

LOREN GABEL

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PROFILE

I graduated from Clarkson University in Potsdam, NY with a B.S. in Communications with a minor in both business and psychology. During my four years at Clarkson University, I participated in several public speaking events as well as being actively involved in professional communications with a variety of people of all ages. Experience gained from public speaking engagements with young children to professional dialogue and presentations for my peers, staff, and a special presentation to the Board of Trustees at Clarkson University showed that I am strongly able to speak confidently in different settings and to different audiences.

EXPERIENCE

Professional Hockey Player — 2023 - Present

PWHL Boston - Boston, MA

- Professional hockey player in the Professional Women's Hockey League for Boston.

Professional Hockey Player — 2022 - 2023

Boston Pride - Boston, MA

- Professional hockey player in the Premier Hockey Federation for the Boston Pride.

Professional Hockey Player — 2018 - Present

Hockey Canada - Toronto, ON / Calgary, AB

- Member of the Canadian National Women's Hockey Program.

Hockey Instructor — 2012 - Present

G & G Skate Training Centre - Kitchener, ON

- Teach individuals proper skating and shooting techniques.
- Sharpen skates and complete other pro shop duties.
- Give a high level of commitment to customers.

Social Media Manager — May 2019 - September 2020

Dixon's Distilled Spirits - Guelph, ON

- Manage all social media platforms.
- Attend social events as well as tastings.
- Help with bottling and labelling at the distillery.

Masonry Laborer — May 2018 - August 2018

KW Masonry - Kitchener, ON

- Help with related masonry duties.

On Ice Hockey Instructor — May 2016 - August 2016

Skills Plus Hockey - Kitchener-Waterloo, ON

- Teach young kids and adults basic hockey skills (skating, shooting, stick handling, etc.)

EDUCATION

Clarkson University, Potsdam, NY — 2019

- B.S. in Communications with a minor in business and psychology

St. Mary's High School, Kitchener, ON — 2015

- OSSD

VOLUNTEER EXPERIENCE

Volunteer Teacher - January 2023

Arthur T. Cummings Elementary School - Winthrop, MA

- Focus on helping students attain goals set by the teacher.
- Help all children as needed and assigned.

Food Delivery - December 2020

Food4Kids - Waterloo, ON

- Deliver nutritious food packages directly to local children and families experiencing chronic hunger to help those in need.

Undergraduate TA - August 2018 - December 2018

Clarkson University - Potsdam, NY

- Assist a faculty member in teaching a communication and media course.

Off Ice Dryland Instructor — May 2018 - August 2018

Active Souls Project - Kitchener, ON

- Support and instruct individuals with disabilities in a workout environment by creating a fun and healthy atmosphere where girls and boys of all ages can support each other, gain independence, and embrace an active lifestyle.

ACTING/CLASSES

Masterclass

- Acting with Samuel L. Jackson – 2020
- Acting with Natalie Portman – December 2020

Clarkson University

- Professional Communications – January 2019 to May 2019
- Organizational Communications and Public Relations Theory – January 2019 to May 2019
- Principles of User Experience Design – January 2018 to May 2018
- Science Journalism – January 2018 to May 2018
- Audio Production – August 2017 to December 2017
- Theory and Philosophy of Communications – August 2017 to December 2017

St. Mary's High School

- Drama – 2013 through 2015

SKILLS

Social Media Management

Digital Marketing

Content Creation

Writing Skills

Communication Skills

Leadership

Public Speaking

Customer Service

Organizational Skills

Time Management

Personnel Management
Creativity
Integrity

AWARDS

Premier Hockey Federation Most Valuable Player 2022/2023
Premier Hockey Federation Most Outstanding Player 2022/2023
Premier Hockey Federation Offensive Player of the Year 2022/2023
Premier Hockey Federation Newcomer of the Year Award – 2022/2023
Premier Hockey Federation All-Star Game Most Valuable Player – 2022/2023
Rogers Woman of the Year Sports & Recreation Award - 2019
Patty Kazmaier Memorial Award Winner – 2019
Clarkson University Women's Hockey Most Valuable Player – 2019
Dean's List - Fall 2018 & Spring 2019
Patty Kazmaier Memorial Award Top 3 Finalist – 2018
AHCA All-American - 2018 & 2019
ECAC Player of the Year Award - 2018 & 2019
ECAC Best Forward Award - 2018 & 2019
Clarkson University Female Athlete of the Year – 2018 & 2019
Clarkson University Women's Hockey Ron Frazer Award Winner – 2018
NCAA Division I National Champion - 2017 & 2018
Communications and Media Sophomore Award – 2017
Clarkson University Women's Hockey Rookie of the Year – 2016
ECAC All Rookie Team – 2016