

# NESSA NDONG

Height 1.63cm/ Dark brown eyes ■ Manchester M4 1BE (UK)  
Phone: 07887936507 ■ E-mail: [nessandong@gmail.com](mailto:nessandong@gmail.com) ■ Spaniard with visa/right to work in the UK

## Summary

---

Born in Equatorial Guinea (Western Africa), where she began dancing at an early age, Nessa Ndong trained as a dancer and dance teacher at Millenium Dance Complex, Movement Lifestyle and Debbie Reynolds Dance Studio (LA, USA). Her specialties include **Afro dance** (ndombolo, afrobeats, and afrohouse), **hip-hop** (new style), **dancehall**, and **heels dance**. She has 8 years of experience as a teacher, mostly in Spanish schools, but also in the UK and Germany.

Sample of my work [[link](#)]

## Working Experience

---

### 2015-2024 **Dance teacher (Spain-UK)**

- New style dance teacher in Dansartt for 6 years (Spain)
- African Dance Style teacher in MAB Dance Centre for 4 years (Spain)
- Afro, heels and Hip-Hop dance teacher in Dansclass, ADELE, Sala New York (Spain)
- Afro dance teacher in Shey dance studios (Manchester)
- Afro dance instructor in Afrocats - at the moment (Manchester)
- Musical theatre dance teacher in Footlights Academy- at the moment (Manchester)
- Dance teacher at Dream Big Sports- at the moment

### 2019-2024 **Workshops**

- Afro masterclass TMC Performing Arts (Manchester, 2024)
- Afro masterclass in LaCalidad Dance Centre (Germany, 2023)
- Afro masterclass in Urbanized Dance Academy (Manchester, 2022)
- Afro masterclass in MAB Dance Centre (Spain, 2019)
- Afro teacher in WOMART: women in arts (Spain, 2019)

## Performances

---

- Official Rels B dancer: touring in musical festivals (Spain, 2018-2019)
- Videoclips: Tote King, Mark Wayne, Samuel Okane, among others
- Ads: Coca-cola and Aro Vialis (Spain)
- Rimel London's dancer in Dulceweekend (Spain, 2017)

## Education

---

2016 **Millenium Dance Complex (Los Angeles, USA):** intensive course in urban dance (funky, hip hop, contemporary and new style). Classes taught by leading performers such as Parris Goebel, Tricia Miranda and BoyBoi

### 2016-2023 **Further training**

- New style and hip hop in 0161 Studios and Studio 25 (Manchester, UK, 2024)
- Hip hop and afro at Millennium Dance complex (Cologne, Germany, 2023)
- Street dance and heels in Base Studios (London, UK, 2022)
- New style in Big Dance Centre (New Delhi, India, 2016)
- New style in Pineapple Dance Studio (London, UK, 2014)