

Caramia Carista
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Objective

Hard working and motivated high school graduate who is enrolled at The College of Brockport where I can further my education and leadership skills effectively.

Education

Norwood-Norfolk Central School Norwood, NY
24 June, 2022
Regents Diploma
GPA: 84/100

Awards and Honors

Softball individual game MVP award (2022)
All tournament team award (2022)
Section 10 varsity softball sportsmanship award (2022)
Key Club Vice President (2021-2022)
Class of 2023 Vice President (2019-2022)
Key Clubber of the Month (2021)
Certificate of Completion Clarkson's Project Challenge "Introduction to World Cinema" (2021)
Leadership Conference (2021)
Certificate of Appreciation received from he Norwood Mayor, Tim Levison (2020)
Received Mayor for the Day Award From the Norwood Mayor, Tim Levison (2020)
Received Honorable Mention Certificate from NYS Conference of Mayors for placing. 4th out of 1,035 8th grade students (2019)

Training and Certifications

CPR (7/20/2022)
Lifeguarding certification (6/2021)
Narcan Certification (7/2021)
First Aid (6/2021)
Heimlich (6/2021)
Hunting License (4/2020)
Boating License (6/2020)

Work Experience

Owner of the “Caramia Carista’s Passing it on Podcast”

Remote, (2023-present)

- Manage and run social media presence
- Effectively coordinate and schedule recording times
- Manage and create new merchandise for my podcast merchandise shop
- Use proper time management to help work and accommodate our guests

Social Media Manager/ DJ: 89.1 The Point

Brockport, NY (August

2023-October2023)

- Consistently post, engaging content
- Track analytics and follower patterns
- Complete work on time for using adobe premiere and adobe audition
- Have effective communication skills to work with all of the department heads.

Sports Broadcast Intern: B99.3 and Wild Country FM

Potsdam and Malone, Ny (October 2023- Present)

- Give proper halftime reports by effectively taking stats.
- Work with my other host to give engaging play by play and content.
- Time management is key due to the travel needed for games.
- Maintain professionalism while on air.

Lifeguarding:Norwood Beach

Norwood, NY (2021-2023)

- Clean and rake beach
- Set up chair/supervision
- Ensure accessibility of first aid
- Oversee water safety for adults and children

High School Activities

Whiz Quiz (2021-2023)

Spanish Club (2020-2023)

Band(2019-2022)

Key Club (2019-2023)

Softball (2019-2023)

Basketball (2019-2023)

Soccer (2019-2023)

Community Activities

Volunteer at the Potsdam animal shelter (2019-2021)

Youth Group (2015-2018)

Junior Auxiliary Member (2015-Present)

Youth Basketball (2011-2016)

Summer Soccer (2010-2018)