

# LIZ STEMBRIDGE

## ACTOR

FILM/COMM TALENT | TORONTO

Representation – Melissa Rock

agents@filmcomm.ca

416.915.3101



**HEIGHT: 5'4 (162cm) | WEIGHT: 170lbs | HAIR: Blonde | EYES: Blue**

## COMMERCIAL

Frito-Lay • Taste of Soccer  
TIFF

On Camera Principal  
On Camera Principal

Steam Films  
Rogers Communications

## TELEVISION

Daytime Toronto  
TIFF

foQus with Deb Pearce

Seeking Simone

Santa's Phone-In

On the Mic with Ruby Blair

Co-host/Actor/VO Actor/Reporter

On-Air Reporter

Co-host/Actor

Actor

Actor

Co-host/Reporter/VO Actor

Rosemary Rowe Productions

Rogers Media

Rogers Media

Rogers Media

Rogers Media

Rogers Media

## TRAINING

Foundations of Voice-Over

On the Mic Training

Amos Crawley

## SPECIAL SKILLS

Electric/Acoustic Guitar • Vocalist • Songwriting • Piano • Ice Hockey • Rock Climbing  
Motorcyclist • Snowboarding • Comedy • Cartoon voices • Video Editing • Social Media