

AB

ANNA BIXLER

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Summary

Highly trained and dedicated RN who specializes in cardiothoracic and vascular intensive care. Manage patients with heart failure, cardiac arrest, aneurysms and dissections, and mechanical circulatory support devices such as IABP, Impella, VADs, ECMO, etc. Admit patients post-operatively after heart transplants, CABGs, valve repair/replacements, vascular repair, and many other operations.

Skills

- Expertise in Cardiothoracic and Vascular post-operative care
- ICU assessment and nursing care
- Clinical preceptor
- CRRT
- Intra-aortic balloon pump (IABP)
- Impella
- VA and VV Extracorporeal membrane oxygenation (ECMO)
- RVAD
- Rotoflow
- Centrimag
- Heartmate II (HMII)
- Heartmate III (HMIII)
- Heartware (HW)
- Ventilator management
- Initiation, titration and weaning of vasoactive drips
- EKG interpretation
- IV initiation
- Blood gas interpretation
- Blood product administration
- Procedure preparations and assist
- Infection control measures
- Patient and family advocacy
- Patient counseling and education
- Palliative care awareness
- Patient/family focused care
- Problem resolution capability
- Professional bedside manner
- Central line insertion and maintenance
- Airway management
- Pain management
- Chest Tube Removal

Experience

Medical University Of South Carolina |
Charleston, SC

Registered Nurse II - CVICU

09/2023 - Current

- Admit and manage sedated patients directly from the operating room after cardiothoracic surgery.
- Management of invasive and non-invasive airways.
- Titrate and manage patients on multiple continuous infusion medications.
- Manage patients with chest tubes, Foleys, central lines, PA catheters, arterial lines, etc.
- Place and manage IVs.
- Closely monitor hemodynamically unstable patients and implement appropriate interventions.
- Assess need for then order, obtain, and interpret appropriate lab tests.
- Monitor patient's fluid intake and output to detect fluid and electrolyte imbalances.
- Develop patient care plans, including assessments, evaluations, and nursing diagnosis.
- Assist providers with procedures such as central line insertion, arterial line

placement, intubation, etc.

- Educate patients and family members on plan of care, medical diagnosis/condition, medications, side effects, interventions, etc.
- Narrate care to patients and family members.
- Admitted sedated patients directly from the operating room after cardiothoracic and vascular surgery.
- Worked with intubated and trached patients frequently.
- Titrated and weaned vasoactive/inotropic medications as well as a wide variety of other medications.
- Managed chest tubes, Foleys, central lines, swans, arterial lines, etc.
- Collaborated closely with interdisciplinary team i.e. nurse practitioners, intensivists, anesthesia, and surgeons.
- Closely monitored hemodynamically unstable patients and implemented appropriate interventions.
- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Monitored patients' fluid intake and output to detect fluid and electrolyte imbalances.
- Developed patient care plans, including assessments, evaluations, and nursing diagnoses.
- Assisted providers with procedures such as central line insertion, arterial line placement, chest tube insertion/removal, intubation, ECMO cannulation, ect.
- Nurse-Run ECMO
- Primary preceptor for new graduate nurses.
- Completed year long nurse residency program with evidence based research project.
- HVICCU Skin Champion
- HVICCU Magnet Champion

Penn State Health Milton S. Hershey
Medical Center | Hershey, PA
Cardiovascular ICU Registered Nurse
02/2020 - Current

Education and Training

Pennsylvania State University | Harrisburg, PA
Bachelor of Science in Nursing
12/2019

Harrisburg Area Community College | Harrisburg, PA
Some College (No Degree) in Science Prerequisite Coursework
05/2018

Pennsylvania State University | Harrisburg
Bachelor of Science in Human Development And Family Studies
05/2015
Minor in Psychology

License and Certification

- Registered Nurse (RN) | Pennsylvania State Board of Nursing | License Number RN728360 | February 2020 - April 2025 |
- Registered Nurse (RN) | South Carolina Board of Nursing | License Number 273606 | August 2023 - April 2024 |
- Critical Care Registered Nurse (CCRN) | AACN | September 2022 - August 2025 |
- Advanced Cardiovascular Life Support Provider | American Heart Association | April 2022 - April 2024 |
- Basic Life Support | American Heart Association | May 2019 - May 2025 |

Additional experience and references available upon request