

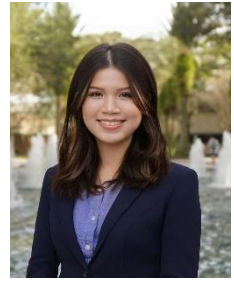
# Anh Nguyen

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## Education

- **University of South Florida (USF) – Tampa, FL**
  - August 2021 – December 2023
  - Degree: Bachelor of Science
  - Major: Medical Biology
  - Overall GPA: 3.96
  - Honors: Summa cum laude
- **Cuyahoga Community College (Tri-C) – Highland Hills, OH**
  - April 2019 – May 2021
  - Degree: Associate of Science
  - Major: Biology
  - GPA: 4.0
  - Honors: Summa cum laude

## Volunteer Experiences

- **Summer Bayboro Beach Clean-up – Tampa, FL**
  - June 7<sup>th</sup>, 2022
  - Supervisor: Ms. Winnie A. Mulamba - Sustainability Planner | wmulamba@usf.edu | (727) 873-4820
  - There was a heavy downpour resulting in an abundance of trash being swept down to the bay area. In response to this, we not only collected and removed the accumulated waste along the bay's shores but also dedicated our efforts to cleaning up a significant amount of debris that was floating near the beach. This comprehensive cleanup initiative aimed to restore the natural beauty and cleanliness of both the bay and the beach surroundings.
- **USF Student Health Services Clinic – Tampa, FL**

- Supervisor: Dr. Saida Omarova, MD | somarova@usf.edu | (404) 519-8192
- January 2022 – February 2022 | 3 hours/ week
- During my educational shadowing experience with Dr. Omarova, I gained valuable insights into the intricate dynamics of the physician-patient relationship, along with the critical role of preventative medicine in healthcare. Throughout this period, Dr. Omarova imparted knowledge regarding the pathology of various diseases, including urinary tract infections (UTIs), diabetes, heart diseases, and osteoporosis, emphasizing their symptoms, causes, and treatment methods. Additionally, I acquired practical understanding of urgent care medicine, specifically the treatment of ankle sprains, the removal of embedded earrings, and the meticulous care required for lacerations. This comprehensive learning experience significantly enhanced my understanding of diverse medical conditions and the importance of prompt, effective treatment.
- **USF Student Health Services Clinic – Tampa, FL**
  - October 2021 – May 2022 | 6 hours/week
  - Supervisor: Garrett Tessier – Student Coordinator, USF Volunteer Program | tessierg@usf.edu | (813) 974-5546
  - I was actively involved in enhancing patient care through various administrative and preparatory tasks. My responsibilities included organizing and scheduling appointments, ensuring a smooth check-in process for patients upon their arrival. I also played a crucial role in maintaining a hygienic and safe environment by diligently disinfecting the volunteer area. Additionally, I conducted preliminary health screenings by asking patients a series of health-related questions, which was instrumental in assessing their immediate needs before they proceeded to nurse triage services. This experience not only streamlined the patient experience but also underscored the importance of thoroughness and efficiency in a healthcare setting.
- **USF Immunization and Insurance Compliance Offices – Tampa, FL**
  - October 2021 – May 2022 | 6 hours/week
  - Supervisor: Garrett Tessier – Student Coordinator, USF Volunteer Program | tessierg@usf.edu | (813) 974-5546
  - In my role, I streamline the check-in process for patients scheduled for COVID-19 or Flu testing appointments. This involves efficiently managing their arrival, verifying appointment details, and guiding them through the necessary preliminary steps. Additionally, I serve as an informational resource for students, offering them fundamental guidance on immunization requirements and navigating insurance-related queries. My responsibilities include explaining the various immunization options available, addressing concerns about vaccine safety and efficacy, and assisting students in understanding the intricacies of their insurance coverage as it

pertains to immunization and other health services. This role requires both organizational skills and a thorough understanding of healthcare procedures and policies.

