

# VALYA M. HART

valya.hart32@gmail.com | C (825) 419-0992 | H (780) 457-3835 | 18116 – 105A Street, Edm, T5X 6J2

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## SKILLS

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- Professional attitude
- Takes initiative and flexible when needed
- Knowledgeable and willing to learn
- Passionate about science
- Effective time management
- Results-driven
- Works well independently and collaboratively
- Proficient with full Microsoft Office Suite, Adobe Photoshop, Google Software

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## EDUCATION

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Northern Alberta Institute of Technology (NAIT)      Edmonton, Alberta      2021

- **Biological Sciences Program – currently a student in Environmental Monitoring & Assessment**
  - Quadrant and plot layout, lab equipment installation and use, aquatic sampling, soil measurements for pH and temperature, wind velocity measurements, and basic plant identification.
  - Data collection and data entry, graphing, and analysis.
  - Weekly log book entries.

Centered Yoga Samahita Retreat      Koh Samui, Thailand      2014

- **Yoga Alliance Teaching Training Diploma**  
Self-reflection, perseverance, collaboration, teaching, demonstrating, problem solving.

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## PROFESSIONAL DEVELOPMENT and EXPERIENCE

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Horticulturalist (Volunteer)      Edmonton, Alberta      2010 to present

- Designed, constructed and built a greenhouse.
- Vegetation planting, cultivation, and management.

Breakfast Coordinator at Fairfield Inn & Suites by Marriott      Edmonton, Alberta      2017 to 2019

- Fast-paced work environment.
- Customer service, team work and delegation of tasks.

Highway Clean-Up Labourer (Volunteer)      Stony Plain, Alberta      2015

- Experience working in adverse weather conditions.
- Working adjacent to expressways and primary highways.
- Navigating difficult land terrain.

Detailer Specialist at Bubbles Car Wash      Edmonton, Alberta      2015

- Detail-focused work.
- Car interior restoration.
- Working independently and prioritizing.
- Customer service.
- Working flexible schedules.

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### QUALIFICATIONS

Successful completion of post-secondary sciences classes. GPA: 3.3	2021
<ul style="list-style-type: none"><li>Ecology, Biology (Lab Techniques), Zoology, Communications</li></ul>	
Class 5 Alberta Driver's License	
<ul style="list-style-type: none"><li>Competent driver of car, SUV, and 4 X 4 Truck</li></ul>	2011
Lifeguard Certification	
<ul style="list-style-type: none"><li>First-aid, safety procedures and practices.</li></ul>	2012
Taekwondo 2 <sup>nd</sup> Degree Black Belt	
<ul style="list-style-type: none"><li>Instructor, precision-oriented</li></ul>	2013

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### EXTRACURRICULAR ACTIVITIES / OTHER

Highest Achievement Science Grade 12 Award  
SUNIA (Seminar on the United Nations and International Affairs) Scholarship Award  
International travel to 17 countries and 3 continents.  
Active member of chess.com  
Avid puzzle player  
Love camping, hiking, and spending time in nature.

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### REFERENCES

Supplied upon request