



# Constança Ariana Vilela da Silva Pinto

📍 **Home** : Vila Nova de Gaia, Portugal

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**Gender**: Female **Date of birth**: 10/06/2005 **Nationality**: Portuguese

## EDUCATION AND TRAINING

[ 19/09/2020 – 20/07/2023 ]

### High School

**Balletteatro**

**City**: Porto

**Country**: Portugal

## LANGUAGE SKILLS

**Mother tongue(s)**: Portuguese

**Other language(s)**:

**English**

**LISTENING** C1 **READING** B2 **WRITING** B2

**SPOKEN PRODUCTION** B1 **SPOKEN INTERACTION** B2

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## DIGITAL SKILLS

Microsoft Word | Social Media | Microsoft Powerpoint | Responsibility | Critical thinking | Motivated | Good listener and communicator | Creativity | Decision-making | Written and Verbal skills | Organizational and planning skills

## COMMUNICATION AND INTERPERSONAL SKILLS

### Good Communication Skills

Good communication skills and public speaking skills obtained through three years of theater training and several public performances which contained speech and movement.

## SOCIAL AND POLITICAL ACTIVITIES

[ 07/10/2017 – Current ] **Scouts** Porto

The term "Scouting" has come to mean a system of preparation for citizenship, a movement that aims, by living in nature, to awaken in you the desire to know more, to want different and daring things and to act, to fight to achieve them. With Scouting, by improving your level of involvement and understanding, you are prepared to be an autonomous and responsible adult. Developing skills and knowledge, transforming the power of observation, critical thinking, skill and dexterity into very useful instruments. The pillars are always:

Learning to Know, Learning to Do, Learning to Live Together, iso basically, Learning to Be.

Scouting is a real invitation to replace selfishness with service, making you individually capable, in order to use that ability to serve your fellow human beings.

Scouting provides you with a global education to prepare you to be a participative and responsible citizen