



# JASMAN BAINS

ACTRESS & MODEL

## UP COMING SHOOT!

1. Super Simple Play/ Caities Questions/ Tv show/ Shoots Sept 2022/ SkyShip Studio

## EXPERIENCE / TRAINING

World Of Barbie Commercial/ Kilburn Live & SVP Production & Creative/ July 21 2022

VR Reality commercial/ Shoots July 2022 / VRVISIONGROUP

WE RISE & WE CHANGE/ Awareness on depression & climate change/ SHOW/ GoldenFilm/ Shoot TBD

Short Film/ MATTTV/ Kindness awareness video/ June 10 2022

2 Day Intensive Class on scripted & acting commercials/ Actors Site/ Aug 22 & 29/ Kimberly Crandall

## THEATRE - Goldilocks & The Three Bears

Lead Goldilocks Castlebrooke SS

## THEATRE - The mission to Mars

Large Principle Piaton Shaw York university

## THEATRE - Raj and Simran

Lead Simran Castlebrooke SS

## SHORT FILM - The unexpected truth

Large Principle Voice-over Author & Mrs. Bean Castlebrooke SS

**Dance Club** Castlebrooke SS 2016-2018

**Choir Club** Castlebrooke SS 2016-2018

## EDUCATION

### Castlebrooke Secondary School - Mrs. Ferraro

THEATRE DRAMA & | 2016-2018

ACTING

### York University - Mr. Jonathan Osborn

INTRODUCTION TO | 2019 - 2020

DANCE FOR NON-MAJORS

## CONTACT

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## ABOUT ME

Hi! My name is Jasman Bains. I am a 21-year old south-asian Sikh second generation Canadian Citizen. I attend Seneca as a full-time student for the Child Development program, whilst actively continuing my acting training & experience.

## SKILLS

Fluent Communication: ENGLISH, PUNJABI & HINDI

Interpersonal Communication

Public Speaking

Leadership

Problem Solving

Dancing: Hiphop, Asian Cultural,

Improv

Instruments: Recorder

Singing, Writing & Poetry

Storytelling

Sports: Gymnastics, Swimming, Skating, Rollerblading, Flag football, Track, Baseball, Soccer, Volleyball, Badminton, Rock climbing, Martial Arts & Wrestling