

Education and Dance Training:

- **George Mason University School of Dance, Bachelor of Fine Arts in Dance:** 2015-2019
 - Faculty included: Dan Joyce, Linda Miller, Susan Shields, Ethan Brown, Jocelyn Isaac, Jim Lepore, Septime Webre, Caroline Rocher, Roger Jeffrey, Erin Du, Kjara Wurst, Christopher D'Amboise, Karen Reedy, Elizabeth Price, Kathryn Pilkington, Elizabeth Spatz
- **Maryland School of Ballet and Modern Dance (MSBMD):** Bel Air, Maryland (2003-2015)
- **Intensives/ Additional Experience:** Salt Dance Winter Workshop (Virtual, 2021) Parsons Summer Dance Intensive (NY, 2018, 2019 & 2021), Parsons Dance Choreography Workshop (NY, 2019), Limón Summer Workshop (NY, 2018)
- **Master Classes:** Parsons Dance Company, David Parsons, Colin Connor, Deborah Riley, Ralph Glenmore, Jean Emile, Christopher K. Morgan, Orange Grove Dance, Lauren Carnesi Daniels, Olivier Munoz, Roberta Stiehm, Eoghan Dillon, Zoey Anderson

Professional Experience:

- ***Dogwood Dance Project (Company Dancer):*** Richmond, Virginia (Aug 2022-Present)
- ***Karar Dance Company (Company Dancer):*** Richmond, Virginia (Jan 2022-October 2023)
 - Director: Kara Roberston
- ***Gin Dance Company (Company Dancer):*** Falls Church, Virginia (May 2020-July 2021)
 - Director: Shu-Chen Cuff
- ***Bowen McCauley Dance Company (Company Dancer):*** Silver Spring, Maryland (Sept 2019-May 2021)
 - Director: Lucy Bowen McCauley, Rehearsal Director: Alicia Curtis
- ***The Lion, The Witch and The Wardrobe (Lucy Dancer):*** Imagination Stage, Bethesda, Maryland (Nov 2019-Jan 2020)
 - Director: Janet Stanford, Choreography: David Palmer, Music Director: Debbie Jacobson

Performance Experience:

- ***Spring Concert (Upcoming): Dogwood Dance Project:*** Henrico Theatre: April 20, 2024
- ***INFORMAL: Karar Dance:*** Libby S Gottwald Playhouse: October 7, 2023
- ***Red Rocks Dance Festival: Karar Dance:*** St. George, Utah: June 1 to June 3, 2023
- ***Spring Concert: Dogwood Dance Project:*** Thomas Dale High School: March 18, 2023
- ***INFORMAL: Karar Dance:*** Libby S Gottwald Playhouse : June 4, 2022
- ***Spring Virtual Performance Opener: Bowen McCauley Dance:*** Kennedy Center: May 26, 2021
- ***Fragments of Moments Passed:*** Virtual performance; August 2020
 - Director: Lauren Carnesi-Daniels Kinetic Canvas: Chesapeake Theater HCC
 - ***Jackson Pollock (2019), Vincent Van Gogh (2018)*** Director: Lauren Carnesi-Daniels
- Performances with Mason Dance Company:
 - Shelly Cochrane's ***Marrow*** (2018): ACDA Nationals, Terrace Theater Kennedy Center
 - Roger Jeffrey's ***Last Night*** (2017)

Choreography: Title(Composer), Theater, Location, Premiere

- ***Nutcracker (Tchaikovsky)*** Benedictine Theater Richmond VA December 2022 & 2023
- ***Various Pieces (Various Artists)*** Carpenter Theater Richmond, VA May 2022, 2023
- ***When Music Speaks (Zoe Keating)*** Richard J Ernst CCC Annandale, VA October 2021
- ***Open Doors (Dances With Wood)*** Virtual Performance Bel Air, MD August 2020
- ***Stay the Course (Various Artists)*** Chesapeake Theater HCC Bel Air, MD August 2019
- ***The Light We Cannot See (Psychologist)*** Studio Series GMU Fairfax VA May 2019
- ***Maelstrom (Near the Parenthesis)*** Harris Theater GMU Fairfax, VA November 2018