- **Tampa Bay Heart Walk** – Tampa, FL

- November 20<sup>th</sup>, 2021 | 7 hours
- Supervisor: Megan Rivera – Event Logistics Specialist, American Heart Association | [megan.rivera@heart.org](mailto:megan.rivera@heart.org) | (727)-207-2158
- Participating in the American Heart Association's Heart Walk, I learned valuable skills and insights. My pre-event involvement in logistical preparations like setting up signs and decorating booths honed my organizational abilities. During the event, handling social media responsibilities for storytelling and awareness-raising improved my digital communication skills. Additionally, interacting with participants, distributing materials, and offering support enhanced my interpersonal skills. The post-event cleanup process further emphasized the importance of teamwork and the comprehensive effort needed in event management. Overall, this experience provided a well-rounded understanding of event planning and execution, emphasizing the value of community engagement in health-related causes.

- **Flying Samaritans Gold Coast Urological Surgery Clinic** – Baja California, Mexico

- May 21<sup>st</sup>, 2021 – May 23<sup>rd</sup>, 2021 | 72 hours
- Supervisor: Dr. Josep Kuntze, MD | [jkuntze@urologyslo.com](mailto:jkuntze@urologyslo.com) | (805) 434-1408
- Flying Samaritans is a group of selfless professionals who provide free healthcare services at Buen Pastor Hospital to underserved patients in San Quintín town in Baja California, Mexico.
- From shadowing Dr. Joseph Kuntze during the medical mission trip, I gained invaluable hands-on experience by observing a variety of surgeries closely, and I actively first-assisted in fifteen different urology procedures. These experiences not only enhanced my understanding of surgical techniques but also deepened my appreciation for the intricacies of urological treatments.

More importantly, I gained a pivotal insight that profoundly influenced my career aspirations. I learned that many urological conditions, such as kidney disease, can often be prevented or mitigated by early intervention from primary care physicians. Understanding the critical role of preventive care in averting serious urological health issues underscored the importance of accessible, quality primary healthcare. This experience solidified my commitment to becoming a primary care physician, with a focus on preventive medicine, to make a significant impact on patient health outcomes, particularly in underserved communities. My goal is to leverage the knowledge and insights gained from this experience to help prevent serious health conditions through early detection and proactive healthcare strategies.

- **Tri-C Super Saturday Enrollment Events** – Highland Hills, OH
  - August 2020 and October 2020 | 20 hours
  - Supervisor: Meagan Gibson – Director of Eastern Student Engagement Tri-C | meagan.gibson@tri-c.edu | 216-987-2044
  - As part of my responsibilities, I guided students towards essential campus resources like the Counseling Center, Enrollment Center, and Financial Aid offices, especially to assist them in finalizing their class schedules for the Fall 2020 semester. My role extended to supporting students with disabilities by aiding in their class registration process and organizing alternative testing arrangements to accommodate their needs. Additionally, given the heightened health concerns, I was tasked with ensuring the cleanliness and safety of the campus environment. This involved thorough sanitization and disinfection of high-traffic areas and frequently used spaces to maintain a healthy campus atmosphere. Beyond these responsibilities, I contributed to the creation of a short video highlighting Tri-C Day, a project dedicated to increasing awareness and raising funds for student scholarships, thereby supporting the financial needs of our student community.
- **Tri-C Eastern Food Bank** – Highland Hills, OH
  - October 2019 – March 2020 | 50 hours
  - Supervisor: Meagan Gibson – Director of Eastern Student Engagement Tri-C | meagan.gibson@tri-c.edu | 216-987-2044
  - Prior to the pandemic, I was actively involved in selling hot dogs, popcorn, chips, and sodas at the concession stands during Tri-C Women's Basketball games. This endeavor was not just a commercial activity but a meaningful initiative to support a noble cause. The proceeds from these sales were dedicated to purchasing pallets of food for the Food Bank, directly contributing to community welfare. Along with my associates, we successfully facilitated access to essential food supplies for over 700 students. Our collective efforts culminated in raising a substantial sum of \$2,000, which significantly bolstered the resources of the Food Bank, demonstrating the impactful fusion of community engagement and sports events in addressing vital needs.

