Football trainer NFV	2015

Lifeguard badge DLRG silver/gold and first aid pass	2014
Attend at Integration Language Course	2013-2014
Qualification course specializing in Nursing for Massage, Massage and Therapy and Kinesiotherapy (Ukrainian ministry of health and youth)	2008

 **Voluntary work – Germany 2013-2017**

Athletic trainer U17 at SF Lotte, independent implementation of athletic trainings	2017
Work at Gymnastics Federation of Osnabrück “Stadtsporbund Osnabrück e.V.” for Til Schweiger Foundation	2016
Awarded as Ambassador of Goodwill for Peace through University of Human Rights Organization, registered at the UNESCO in Lebanon	December 2016
Athletic trainer for swimming team SG Osnabrück e.V. (Athletics ages between 5 and 15)	2015-2016
DLRG Lifeguard and Water Saver on Baltic Sea	2015
Singer at charity events in Ukraine and in Germany since 2017	2007-2013, 2017
Work for the Civil Defense in Lebanon as a Translator for UN army medical team (during war time)	1993, 1997, 2006