



# Maria Adelina Magnea

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## PERSONAL PROFILE

I am Maria Adelina Magnea, I have Romanian nationality, but a soul of an international traveler. I am 37yo and my passion for acting started when I was 8yo. There is nothing more fulfilling than following your own path, your own personal mission. So here I am, preparing myself with enthusiasm for admission at Lee Strasberg Theatre and Film Institute.

### ACTING EXPERIENCE

- various theatre plays in school & high school;
- various music videos and sketches;
- "SBCRDF" directed by Iura Luncașu 2023 - extra;
- "Money-making wedding" by Cristi Ilisuan 2023.

### EXPERIENCE PRIOR ACTING

- 2005 - 2010 - Hospitality & Service;
- 2011 - 2014 - Radar operator/ soldier in Romanian Navy;
- 2014 - 2023 - Chief Stewardess in yachting industry;
- 2016 - present - Mindfulness trainer.

## ACTING EDUCATION/ TRAINING

- IURA FILM ACADEMY - acting, scripting, directing;
- Let It Go Acting School - technique, movement;
- Bernard Hiller - acting techniques workshop;
- Natalie Portman - acting masterclass online;
- Helen Miller - acting masterclass online;
- Samuel L Jackson - acting masterclass online.

### INTERESTS

- Yoga
- Meditation
- Hiking
- Surfing
- Drawing
- Swimming
- Poetry
- Theatre
- Sailing
- Nature

### CERTIFICATES/ DIPLOMAS

- Undergraduate degree in Sports Science
- Clearing limiting belief practitioner
- Yoga trainer 250hrs certificate
- Meditation trainer 250hrs certificate
- Human Design Reader/ Analyst
- Advanced admin & HR
- Mixology & Cocktails
- Military Training
- Guests Service Training
- Yacht Service Level 3

### SKILLS

- Fast & adequate reactions to critical situations;
- Communication and organisational skills;
- Perseverance, initiative;
- Responsibility for own actions;
- Serenity, manners, discipline;
- First class service skills;
- Attention to details;
- Valet services, wardrobe, ironing;
- Fabrics & surfaces knowledge;
- Floristry & massage.

