

# Denisha E. Liggett, Psy.D

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## EDUCATION

### **Doctor of Clinical Psychology**

*The Chicago School of Professional Psychology*

Washington DC

2019

*Arizona School of Professional Psychology at Argosy University*

Phoenix, AZ

*Accredited by the American Psychological Association*

2019

### **Master of Arts, Clinical Psychology**

Phoenix, AZ

*Arizona School of Professional Psychology at Argosy University*

2017

### **Master of Arts, Psychology**

Encino, CA

*Pepperdine University Graduate School of Education and Psychology*

2013

### **Bachelor of Science, Psychology**

Woodland Hills, CA

*University of Phoenix*

2013

## Employment

### **Desert Sage Health PLLC**

Goodyear, AZ

Jun 2021-Present

Description of Site: Outpatient Mental Health Private Practice. Providing individual, couples, and group therapy and psychological evaluation services for diverse populations, including veterans, children and adolescences, substance users, trauma survivors, geriatric individuals etc.

Responsibilities: Providing individual, group, couples, and group therapy services to individuals from diverse population groups. Providing psychological evaluations and treatment planning for diverse groups of individuals. Developing curriculum and facilitating didactics for post-doctoral residents. Providing diversity, equity, and inclusion training and consultation for agency.

## Post-Doctoral Fellowship

### **Desert Sage Health PLLC**

Goodyear, AZ

May 2020-Jun 2021

Description of Site: Outpatient Mental Health Private Practice. Providing individual, couples, and group therapy and psychological evaluation services for diverse populations, including veterans, children and adolescences, substance users, trauma survivors, geriatric individuals etc.

## **Clinical Psychology Doctoral Internship**

### **Southwest Behavior & Health Services: 7<sup>th</sup> Ave Clinic**

Phoenix, AZ  
Sept. 2018-Sept. 2019

Description of Site: Southwest Behavior & Health Services is a community-based mental health agency which provides integrated mental Health services such as, Crisis care, Intensive outpatient treatment, outpatient treatment, and school-based services for children/adolescents, families, and adults. The agency serves primarily low- income, and disadvantaged populations. SB&H prides itself on providing client-centered and culturally appropriate care to its clients. The 7th Ave Clinic provides outpatient medically- assisted substance use treatment. The Clinic also provides individual and group therapy, case management services, and community resources for all its clients.

Responsibilities: Perform individual and group psychotherapy, treatment planning, and intake interviews. Co-facilitate group therapy with fellow interns to collaborate on performing various interventions for clients, including those related to motivational interviewing, client-centered approaches and relapse prevention and recovery models of care. Independently developed and facilitate Women's Recovery and Fun in Recovery groups for clients. Collaborate and consult with integrative team members as well as professionals outside of the agency to help meet the treatment needs of clients. Participate in weekly individual clinical supervision, group supervision, didactic trainings, and colloquiums. Provide multicultural trainings for agency staff. Provide supervision for agency staff and practicum students. Complete progress notes and maintain clients' medical records using an electronic system. Complete assessments and offer crisis intervention support on Level I inpatient crisis stabilization unit.

### **Crisis Recovery Unit, Inpatient Level 1 Crisis Stabilization Unit**

Responsibilities: Conduct intake assessments for clients age 18 and older seeking stabilization at a crisis recovery unit. Write up service plans for clients age 18 and older seeking stabilization at a crisis recovery unit. Provide case management services for clients age 18 and older seeking stabilization at a crisis recovery unit. Collaborate with multidisciplinary and interdisciplinary teams to coordinate care for clients.

## **DOCTORAL LEVEL PRACTICUM EXPERIENCES**

### **Anthem VA Systems**

*Supervisor: Dr. Geoffrey Hutchinson*  
*Total Hours: 480; Direct Hours: 300*

Anthem, AZ

Aug. 2017-June 2018

(up to 20hrs per week)

Description of Site: The Anthem Community Based Outpatient Clinic is designed to bring primary and mental health care services to Veterans living in rural areas in the region north of Phoenix. The mental health team offers a variety of therapies using trans-diagnostic veteran-centered approaches, such as unified protocol, metacognitive therapy, cognitive behavioral therapy, behavioral therapy,

cognitive processing therapy, detached mindfulness, biofeedback, acceptance and commitment therapy, interpersonal therapy, solution focused therapy, and the role of spirituality (as requested by the client) in counseling. Services address stage-of-life issues, adjustment to disabilities/medical conditions, personality disorders, PTSD, military sexual trauma,

OCD, dementia, traumatic brain injuries, mood disorders, insomnia, eating disorders, bereavement, interpersonal, and spiritual issues. The site also offers a full range psychological assessment and referral services.

