# Sara A. Scott

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#### **EDUCATION**

Full Sail University

3300 University Blvd, Winter Park, FL 32792

Phoenix Institute of Herbal Medicine & Acupuncture 301 E Bethany Home Rd suite a-100, Phoenix, AZ 85012

University of New Mexico Albuquerque, NM 87131

New Mexico State University 1780 E University Ave, Las Cruces, NM 88003 Bachelors of Recording Engineering

2019-2021

Master of Science of Oriental Medicine (MSOM) 2014-2017

**Bachelors of Exercise Science Continued** 2011-2013

Bachelor of Health Sciences/Exercise Science 2009-2011

## **SKILLS & CERTIFICATIONS**

Licenced Massage Therapist

Licensed Active Release Technique Practitioner- ALL COURSES (ART)

Certified Graston Technique Practitioner (GT)

Certified Functional Range Conditioning Mobility Specialist (FRCms)

Licensed Practitioner of Acupuncture

Proficient in Logic X and Pro Tools (all versions)

Pro Tools Certified

Bartending ABC

Schools
Schools
Certification 3/18/2022

### RELEVANT EXPERIENCE

Freelance/NXT/WWE- Audio Engineer Orlando, FI

- Mixing
- Mastering
- Structural Design and Set Up (pre/post production)
- Pro Tools and Logic Pro X functions
- Live engineering televised events (pre/during/post production)
- Proficient wiring of compressors and amplifiers

### Matrix Spa & Fitness - Rehabilitation Specialist Denver, Co

Jan 2020- Present

- Progressive & Regressive manual joint therapies
- Fascial Distortion/Pain Management integration
- Applied Neuromuscular Corrective Exercise

### Clinical Massage - Mobility Specialist/Owner (LLC) Scottsdale, Az

- Worked with MLB teams during spring training, predominately the Phoenix Diamond Backs.
- Assisted pitchers with various injuries such as nerve entrapment, acromial compression, impingement etc.
- Helped athletes & special populations reach mobility/pain management goals via the applications of combined therapies.
- Functioning around a multidisciplinary approach to the re-correction of physiology.

Feb 2018 - Feb 2019

Feb 2015 - Jan 2018