

# CV Bridget Ochocka

## Actor in Training

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### SUMMARY

As a dedicated and versatile actor currently undergoing part-time training at The Actor's Lounge in Norwich, I am eager to apply my skills in improvisation, script analysis, and acting for both stage and screen. Seeking opportunities to contribute to student films and gain valuable on-set experience.

### KEY SKILLS

- Improvisation
- Script Analysis
- Emotional Recall
- Seven Levels of Tension
- Stage and Screen Acting
- Excellent verbal and non-verbal communication skills
- Comfortable taking direction and collaborating with others
- Ability to adapt to different roles and genres
- Comfortable working in various settings, from stage to screen

### SPECIAL SKILLS

- Language Proficiency: Fluent in French (C1 level); fluent in Spanish (C1 level)
- Translation: Qualified translator with expertise in interpreting, subtitling and journalism
- Craftsmanship: Skilled dressmaker/tailor; skilled knitter
- Accents/dialects: Good ear for accents, particularly the British Isles, American and Australian

### EDUCATION

The Actor's Lounge, Norwich (September 2023 – Present)

Part-time Training Program

Coursework includes improvisation, script analysis, acting for stage vs. screen, emotional recall, and the seven levels of tension. The last term culminated in a showcase where we performed the scripts we had been working on throughout the term in pairs, to an audience of friends and family. My role was Nicole from the film 'Whiplash'.

### ASPIRING ACTOR

- Eager to gain hands-on experience in student/small-budget films.
- Willing to take on challenging roles to expand my skill set.
- Enthusiastic about contributing to collaborative projects and learning from industry professionals.

References available upon request.