**Responsibilities:** Perform individual, group, and couple's psychotherapy, treatment planning, intake interviews, and psychological assessments including the Personality Assessment Inventory, Montreal Cognitive Assessment, Saint Louis University Mental Status Examination, Substance Abuse Subtle Screening Inventory, Woodcock Johnson Test of Cognitive Abilities, and Wechsler Adult Intelligence Scale IV. Co-facilitate therapy with my supervisor to collaborate on performing various interventions for veterans, including those related to sleep therapy and biofeedback. Independently developed and facilitate DBT psycho-education group for veterans. Collaborate and consult with integrative team members as well as professionals outside of the Veterans Administration to help meet the treatment needs of veterans and their families. Participate in weekly individual clinical supervision and attend training sessions for biofeedback and sleep therapy interventions. Complete progress notes and maintain veterans' medical records in the Computerized Patient Medical Record (CPRS).

### **Wooten & Associates**

#### **National Council on Alcohol and Drug Dependence (NCADD)**

*Supervisor: Buffy T. Wooten, Ph.D.*

*Total Hours: 908.50; Direct Hours: 417*

*(Minimum of 20hrs per week)*

Phoenix, AZ

June 2016-Aug. 2017

**Description of Site:** A private practice comprised of licensed practitioners that offers psychotherapy and psychological evaluations for adults and adolescents. Specific services include individual, couples, and group therapy, Dialectical Behavior Therapy, Exposure Based Treatments, and Faith-based counseling. The practice is contracted with the Arizona Board of Nursing to conduct evaluations on nurses who have received disciplinary action due to substance abuse and require an assessment to assist with Board determinations. Additional psychological evaluations are provided for pre-bariatric procedures, return to work, and fitness for duty. In addition, the practice provides consulting services for substance abuse counselors, DBT group and Trauma therapy for women at the National Council for Alcohol and Drug Dependency (NCADD), and intensive outpatient substance abuse recovery programming that follows the 12-step treatment model. NCADD is a women's only treatment facility that serves many ethnic minorities (African-American, Latin-American, and Native-American) with histories of extensive trauma and abuse. NCADD also offers community information and referrals, a women's outpatient program (pre-treatment group therapy, varying levels of recovery treatment, and intensive outpatient services). The program also provides clients with peer support, job training, education, day care, transportation, health and wellness checkups, clothing, medication and psychiatric evaluations.

**Responsibilities:** Provided individual, couples, and family psychotherapy as part of a multidisciplinary team of nurse practitioners, licensed clinical psychologists, case managers, post-doctoral residents, interns, and master level therapists. Conducted initial assessments for new clients. Co-facilitated women's DBT groups with Dr. Wooten and post-doctoral residents. Engaged in weekly individual and group supervision, and weekly interdisciplinary staff meetings with licensed psychologists. Participated weekly in a DBT consultation group with licensed psychologists and post-doctoral residents. Completed intake reports, progress notes, treatment

plans, treatment update reports, treatment outcome reports, transfer reports, and referral reports. Utilized the Outcome Rating Scale (ORS) and Session Rating Scale (SRS) measures in-session to incorporate client feedback into therapy. Independently facilitated pre-treatment groups for adult women at NCADD to help orient to group psychotherapy and to enhance motivation for change. Independently facilitated trauma groups for adult women in varying levels of recovery. Assessed clients using the Mini Mental State Examination, Minnesota Multiphasic Personality Inventory-2 Restructured Form, Millon Clinical Multiaxial Inventory, Wechsler Adult Intelligence Scale- IV, Wide Range Achievement Test- 4, Beck Depression Inventory, Beck Anxiety Inventory, and Substance Abuse Subtle Screening Inventory. Performed comprehensive psychological assessment batteries. Responded to clinical, psychiatric, and medical crises using appropriate and ethical means, de-escalation strategies, contacting supervisors, and completed incident reports.