## **Extracurricular Activities**

- **Research:** A Retrospective Study Assessing the Relationship of Statin Therapy in COVID-19 Patients
  - March 2022 – December 2022
  - Supervisor: Dr. Ahmed Eddib | ahmed.eddib@hcahealthcare.com | (352) 322-5686

- In my research, I focused on the complex interplay between COVID-19 and myocardial infarction, particularly examining the benefits of statin therapy in patients with acute myocardial infarction. This involved an extensive review and analysis of current literature to understand how COVID-19 influences heart health and the efficacy of statins in these scenarios. I also contributed to identifying and exploring new research avenues regarding the use of statin therapy in COVID-19 patients. A key part of my role included assisting in the development of a research protocol for data extraction, ensuring a rigorous, ethically sound methodology that would underpin our study's reliability and contribute valuable insights to the scientific community's understanding of COVID-19's cardiovascular implications.
- **Phi Theta Kappa - International College Honor Society** – Highland Hills, OH
  - May 2021 - Present
  - Supervisor: Mr. Christopher Faciana – Program Director of Sport and Exercise Studies & Phi Theta Kappa Advisor Alpha Epsilon Eta Chapter | christopher.faciana@tri-c.edu | (216) 987-4822
  - Before the Fall 2021 semester, I engaged in a college initiative exploring how Phi Theta Kappa (PTK) could support Tri-C Eastern campus students. This project was designed to help new students acclimate, offering guidance on maximizing scholarship opportunities and navigating college life during the pandemic. As Vice President of the Tri-C Eastern Student Government, I utilized WebEx for my weekly meetings to connect with new students. These virtual interactions provided valuable insights into the students' informational needs. I relayed this data to PTK, helped develop an informational Facebook page, and organized a live information session to disseminate this knowledge further. Following this project, I transferred to USF, where I remotely participated in the 'Honor in Action' project, conducting research on Harvard Community Services Center, a local public community service organization in Cleveland, Ohio.
- **Secretary of Tri-C Joint Student Council** – Cleveland, OH
  - February 2021 – June 2021
  - Supervisor: Meagan Gibson – Director of Eastern Student Engagement Tri-C | meagan.gibson@tri-c.edu | 216-987-2044
  - I worked jointly with the Student Governments across Tri-C's three campuses and the Board Student Scholar to cater to student needs. To alleviate stress among Tri-C Metro campus students, I organized virtual yoga sessions through WebEx. Additionally, I was actively involved in a textbook exchange initiative to help students economize on textbook expenses. I further established a Facebook group to streamline the process, providing a platform for students to connect and exchange textbooks efficiently.

- **Vice President of Tri-C Eastern Student Government** – Highland Hills, OH
  - September 2020 – June 2021
  - Supervisor: Meagan Gibson – Director of Eastern Student Engagement Tri-C | meagan.gibson@tri-c.edu | 216-987-2044
  - I spearheaded virtual financial aid workshops, significantly aiding students by securing thousands of dollars in scholarships. Recognizing communication barriers on Blackboard between instructors and students, I initiated a feedback collection from students about their course experiences. This led to a collaborative effort with the Student Government, culminating in a strategic virtual meeting with Tri-C Eastern’s President Dr. Williams and the Dean of Academic Affairs, Dr. Cunion. We successfully advocated for improvements to the Blackboard interface and planned comprehensive email campaigns to enhance student proficiency in using the platform. Additionally, I led an online fundraising drive to bolster the school food bank at the Eastern Campus.
- **Tri-C Multicultural Club** – Highland Hills, OH
  - October 2019 – March 2020
  - Supervisor: Lori Brindisi, M.Ed. - Multicultural Club Advisor | lori.brindisi@tri-c.edu
  - I gained insights into diverse cultures by participating in events such as International Music Cultural Coffee, International Flag Trivia, and Virtual Comedy Movie Night, through interactions with friends from various international backgrounds. Additionally, I contributed to raising awareness about ethnic prejudice and discrimination by creating and distributing informative flyers.

