

Sophia Koman

24-08-2005 Washington D.C (USA) / Based in: Between Naples and Rome (Italy)

Height 1.71 cm, eye colour : blue/green, hair colour: brown

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Spoken languages: Italian and English (mother tongue), French (double diploma, French-Italian after completing the French “lycee” *Chateaubriand* of Rome) and fluent in Spanish and Bulgarian.

Dialect(s): Neapolitan

In terms of English accents: Standard American and Standard RP (british)

TRAINING/EDUCATION

[2024] One day Masterclass in Rome for preparation before castings with **Massimiliano Pacifico (Moma studio Masterclass)**

[2023] One day Workshop with final performance with **Living Theatre Europa**, in Naples

[2023-] **Teatro Diana di Napoli, Palestra dell'attore**, professional acting, diction, movement and stage presence course.

[2023-] Movement and “teatro corporeo” ongoing workshop with the theatrical company, **Ludovica Rambelli teatro**, in Naples

[2023-] **Alessio Sica**, (private acting lessons)

[2020-] **The Reel Scene, “Actor’s gym”**, acting lessons, Q&As and workshops with a multitude of professionals from the entertainment industry, online from London (United Kingdom)

[2019] Conference/Masterclass with **Ariane Mnouchkine and Ruggero Cappuccio** at the *Institut Francais of Naples*

SKILLS

Ballet (semi professional training with **Movimento Danza by Gabriella Stazio** in Naples, starting 2023, assisted to the open-class of the 6,7,8 th year at the **teatro San Carlo** of Naples, and to the conference with director Stéphane Fournial), Gyrotonic, acro-yoga,singing,running, drawing and cooking (on a amatorial level), potterie (**Officina 66**, Naples)