### **Arizona State Hospital**

*Supervisor: John St. Clair, Ph.D.*

*Total Hours: 790.77; Direct Hours: 285.75*  
(up to 20hrs per week)

Phoenix, AZ

Sept. 2015-Aug 2016

Description of Site: A large, state hospital that specializes in treatment for committed individuals presenting with forensic-related issues. Patients receiving treatment at the hospital are housed according to treatment needs. Housing units include the Forensic unit for individuals who have been convicted of criminal offenses yet deemed insane, the Civil unit which houses those with severe mental illness, and the Arizona Community Protection and Treatment Center, which is a publicly funded behavioral health specialized transitional agency for individuals who have completed prison sentences for committing sexual offenses and are high risk for reoffending. The hospital also offers a restoration to competency program with the goal of helping mentally ill patients understand their charges and role of the court system before standing trial for the crimes they are accused of, and a community restoration program, which helps patients who are at the end of their sentences transition back into their communities.

Responsibilities: Conducted weekly individual therapy sessions with patients with forensic, severe mental illness, and/or substance use issues as a part of a multidisciplinary team of licensed clinical psychologists, pre-doctoral interns, fellow practicum students, social workers, nurses, behavioral technicians, and psychiatrists. Developed and co-facilitated a substance use maintenance and recovery group. Conducted comprehensive neuropsychological and diagnostic assessment batteries utilizing the Wechsler Adult Intelligence Scale-IV, Minnesota Multiphasic Personality Inventory-2, Mini Mental State Examination, California Verbal Learning Test -II, Trails Making Test A and B, and Wide Range Achievement Test 4. Completed psychological reports and provided feedback to patients regarding results and treatment recommendations. Utilized Outcome Rating Scale and Session Rating Scale measures to incorporate patient feedback into treatment goals and sessions. Conducted risk assessments for patients being considered for increased hospital privileges. Participated in Special Class meetings with other disciplines and the hospital Chief Medical Officer, to determine whether patients should be considered for increased privileges. Attended Psychiatric Security Review Board meetings. Participated in weekly individual and group supervision, and didactic trainings with licensed clinical psychologists,

fellow practicum students, and pre-doctoral interns. Maintained progress notes, treatment plans, and other case management issues for patients utilizing an electronic medical record.

### **A Better Today Recovery Services**

*Supervisor: Stefanie Kool, Psy.D.*

*Total Hours: 1540.85; Direct Hours: 726.40*

*(Minimum of 20hrs. per week)*

Scottsdale, AZ

Sept. 2014-Aug. 2015

Description of Site: A multilevel (residential, partial-hospitalization, and intensive outpatient) facility committed to providing evidence-based treatments in a safe, structured, nurturing community environment. The multidisciplinary team is dynamic and provides healing to the whole person; mind, body, and spirit. Treatment includes Cognitive and Behavioral, Music, Art, Yoga, Eye Movement Desensitization and Reprocessing, Family, Equine, and Group and Individual Therapies. A Better Today Recovery Services offers treatment to adult men and women who present with issues related to substance use, co-occurring disorders (i.e., trauma, anxiety, depression, PTSD, eating-disorders, chronic pain), and maintaining sobriety.

