

# Benjamin Sessoms

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## Profile

An award-winning journalist with excellent oral and written communication skills. A reputation for being passionate, self-motivated and courageous with over 15 years of experience in media. Worked nationwide and in Europe to produce programming for networks to include Discovery, Fox, NBC, and National Geographic; **Washington, DC** - *America's Most Wanted*; **Los Angeles, CA.** - Tribune Entertainment's *Talk or Walk*, LMNO's *Guinness World Records*, and Next Entertainment's *Million Dollar Mysteries*.

## Experience

### **Amazon Associate, KRB2, Prince George, Virginia — 2021-Present**

Responsible for 7:15 am to 5:45 pm fulfillment orders; licensed by Amazon KRB2 to safely operate a 5 mph Hyster Order Picker, retrieving up to 70 pounds of merchandise on the ground, 20 feet in the air, and in designated pallet areas; trained by Amazon Inventory Control/Quality Analysis to conduct bin audits and bin safety audit; trained to conduct conducting problem-solving tasks assigned by warehouse process managers to retrieve missing items; trained to manage warehouse TDR operations using a FIRE tablet to perform a series of checks to open a warehouse door or close a door before a trailer departs from the warehouse; trained to safely build walls on deadline to meet contract agreements, arrange conveyor belts for loading trucks and unloading cages at a maximum rate.

### **Owner, Omega Crunch, LLC, Chesterfield County, VA — 2015-2021**

Owner and operator of plant-based healthy snack start-up. Designed website and developed tactical marketing plan to reach target business segments at universities and hospitals.

Responsible for blind taste-test, packaging, web photography and brand initiatives that target customer preferences. Utilized iMovie software to illustrate product branding and backstory. Developed company philanthropy vision to help underserved communities.

### **Associate Producer/Researcher, M2 Pictures; Hampton, VA — 2008-2015**

Utilized relationships with FOIA office, federal law enforcement agencies, and social media channels to pitch content for TV networks' programs: *FBI Takedowns*, *Ice Cold Killers*, and *Monsters & Mysteries in America*. Coordinated interviews, film permits, negotiated budget and archive contract agreements; expert panic bookings, organized film schedules and travel for production crews. Assisted with casting, scheduling meetings and writing clear and adjudicated storylines from court transcripts, affidavits, and unclassified documents.

### **Auditor, Marriott Hotels, Richmond, VA — 2006-2008**

Received award for 5-star customer service; managed front desk of a 400-room downtown premier hotel; responsible for balancing credit card transactions, compiling income reports to increase profit and reduce cost; used computer applications to complete audit process; provided excellent conflict resolution for guest and hotel staff.

**Education**

**Virginia State University; Ettrick, VA– BA English, Communications  
American University, Washington, DC, Film Production certification  
Georgetown School of Continuing Studies, Wash., DC, Python Basics**

**Skills**

Proficient with Excel, Lexis/Nexis, PowerPoint, and Microsoft Word software. Creative with iMovie video production software to illustrate data for pitch meetings, Instagram and typing speed of 85 wpm, detail-oriented and familiar with In-Design graphics software. Skilled photographer utilizing Nokia and Cannon 35 mm camera equipment

**Volunteer**

**Bon Secours, St. Francis Medical Center, Midlothian, VA— 2015-Present**

In 2019, received an award for over 500 hours of service; tested annually by hospital supervisor and responsible for lab transports, patient requests, and discharges.

11/27/22

*To Whom it may concern,*

*It's my absolute pleasure to recommend Benjamin Sessoms for Process Assistant with Amazon.*

*Benjamin (T1) and I (AM with Amazon) worked together at Amazon for 10 Months in the Outbound Pick / Dock departments.*

*I thoroughly enjoyed my time working with Benjamin, and came to know him as a truly valuable asset to absolutely any team. He is honest, dependable, and incredibly hard-working. Beyond that, he has impressive people skills and is able to direct others while being very dependable.*

*His knowledge of the KRB2 outbound dock and expertise in Pick was a huge advantage to our entire team. He put this skillset to work in order to meet daily CPT's and deadlines.*

*Along with his undeniable talent, Benjamin has always been an absolute joy to work with. He is a true team player, and always manages to foster positive discussions and bring the best out of other employees.*

*Without a doubt, I confidently recommend Benjamin to join your team at Amazon. As a dedicated and knowledgeable employee and an all-around great person, I know that he will be a beneficial addition to your organization.*

*Please feel free to contact me at Jormit@amazon.com should you like to discuss Benjamin's qualifications and experience further. I'd be happy to expand on my recommendation.*

*Best wishes,*

*Jordan Mitchell Area Manager KRB2*