



Merika Graham

Resume

CONTACT

- 365-341-1489
- Merika.graham@mail.utoronto.ca
- itsmerika_bg (instagram)
- Vaughan

Skills

- Career Development Strategies
- Networking
- Personal Branding
- Data Analytics Using Excel
- Business Writing
- Quantitative Methods with Excel
- Presentation Skills
- SEO and Google Analytics
- Communication Styles
- Project Management
- Standard first Aid with CPR/AED Level C Training

Education

Harold M. Brathwaite | Brampton, ON
International Baccalaureate Diploma and Ontario highschool Diploma

University Of Toronto | Undergraduate Program: Honours Bachelors of Science

Languages

- English
- French

Profile

As the CEO of a non-profit organization, I have successfully applied my extensive experience as a gymnastics coach and energetic dancer, adapting my skills to oversee strategic planning, fundraising, program development, community engagement, staff leadership, and advocacy efforts. My commitment to safety and well-being is underpinned by my first aid and CPR training, aiding me in working to become a well-rounded leader with a proven track record of achieving the organization's mission and goals.

Work Experience

Business Onboarding Specialist Sept '23-Dec '23

- Excels in diverse marketing approaches, leveraging various platforms and crafting tailored email campaigns for targeted engagement.
- Proficient in swiftly resolving IT challenges, ensuring a smooth transition for businesses joining the RealOnes app.
- Diligently coordinates and schedules meetings, aligning stakeholders for effective communication and partnership cultivation.
- Meticulously validates and structures data, facilitating seamless integration of businesses into the RealOnes app ecosystem.
- Orchestrates seamless transitions, fostering collaborative relationships and community integration within RealOnes.

Gymnastics Coach Brampton Gymnastics Club Sept '18-Dec '22

- Encouraged team members to become stronger, more agile athletes and more successful competitors through focus and effective training
- Checked equipment and monitored common areas to maintain neatness, organization and proper upkeep while remaining vigilant on safety.
- Built strong community relationships through positive interaction.
- Instructed individual students and groups on how to perform acrobatic tricks, balance and technique.
- Consulted with the coaching staff to devise scheduling.
- Organized special events to cultivate positive relations with players, families and local community members.
- Instructed individual students and groups on how to perform in front of large crowds.





Dance Assistant J.C.S.O.D Nov '16-Jun '20

- Built and cultivated lasting professional relationships with other dancers, choreographers and performers by attending social events and maintaining communication.
- Created and choreographed dance moves and routines for self, partners and ensembles.
- Supervised different dance classes and choreographed fun and exciting dance routines to encourage participants to move and exercise.
- Learned choreography quickly and adapted to changes in choreography seamlessly by maintaining physical and mental flexibility.
- Identified current dance trends and innovations to stay updated and learn new moves.
- Worked closely with choreographers to perfect the performance of dance moves.
- Improved operations by working with team members and customers to find workable solutions.
- Earned reputation for good attendance and hard work.

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Expertise

- Professional Dancer with 12 years of training
- Gymnast (2013 - Present)
- Background in the Arts (piano & violin)
- Honors student at Harold M. Brathwaite (90%+)
- STEM Change Challenge co-leader in PDSB

References

Joe Harry

 (647)-465-4422

 Joe.Harry@jointhegba.com

Lola Gayle

 (416)-476-4783

 lola.gayle@peelsb.com

Kathy Roberts

 (905)-459-5111

 kathysgymnastics@gmail.com

Kamilla Barradas

 (416)-522-9909

 p0188579@pdsb.net

Extracurricular Experiences

Panelist of CACD Forum Sept '22-Dec '23

- I was an active participant as a speaker on the CACD (Citizens for the advancement of community development) forum, where I have contributed to thought-provoking discussions centered around tackling critical issues such as Hate Crime, Systemic Racism, and Discrimination.
- My involvement as the youngest panelist not only showcased my commitment to social justice but also highlighted my ability to engage in constructive dialogue and promote positive change within diverse communities.

Creator and CEO of Dance Workshop July '2020

- Conducting an annual spring workshop for K-8 students in the Toronto District School Board.
- The workshop focuses on teaching effective strategies for managing mental health and finding healthy outlets.
- Before the event, the speaker curates their own learning plans for the workshop.
- Contacting teachers to set up dates and times for the workshop.
- Curating and preparing dance routines for each grade level.
- The dance routines are intended to serve as a fun and creative outlet for the students to showcase what they have learned during the workshop, as well as encourage physical activity.

Member of Black Physicians' Association of Ontario Dec '23

- Member of the Black Physicians of Ontario advocating for equitable healthcare and community well-being.
- Collaborate with colleagues to raise awareness about health disparities.
- Engage with the organization to promote its initiatives within my community.

Relevant Experiences

This Way Up Collective Fundraiser February '2023

- Actively led fundraising efforts for marginalized communities, resulting in raising over \$1500+.
- Demonstrates tangible impact and effectiveness in mobilizing support for social justice causes.
- Reinforced community building and awareness for homeless LGBTQ+ youth

Shadowing Role and General member of WEH October '19-

- Engaging in shadowing roles within the WEH organization since October 2019, gaining valuable insights into healthcare practices and patient interactions. (Over 10+ hours of shadowing)
- Actively participating as a general member, contributing to discussions and activities aimed at promoting health equity and access.
- Demonstrated commitment to learning and professional development within the healthcare field.
- Collaborated with team members to support the organization's mission of improving health outcomes for underserved communities.
- Acquired on a digital and in person experience in healthcare settings, enhancing understanding of the challenges and opportunities in providing patient-centered care.