Responsibilities: Worked on a multidisciplinary team of licensed clinical psychologists, psychiatrists, case managers, licensed substance abuse counselors, life coaches, fellow practicum students and house managers. Conducted comprehensive initial assessments including insurance reviews. Met with clients weekly for individual therapy. Created individualized initial and master treatment plans with clients. Met with clients weekly for individual life-coaching sessions to discuss discharge treatment plans and relapse prevention plans. Conducted weekly gender specific process and psychoeducation groups, covering topics related to the stages of change model, healthy relationships, emotion regulation, biological model of addiction, and trauma. Co-facilitated group art therapy once a month. Assessed clients using the Minnesota Multiphasic Personality Inventory-2, Millon Clinical Multiaxial Inventory-III, Career Building Assessments, Wechsler Adult Intelligence Scale -IV, Wide Range Achievement Test -4, and the Thematic Apperception Test. Completed comprehensive psychological test batteries, integrative psychological reports, and conducted feedback sessions with clients. Engaged in weekly individual and group supervision with a licensed psychologist, frequently reviewing audio-recorded sessions, treatment plans, case conceptualizations, and role-plays. Completed regular chart audits and filled out requests for missing documents from other mental health professionals. Developed proficiency in triage screening and crisis interventions. Maintained progress notes, updated treatment plans, and other case management duties utilizing an electronic medical record.

## **RESEARCH EXPERIENCE**

### **Domestic Sex Trafficking: An Exploratory Study of Training Amongst Clinical Psychologists in the United States**

*Arizona School of Professional Psychology at Argosy University, Phoenix,*

*Arizona Clinical Research Project (Dissertation Equivalent) Chair: Ana L. Bustamante, Ph.D.*

Description: An exploratory study aiming to establish a baseline of practicing clinical psychologists' self-reported awareness, knowledge and training of victims of domestic sex trafficking and commercial sex work. The study sought to establish a baseline with the goal of developing a rationale for increased training in the areas of research, and rehabilitative and preventative treatment for domestic sex trafficking victims, their families and communities.

## **Self-Management Research Project on Oral Communication Apprehension and Successful Treatment Methods.**

*Pepperdine Graduate School of Education and Psychology, Encino, California*  
*Master of Arts in Psychology Capstone Project (Thesis Equivalent)*

Description: A quantitative analysis utilizing pre- and post- Beck Anxiety Inventory mean scores to compare levels of anxiety when engaging in situations which required formal communication with one or more individuals (i.e. class presentations, interviews, etc.). Exposure interventions were administered for three weeks. Results included a minimal decrease in anxiety symptoms for the participant. Results could not be generalized due to the small sample size.

### **PRESENTATIONS**

Liggett, D. (2016, March). *Group stages and effective interventions for individuals receiving inpatient rehabilitative services for co-occurring disorders*. A Better Today Recovery Services, Scottsdale, AZ.

Liggett, D. (2015, September). *Introduction to trauma and treatment for women with co-occurring disorders*. Parts I and II. NCADD, Phoenix, AZ.

Liggett, D. (2013, October). *Colorism within the African American community*. Diversity Forum. Arizona School of Professional Psychology at Argosy University, Phoenix, AZ.

Liggett, D. (2018, May). *Clinical Implications for Black and African American Men who Identify as Gay or Bisexual*. Assessment and Treatment of LGBTQ+ Populations. Arizona School of Professional Psychology at Argosy University, Phoenix AZ.

Liggett, D. (2019, February). *Clinical Implications for the Assessment and Treatment of Domestic Trafficking Victims*. Continuing Education Training. Southwest Behavioral & Health Services.

Liggett, D. (2019, August). *Intersections within the LGBTQ+ Community: Exploring Clinical Implications, Supports, and Safety for Black Men who Identify as Gay or Bisexual*. Continuing Education Training. Southwest Behavioral & Health Services.

Liggett, D. (2021, April). *Sis, How Can You Practice Self- Love, But Hate Your Hair? An Exploration Self-Esteem and the Compartmentalization of Hair Trauma in Black Womxn*. Hair Lab Series. Desoto, Texas.

Liggett, D. (2021, June). *At My Granny's House Kitchen Tables Talk and Hot Combs Laugh: A Journey the Cultural Application of Narrative Therapy in the Black Healing Process*. Post-Doctoral Fellowship Didactic Training. Arizona Psychology Training Consortium.

Liggett, D. (2021, August). *Assessing Risk Factors and Red Flags for Domestic Sex Trafficking in a Private Practice Setting*. Staff Training. Desert Sage Health PLLC.

Liggett, D. (2021, September). *An Introduction to the Intersections of Mental Health, Wellness, and African Traditional Religious Practices*. Clubhouse Platform. Momma Dee's House of Healing x

Hoodoo & Chill.

