

Val Silidker

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(954) 562-4981



Height- 5'3"
Weight- 120
Hair- Dark Blonde
Eyes- Hazel
Non-union

Film	The Unmentionables Audition Gender Pure Evil A Little Like White Elephants Any Given Sunday	Lead Lead Lead Lead Lead Featured (w/Cameron Diaz)	IFAC/AI Films UM Films Atomic Age Films Massacre Films RTC Productions Warner Bros.
Television	The Jackie Watson Show The Statler Brothers Miami Sands Absolutely Beautiful The JG Show	Series Regular Guest Star Co-star Series Regular Recurring	Pax-T.V./ UPN-33 TNN-T.V. Miami Sands Prod. Video Fame Prod. JG Productions
Voice Credit	Lolita: Slave to Entertainment (Doc) Insight for the Blind-Poetry/Books	Narrator-Lead Lead	RTC Productions Library of Congress
Commercials	List and current conflicts are available upon request.		
Theatre	Constellations Shmulnik's Waltz The Boyfriend Healin' Dirt Diner The Most Fabulous Story... Dark of the Moon Kindertransport Let the Good Times Roll Punch 59 Mixed Nuts Roar of the Greasepaint... Jimmy Jam Entertainment Magician Adam Steinfeld	Marianne (cast) Rachel (cast) Dulcie (cast) Wanda West (cast) Mabel (cast) Barbara Allen (cast) Eva (cast) Musical Revue Sketch Comedy Improv Troupe Violet Urchin M.C./Dancer Magic Assistant/Dancer	Lake Worth Playhouse Broward Stage Door Broward Stage Door The Public Theatre The Public Theatre Fine Arts Theatre Curtain Call Playhouse Musicana Supper Club Hollywood Blvd. Theatre Uncle Funny's Comedy Club Miami Shores Theatre National Events National Tour
Training/ Education	AA Theater: Broward College MS: Florida International University Acting for Film/ Actor's Pro. Shop/ Improvisation: Stewart Solomon Voice/Acting: Carol Provonsha Voice Coach: Malcolm Arnold Scene Study: Ellen Jacoby CSA		Dialects: Dr. Richard Hinners Character Study: Bruce Miller Shakespeare: Steve Travillion Movement: Ron Headrick Ballet/Jazz/Modern: K. O'Neal Dance Theatre: Octavio Campos Eurythmy: Helen Butkov
Special Skills	Interviews, Host/MC, Public Speaker, Meditation Guide, Improv, Voice Over. Environmental educator, Board Certified Leadership Coach & Trainer, Singer- mezzo-soprano, Martial Arts, Yoga, Hiking, Djembe, Jazz/Modern Dance, Freestyle, Eurythmy, Teleprompter + Blue screen, Founder/Director of Psychospiritual Institute, Produced 50+ mindful-living events, including music festivals, retreats & summits		

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