

# Heather Butikofer

GRIEF | BODY POSITIVE | FASHION | MENTAL HEALTH | RAW AND REAL

## About me

After experiencing some intense losses in my life, I decided to dedicate my social media presence to discussing the real things we go through. The hard and painful things like grief, struggles with mental health, child loss and miscarriage, suicide, sexual assault, and womens periods.

I try to make discussing these things less taboo and more normal.

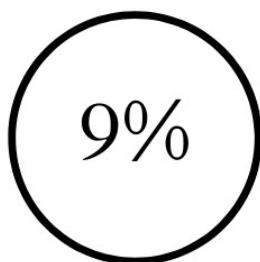
I am a wife and mother of three children and live in the Nashville metro area.



From US



Reach



Engagement

@THE\_RAW\_BRUNETTE