## RELEVANT WORK EXPERIENCE

### **Therapist**

*Touchstone Health Services*  
Feb.2018

Phoenix, AZ  
Sept 2017-

Description of Site: A non-profit organization providing a variety of community-based and on-site integrative services to children and families. The organization specializes in providing trauma-informed and culturally appropriate treatment to individuals on the autism spectrum, with co-occurring disorders, intellectual disabilities, behavioral issues, and substance use issues.

Responsibilities: Provide services to children on the autism spectrum and their families as part of an integrative team of case managers, care coordinators, intake specialists, fellow therapists, social workers, psychiatrists, and medical physicians. Conduct individual and group therapy sessions, utilizing various evidence-based interventions. Facilitate psycho-education and support groups for clients and their families. Conduct risk assessments and develop safety and crisis prevention plans. Develop and maintain treatment plans, attend weekly group and individual supervision sessions,



attend monthly client-family-team meetings, and conduct billing for services provided in an electronic medical record. Document progress notes and fulfill case management duties.

**Psychometrist**

*Psychological Assessment Associates, AZ*

Phoenix, AZ

Dec 2016- Aug 2017

Description of Site: A private practice providing assessments for disability determination services.

Responsibilities: Conducted psychological evaluations for children and adults. Administered and scored test batteries including the Wechsler Adult Intelligence Scale -IV, Wechsler Intelligence Scale for Children -V, Wechsler Memory Scale -IV, Woodcock Johnson Cognitive Abilities Assessment -IV, Beery- Buktenica Developmental Test of Visual-Motor Integration, Trails Making Test A and B, and Rey 15- item Visual Memory Test. Wrote detailed behavioral observations of claimants.

**Evening Intensive Outpatient Therapist and Family Workshop Facilitator**

*A Better Today Recovery Services*

Scottsdale, AZ

Aug 2015- Dec 2016

Description of Site: A multilevel (residential, partial-hospitalization, and intensive outpatient) facility committed to providing evidence-based treatments in a safe, structured, nurturing community environment.

Responsibilities: Developed curriculum for and facilitated an IOP evening process and psychotherapy group for clients who completed inpatient rehabilitative services for co-occurring disorders. Completed insurance review assessments. Provided individual therapy for outpatient clients. Developed curriculum for and co-facilitated weekly substance abuse psycho-education groups for families of clients. Conducted family therapy sessions.

**Youth Developmental Specialist**

*Casa Pacifica Centers for Children and Families*

Camarillo, CA

Jun 2011-Jul 2013

Description of Site: A multilevel facility (residential, emergency shelter, wraparound, community services, school-based services, and outpatient services) offering therapeutic services to children with various mental health and environmental problems (trauma, substance use, mood disorders, behavioral issues, learning disabilities, family displacement etc.) and their families.

Responsibilities: Provided supportive care to children and adolescents ages 9-18, with significant behavioral and/or mental health diagnoses and/or histories within the foster care system as part of a multidisciplinary team (psychiatrists, nurses, licensed psychologists, pre-doctoral interns, fellow youth developmental specialists, behavioral specialists, community supports, and family members) in a level 14 residential treatment program. Assisted in the development and implementation of treatment plans. Assisted in the monitoring of behavioral change by reporting behavioral observations and daily progress notes. Provided coaching and support to help in the development of daily living skills.

**Behavioral Consultant**

*Autism Response Team*

Van Nuys, CA

Sept 2010-Jun 2011

Description of Site: A community-based agency providing in-home behavioral services for children with autism and their families.

Responsibilities: Assisted in the development of task analysis plans for the behavioral modification of youth on the Autism Spectrum utilizing Applied Behavioral Analysis principles and interventions. Encouraged and assisted youth and their families in the learning of adaptive and social skills. Collaborated with treatment teams to discuss the progress of youth and modified treatment plans as necessary.

## TEACHING EXPERIENCE

### Teaching Assistant

*Adult Psychopathology*

*Arizona School of Professional Psychology at Argosy University*  
2018

Phoenix, AZ

Sept 2014-May

Responsibilities: Co-facilitated lectures, created vignettes, facilitated role-plays, developed curriculum and exercises highlighting differential diagnoses, co-occurring diagnoses, and cultural considerations in the diagnostic treatment of clients, scored assignments, and conducted tutoring sessions for students.

