

Oluchi Agwanihu

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PROFESSIONAL SUMMARY

A reasonable care provider who remains calm and functional in very difficult situations. Dedicated to helping patients maintain the highest possible level of independent living. Very dependable and highly compassionate, strong belief in the importance of companionship in patient/ resident care.

SKILLS

- Fast learner
- Dependable team member
- Active listener
- Patient communication
- Observation and Perceptiveness
- Time management
- Daily documentation
- Proficient cook and baker
- Patient and friendly
- Expert in Microsoft Office
- Able to lift 100 pounds.

HIGHLIGHTS OF QUALIFICATIONS

- Locate, select, organize, and document information using appropriate technology and information systems.
- WHMIS certification as well as Health and Safety certification
- Able to work efficiently in a fast-paced environment.
- Knowledgeable of Microsoft suite with expertise in using Excel formula functions
- Possess analytical thinking and time management skills.
- Communicate concisely and correctly in written, spoken, and visual forms that fulfill the purpose and meet the audience's needs.
- Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- Execute mathematical operations accurately and apply a systematic approach to solve problems.
- Locate, select, organize, and document information using appropriate technology and information systems.

Education

BSCN (Nursing) – Trent University, Peterborough, ON

Sep 7, 2023 - Ongoing

- Biology, Psychology

Biotechnology (Health) Diploma – Mohawk College, Hamilton, ON

Graduated June 2021

- Courses of Interest: biotechnology, microbiology, and chemistry
- GPA 81.8%

WORK EXPERIENCE

Restorative Aid- Dundurn place care center, Hamilton, ON

Feb 2023- Sep 2023

- Plan, implement and evaluate both individual and group restorative programs including personal hygiene, AROM (active range of motion), restorative eating, restorative walking, restorative transfers, bed mobility, toileting, dressing, and grooming.
- Assess and implement group exercise classes in long-term care.
- Complete documentation in Activity Pro and Point Click Care (RAI/MDS, care plans, progress notes, and initial assessments)
- Set up and clean activity areas as necessary and transport residents to and from programs. Monitor the behavior of residents during programs and report any significant changes to the supervisor or nursing staff as appropriate.
- Maintain program and resident records according to department policy.
- Work closely with other departments to meet residents' needs.
- Ensure the completion of Surge exercises in the surge learning system every month.

Caregiver – Home Instead Senior Care, Hamilton, ON

2021 – 2023

- Helped in bathing and dressing the client.
- Assessed the medical needs of the senior.
- Aided in the provision of companionship to the elderly.

Hamilton Continuing Care (HCC)- Home Instead Senior Care, Hamilton, ON

2021-2023

- Assisted 20 patients a month with getting out of bed and getting dressed.
- Prepared meals for patients to keep them healthy.
- Did a variety of chores for patients such as grocery shopping and laundry.
- Assisted patients with daily ambulation using a gait belt to prevent falling and other accidents.
- Assisted with discharge, admission, and transfer of immobile patients over 200lbs., while safeguarding the well-being of the patient and easing transportation.

Student Residence Manager – Southern Ontario Collegiate, Hamilton ON

2021 – 2022

- Promoting a community environment
- Be available to residents and assist them.
- Act as liaison for the housing office
- Assist with administrative responsibilities.
- Implement additional programs for residents in assigned areas.
- Assisted in the preparation of meals for students.

Line Cook – Food Truck, Hamilton ON

2021-2022

- Served fresh hot food with a smile in a timely manner.
- Served orders to customers at the window.
- Set up and stocked stations with necessary supplies.
- Worked cooperatively with all restaurant employees.
- Cooked and prepared food to be served complying with all sanitation, health, and personal hygiene standards.
- Properly assembled and plated food according to menu descriptions.

Customer Service Representative - MTN Service, Port Harcourt, Nigeria

2018 – 2019

- Educated customers on MTN products/services, functionalities, features, and competitive advantage.
- Sold MTN products and Services (Telemarketing) to grow to spend.

Volunteer Experience

Pharmacy Assistant – Shoppers Drug Mart, Hamilton, ON 2021 – 2022

- Assisted in the packaging, labeling, and dispensing of medications.
- Measured and mixed drugs according to prescriptions
- Helped with daily pharmacy activities.

Mohawk Student Support – Mohawk College, Hamilton, ON 2019 – 2020

- Assisted students with their timetables and direction to International Square
- Possessed the ability to stand for long periods and acquired good time management skills.

Fundraiser – Orphanage Home, Lagos, Nigeria 2018 – 2019

- Helped create awareness and organize fundraising events.
- Maintained record of donor information.

CERTIFICATION 2022/07/09 - present

- Cardiopulmonary Resuscitation CPR- BLS or HCP
- Serve well Food Handlers Certificate

2023/03/08- 2028/03/08.