

Helen Thornsberry

Bardstown, KY 40004

helenthornsberry1997@gmail.com

+1 502 373 9976

Work Experience

Cashier

Newcomb Oil Co., LLC. DBA FiveStar Food Mart - Bardstown, KY

January 2020 to Present

As a cashier it is your job to greet customers and give them the best experience shopping at FiveStar. You are also in charge of stocking shelves and assisting the cook and collecting receipts from the lottery, stocking cooler and baking, cleaning and being organized. This is the best opportunity to work on communication skills and problem solving skills.

Internship

Bluegrass Middle School - Elizabethtown, KY

August 2021 to May 2022

As an intern it is your job to assist with planning and collecting data. You assist with classrooms and bring your own lesson plans to better connect with trouble teens. It is your job to be there for them and to listen to them with their best interests at heart. In the human resource office you are in charge of in school mentor sessions and doing home visits. The human resource center was also a great help with dress code violations and getting families what they need through community based programs. This center also helped trouble teens what they needed based on their grades through the school student portal and behavioral slips. Through this intern I have learned that even though it is hard to change the world, you still are by helping one person at a time.

Assembly Line Worker/Line Leader

Johnan America - Bardstown, KY

June 2018 to August 2020

As an assembly and line lead you are in charge of making sure things are ran smoothly and accordingly. It is your job to collect data and goal plan in advance. You are in charge of giving breaks and change overs with the machinery and even stepping in to assist with a team effort.

Assembly Line Worker

Tgky Lebanon Kentucky - Lebanon, KY

October 2016 to June 2017

As an assembly line worker you were in charge of two machines that ran air bags and you tested the safety of these car pieces. You were a part of quality inspection and your first priority was the safety of the customers.

Education

Bachelor's degree in Social Work and Human Resources

Western Kentucky University - Bowling Green, KY

August 2020 to May 2022

Associate in Arts (AA) in General Studies

Elizabethtown Community and Technical College - Elizabethtown, KY

January 2016 to August 2020

General educational development

Thomas Nelson High School - Bardstown, KY

August 2013 to May 2015

Skills

- Individual / Group Counseling
- Quality Inspection
- Human Resources
- Data Collection
- Behavioral Therapy
- Cognitive Behavioral Therapy
- Group Therapy

Awards

PTK Honor Society

August 2018

I became a member of the Phi Theta Kappa Honor Society and was awarded scholarships due to my GPA of a 3.4 or higher.