



Hello

I am Helge and I am 21 years old. I love the theatre and a good challenge. I have done a short movie in 2019. I joined a very recommended youth theatre, which is a part of Rogaland Teater. Fall 2019 I had the lead role in a big family play here in Stavanger. A Romeo and Juliet story, or someone called it a Westside Story). A Swedish known actor and director (Dennis Sandin) was our director. I loved him. It was a fantastic experience. I learned how to sing and dance. We played over 40 shows from October to the end of Desember 2019. I cried when it was over.

Fall 2020, I played an evil soldier at the same stage, and learned to fight on stage. It reminded me of the Vikings games I tried when I was younger. The theatre worked hard to keep the theatre open, and we managed to play all our shows except the two last one. I would love to do more film and theatre. I love to create a role and to work hard and work together as a team. I love sports and learning new things. I climb, surf and ski and the best way to move from A to B I use my rollerblades and put music in my ear. From I was 13 - 16 I joined a local jazz dance group. I have played soccer all my life, but not professionally. In January I joined a netflix project, as an extra. This fall I did a short commercial on national TV for the coming election.

I speak Norwegian and English I am 178 cm, 69 kg

I am vaccinated and don't mind travelling. I do what it takes to join you. I am easy and happy to be part of a team, work hard and go into a role.

Hope I can help and will work hard to get what you need.

Wish you all the best.

Sincerely Helge Håvarstein

[Photos](#)

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