



# GIULIA TRIGHIERA

Actress

Height: 5'5" / 166 cm

Weight: 121 lbs / 55 kg

Eyes: Brown

Hair: Long, curly, brown

Build: Slim

# GIULIA TRIGHIERA

Actress

Via Pellegrino Rossi 14, Milan, Italy, 20161 · +39 3345335934  
[giulia.trighiera@gmail.com](mailto:giulia.trighiera@gmail.com) · [instagram.com/giulia\\_trighiera/?hl=en](https://www.instagram.com/giulia_trighiera/?hl=en)

Passionate, motivated and ambitious actress, backed by stage work and television acting training. Eager to learn and make new experiences to improve the performance and the overall teamwork.

## EXPERIENCE

### • Theatre

The Bacchae *Dionysus* International Festival of Classical Young People's Theatre (INDA) – Syracuse (IT)

### • Film and Television

Scenes from <b>Good Will Hunting</b>	<i>lead</i>	Acting Technique Class (dir. Tyler Townsend)
Scenes from <b>Reservoir Dogs</b>	<i>lead</i>	Acting Technique Class (dir. Tyler Townsend)

## EDUCATION

AUGUST 2022

**CAMERA ACTING FOR FILM & TELEVISION SUMMER INTENSIVE**, AMERICAN  
ACADEMY OF DRAMATIC ARTS - LOS ANGELES, CA

- I pursued my passion for screen acting and learned to hone my skills;
- I starred in two scenes adapted from two different movies.

2020-2022

**DRAMA COURSE**, THEATRE SCHOOL STM- MANTUA, ITALY

- I got the lead role (*Dionysus*) in a modernization of the Greek tragedy **The Bacchae**, which was presented to the International Festival of Classical Young People's Theatre;
- I learned various classical and contemporary monologues as well as diction and acting techniques;
- I portrayed roles such as *Juliet* in a modernization of the tragedy **Romeo and Juliet** and *Lady Macbeth* in the tragedy **Macbeth**.

## SPECIAL SKILLS

❖ Italian (Expert)	● ● ● ● ●	❖ Tennis (Competent)	● ● ● ● ●
❖ English (Expert)	● ● ● ● ●	❖ Latin Dance - Salsa and Bachata (Proficient)	● ● ● ● ●
❖ Spanish (Proficient)	● ● ● ● ●	❖ Ballet (Adv. Beginner)	● ● ● ● ●
❖ French (Competent)	● ● ● ● ●		