## Achievements

- **The College of Arts and Sciences at the University of South Florida Dean’s List**
  - My academic performance was recognized and awarded for the Fall 2021, Spring 2022, Fall 2022, and Spring 2023.
- **Fred L & Helen M Tharp Endowed Scholarship at USF**
  - School year 2022-2023
  - I was selected to receive this scholarship as being the first-generation student and maintaining a 4.0 GPA
- **Cuyahoga Community College (Tri-C) Dean's list**
  - I was named to the Dean’s List of Scholars 2019-2020 academic year and Spring 2021 term.

# Work Experiences

- **Registered Pharmacy Technician at CVS Pharmacy** – St. Petersburg, Store #03654
  - June 2023 – current | 40 hours/ week
  - Supervisor: Dr. Dionta Hubbard, PharmD – Pharmacy Manager | dionta@gmail.usf.edu | (727) 639-4267
  - As a Pharmacy Technician, my chief responsibilities include the precise preparation of prescription medications, ensuring patients receive the correct drugs in accurate dosages. I also play a vital role in assisting patients with insurance matters, helping them access necessary medications without undue financial strain. Collaborating closely with pharmacists, particularly Dr. Hubbard, has deepened my understanding of drug side effects and potential interactions, knowledge I consistently share with patients for their safety.
- **Barista at TeaStori Milk Tea** – Tampa, FL
  - August 2021 – July 2023 | 40 hours/ week
  - Supervisor: Mr. Nam Diep – The owner of TeaStori | peidmanllc@yahoo.com | (727) 251-2253
  - Having dedicated nine years to the beverage industry, my primary objective has always been to deliver exceptional customer service. In my role as a Shift Lead at TeaStori, I developed proficiency in multiple roles including barista, cashier, and cook. This versatility enabled me to effectively support my colleagues across different workstations. On busy days, I managed the distribution of tasks and oversaw the team's performance, ensuring timely and high-quality order fulfillment without overburdening any team member or risking burnout. I fostered a positive and healthy work environment by promoting open communication among team members and recognizing their valuable contributions to our store.
- **Barista at Moonlight Milk Tea** – St. Petersburg, FL
  - December 2022 – February 2023 | 30 hours/ week
  - Supervisor: Mr. Hong Veng – The owner of Moonlight Milk Tea | hong\_veng@yahoo.com | (703) 388 6892
  - In my combined role as a Barista and Waitress, I specialized in creating custom drinks and ensuring a high-quality dining experience. My responsibilities included meticulously handcrafting a variety of complex beverages, tailored to individual customer preferences, and serving food with a keen eye for presentation and quality. I focused on providing attentive service, addressing customer needs promptly, and fostering a welcoming atmosphere. This role

sharpened my multitasking skills and deepened my commitment to customer satisfaction in a dynamic, fast-paced environment.

- **Barista at Tsaocaa Milk Tea – Tampa, FL**
  - June 2022 – September 2022 | 30 hours/ week
  - Supervisor: Ms. Xiuyan Lu (Sherry) - The owner of Tsaocaa | tsaocaatampa@gmail.com | (917) 868-0324
  - In my role, I primarily managed the register and focused on delivering memorable customer experiences. During quieter periods, I extended my support to teammates by assisting in cooking bobas and preparing drinks, in addition to handling order-taking responsibilities. My experience in providing excellent customer service has been instrumental in preparing me for a future career in healthcare. I firmly believe that patient care extends beyond curing diseases; it also involves alleviating suffering, and my skills in empathetically addressing customer needs have laid a strong foundation for this aspect of healthcare.