### Teaching Assistant

*Lifespan Development*

*Arizona School of Professional Psychology at Argosy University*  
2018

Phoenix, AZ

Sept 2014-May

Responsibilities: Co-facilitated lectures, created vignettes, developed curriculum and exercises to teach students significant lifespan development issues, lifespan milestones, and various cultural considerations that may have implications for one's development throughout the lifespan. Conducted tutoring sessions and scored assignments.

### Teaching Assistant

*Basic Assessment and Intervention Skills*

*Arizona School of Professional Psychology at Argosy University*  
2018

Phoenix, AZ

Sept 2014-May

Responsibilities: Co-facilitated lectures, created diagnostic vignettes, and developed curriculum and exercises to teach students who were preparing for their first practicum and clinical competency exams. Facilitated labs which included role playing diagnostic interviews, addressing multicultural considerations in intake interviews, and interviewing special populations. Assisted in developing sample intake forms for various settings, reviewing practice interview tapes of students, providing individual and group tutoring sessions, and scoring of final exams for course.

### Teaching Assistant

*Ethics*

*Arizona School of Professional Psychology at Argosy University*  
2018

Phoenix, AZ

Sept 2014-May

Responsibilities: Co-facilitated lectures regarding ethical dilemmas which may occur in inpatient, group home, and hospital settings. Facilitated labs which focused on reviewing the American Psychological Association ethics code, state laws and statutes, and problem-solving strategies for addressing common and potential ethical dilemmas. Assisted in scoring of assignments and final exams for the course.

### **In-Home Tutor**

*Reading, Writing, and Mathematics*

*1-2-1 Tutoring: The Community College Foundation*

Los Angeles, California

Aug 2010-Jun 2011

Description of Site: An independent organization contracted by the Los Angeles School District to provide free in-home and community-based tutoring services for children who attend Title IV K- 12 schools.

Responsibilities: Conducted pre- and post- assessments of students reading, writing, and mathematical skills utilizing the Wide Range Achievement Test-4. Collaborated with parents, students, and supervisors to develop educational goals and objectives to meet the unique educational needs of each student. Provided in-home and community-based tutoring services to youth for a minimal of 20 hours per week.

## **CLINICAL TRAINING**

### **Dialectical Behavioral Therapy**

*Wooten & Associates*

Aug 2016

### **Biofeedback**

*Anthem Community Based Outpatient Clinic (CBOC)*

Sept 2017

### **Applied Behavioral Analysis**

*Autism Response Team*

2010

### **Ethics and Interface with State Law: Best Practices**

*Arizona Neuropsychological Society Conference*

May 2017

## **CONTINUING EDUCATION/TRAINING**

### **Interventions in Neuropsychology Practice:**

#### **From Psychotherapy to Cognitive Rehabilitation and Training**

*Arizona Neuropsychological Society Conference*

May 2017

### **Christian Counseling Seminar**

*Kingdom Fellowship Assistance Network*

Oct 2016

### **Adult CPR & First Aid**

### **Confidentiality & HIPAA**

**Teacher's Assistant Training**

Sept. 2014-Present

*Arizona School of Professional Psychology at Argosy University*

**Sex Trafficking Victims Seminar**

Aug. 2014

*Arizona School of Professional Psychology at Argosy University*

**Weekly Diversity Forum**

2013-Present

*Arizona School of Professional Psychology at Argosy University*

**Developmental Use of Activities for Children in out-of-home care**

2012

*Casa Pacifica: Centers for Children and Families*

**Safe Environments for Learning and Growth: Parts I & II**

2011

*Casa Pacifica: Centers for Children and Families*

**An Overview of Collaborative Problem Solving**

2011

*Casa Pacifica: Centers for Children and Families*

**PROFESSIONAL AFFILIATIONS**

*Arizona Psychological Association Student Affiliate*

2016-Present

*Arizona Neuropsychological Society*

2016-Present

*American Psychological Association*

2012-Present

*APA Division 222: Women in Rehabilitation Psychology Student Affiliate*

2017

*APA Division 28: Psychopharmacology and Substance Abuse Student Affiliate*

2017

*APA Division 351: Section 1: Psychology of Black Women Student Affiliate*

2017

*APA Division 353: Section 3: Concerns of Hispanic Women/Latinas Student Affiliate*

