

Tameeka Alston
8701 Grasmere Court
Fort Washington, Maryland
meeka_alston@yahoo.com
202-322-2574

Objective

Organized, goal oriented team player who is looking to provide excellent patient care to patients in your organization. An eager Medical Assistant/Phlebotomist with great customer skills looking to be a valuable asset to the company.

Work Experience

Phlebotomist

Kaiser Permanente

December/2016-Present

December/2016 to Present

Receiving Urgent Care Unit STAT specimens, collection blood/urine/semen/sputum/stool/pinworms samples from patients, pulling standing orders, ordering lab test from physicians order. ~~Obtaining Heel sticks on newborns and venous stick as necessary~~ Performing Rapid Throat Swabs on toddlers to adults and verifying patient lab orders from the physician. Batching and processing specimens on daily basis.

Phlebotomist

Labcorp of America

September/2011 to March/2018

Collect blood/urine/fecal and blood cultures sample, Centrifuging specimens, Knowledge of HIPPA and OSHA guidelines. Faxing and retrieving patient confidential information via fax and computer. Performing DOT Drug Screens and DNA Paternity Testing. Pulling lab results for physicians to review. Making sure to wear Personal Protection Equipment at all times.

Orthopedic Technician

Anne Arundel Orthopedic Surgeons - Annapolis, MD February/2011 to September/2011

Suture removal, Staple removal, assisting physician with minor surgical procedures, writing prescriptions for NSAID's medications under physician's supervision and anti-inflammatory medication. Calling in prescriptions to pharmacy, Wound Care, Obtaining Vital Signs for Pre-Op Patients, Writing MRI and X-rays orders, Casting patient with fractures to upper and lower extremities. Assist the physicians when needed drawing up steroid injections.

Patient Care Technician

George Washington Hospital - Washington, DC

March/2007 to March/2008

Cardiac Unit PCT- Float to different units, Triage patients, wound care, starting IV's, Telemetry Technician, recording patients inputs and outputs daily, monitoring patients oxygen levels, spirometry reading, connecting patients to Holter Monitors, oral feeding documenting patient heart rates and rhythms, collecting blood feces and urine and glucose monitoring

Medical Assistant/Phlebotomist

Greenway Endocrinology Center - Greenbelt, MD

October/2004 to July/2010

Lab technician, taking vital signs, front and back office, ordering supplies for back office, finger sticks, bone density technician, EKG's, Glucose monitoring, assist physician with Fine Needle Aspiration, assist with well women examinations and pap-smears, Insulin injections, Subcutaneous and Intramuscular injections.

Education

Medical Assistant/Phlebotomy

Applied Career Training - Arlington, VA

~~January/2003 to September/2004~~

High School Diploma

Eleanor Roosevelt High School - Greenbelt, MD

August/1998 to May/2002

Associates Allied Health in Science Technology

Applied Career Training - Arlington, VA 2009

Phlebotomy Certification Card

Exp Date: February 2020