

JEN RUFO

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78 Elmwood Rd
Cedar Grove, NJ
07009

DANCER | CHOREOGRAPHER | ACTRESS | HOST | MODEL | DJ

As a professional dancer since the age of 11 in the Radio City Spectacular, I am a natural behind the camera, bringing creativity and professionalism to every project. I take pride in personal growth, spirituality, emotional intelligence, and being a person of integrity both on and off camera. Passionate about healing the world, promoting acceptance, open-mindedness, and normalizing taboo and non-traditional concepts through my art.

EXPERIENCE

Saturday Night Live - SNL

Dancer, performer, choreographer (not the lead choreographer, but created movements when instructed to) under Danielle Flora.

Chris Brown Dancer

Dancer / performer

Brooklyn Nets Dancer - Brooklynettes

After college I danced for the BK nets for 4 years.

Host

Podcast Host - The Jen Rufo Show. Creator/producer/host.

Influencer Partnerships/Features

- Cosmopolitan Magazine
- The Fat Jewish
- Women's Health Mag
- Redbook Magazine
- Adidas, Reebok
- Misfit Wearables
- Biofreeze

SKILLS

- Fitness certifications
- DJ-ing, speaking
- podcasting

- creating/influencer work
- brand collaborations
- writing content/creating content for brands authentically
- Dog Mom of 2 girl dogs.

EDUCATION

Rutgers the State University of New Jersey

- Majors: Dance + Journalism/media studies, 2013.

Age: 33