2017

*APA Division 354: Section 4: Lesbian, Bisexual, and Transgender Concerns Student Affiliate*  
2017

*APA Division 355: Section 5: Psychology of Asian Pacific American Women Student Affiliate*  
2017

*APA Division 356: Section 6: Alaska Native/American Indian/Indigenous Women Student Affiliate*

2017

*APA Division 371: Society on Child Maltreatment Student Affiliate*  
2017

*APA Division 43: Society for Family Psychology Student Affiliate*

2017

*APA Division 44: Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues Student Affiliate*

2017

*APA Division 50: Society of Addiction Psychology Student Affiliate*

2017

*Division 56: Trauma Psychology Student Affiliate*

2017

**VOLUNTEERISM**

**Arizona Psychological Association Student Diversity Committee Representative** 2016-Present

Duties: Help lead the development and organization of events which raise awareness of multicultural and social issues to association members. Assist in facilitating dialogues amongst various members in the community who wish to discuss specific multicultural current events and

political issues which impact clients. Serve as a liaison between the committee and Argosy University students.

**Argosy University Student Government Clinical Representative** 2014-2015

Duties: Served as a liaison between Argosy University students and faculty, attending bimonthly staff meetings with the goal of presenting student concerns to faculty. Assisted in organizing and facilitating meetings each semester, which allowed for students to present concerns, questions, or feedback they had regarding the program. Problem solved with program faculty, school directors, and the campus president to create strategies to better meet the needs of students. Participated in monthly meetings with the campus president and student services director.

**Argosy University Student Government Vice Present** 2015-2017

Duties: Currently serve as a consultant to current Student Government members and faculty. Previously assisted in the operations of the student government. Attended monthly meetings with the student services director, program faculty, and Student Government President. Assisted in the development, organization, and distribution of holiday food baskets for students in need. Developed, organized, and managed an on-campus food and supply pantry for students in need. Organized and assisted in the execution of various on-campus activities for students. Managed various committees within the Student Government Organization. Managed the upcoming elections each year for new Student Government members.

**Mentor Program Student Coordinator** 2014-2017

Duties: Assisted program faculty in recruiting mentors and matching them with potential mentees.

**Diversity Council Student Coordinator** 2013-Present

Duties: Assisted in developing forum diversity topics and activities agendas each semester for the forum. Participated in presenting and facilitating various discussions during forum meetings.

**Phoenix Philanthropists** Phoenix, AZ

*UMOM Overflow Shelter* 2013-2015

Duties: Participated weekly with other volunteers at the shelter in organizing and facilitating various activities for the children and families housed at the shelter.

**Preschool Teacher Assistant** Los Angeles, CA

*Crenshaw Church of Christ Preschool* 2005-2006

Duties: Assisted preschool teachers and staff in developing, organizing, and facilitating various learning activities for children ages 2-4. Assisted teachers in teaching the students age appropriate educational and daily living skills, such as toilet training, recognizing and naming body parts, counting, spelling, boundaries, sharing, and safety. I also assisted in teaching students simple bible verses.

**Feeding the Homeless Project Coordinator** Los Angeles, CA

*Crenshaw Church of Christ* 1999-2003

Duties: I helped plan, organize, and distribute food, hygiene products, and other living necessities to homeless and low SES individuals and families in various areas of Los Angeles county.

## SCHOLARSHIPS AND AWARDS

<i>Arizona School of Professional Psychology at Argosy University Diversity Scholarship</i>	2016
<i>Associated Women for Pepperdine Scholarship</i>	2012-
2013	
<i>Crenshaw Church of Christ Star Award Recipient for Academic Success</i>	1994-
2011	
<i>Arizona Psychological Association Diversity Conference, Attendance Scholarship</i>	2017