

Lauren Holdt

Height: 5'6
Weight: 140

Hair: Brown
Eyes: Brown

FILM

Rite of the Shaman	Lead	Dir. Alicia Farmer
City of Salt	Lead	Dir. Alicia Farmer
Lost Love	Lead	Dir. Alicia Farmer
Cooke Caverns	Supporting	BYUtv / Dir. Jeffery Hunt
Welcome to Celibacy Club	Supporting	Dir. Campbell Moore

THEATRE

Unbearable Hotness	Jill	University of Southern California
A Chorus Line	Val	Hillcrest High School
Merrily We Roll Along	Althea	Hillcrest High School
Ms. Marvel: Mirror of Most Value	Zoe	Hillcrest High School

TRAINING

Acting	University of Southern California
Comedic Acting, Dramatic Acting, Acting for Magical Realism, Scene Study, Dialects, Directing	
Screenwriting	University of Southern California
Acting Workshop	Catrine McGregor
Acting Workshop	Robert Andrus
Acting Intensive	Coral Chambers

AWARDS

Best Actress	<i>City of Salt</i>	Madras Film Festival
Best Actress	<i>City of Salt</i>	FilmCon Awards
Best Young Actress	<i>City of Salt</i>	Los Angeles Film Awards

SKILLS

Accents (Standard British, Southern American, New York), Singing (Mezzo-Soprano, Belt), Screenwriting, Creative Writing, Novice American Sign Language, Novice Ukulele, Novice Archery, Intermediate Spanish, Intermediate Horseback Riding, Intermediate Skiing
