

Lydia Cochrane

Contact: (336) 579-7582 / lbcochrane05@gmail.com

Represented by: Marilyn's Agency

Height: 5' 5" | Hair: Blonde | Eyes: Blue/Green

Playing Age: 14 - 22 years



FILM

2024	Good Enough	Lead	NCSU Student Film Society
2020	Spread Among Us	Supporting	UNC School of the Arts
2019	The Big L	Supporting	UNC School of the Arts
2019	Captain Nebulas	Supporting	13th Pygmy Productions
2018	She Follows Close Behind	Supporting	UNC School of the Arts
2018	Bhasham	Supporting	13th Pygmy Productions
2017	The Samaritan	Supporting	13th Pygmy Productions
2017	Teammates	Principal	in-STUDIO Productions
2016	Cypress Tree	Supporting	UNC School of the Arts
2016	Trust Me	Principal	in-STUDIO Productions

MUSIC VIDEO

2019	Periphery "Chvrch Bvrner"	Principal	Dir. Justin Reich
2018	The War and Treaty	Principal	Dir. Justin Reich
2018	Toothgrinder "Vagabond"	Principal	Dir. Justin Reich
2017	State of Illusion "Blind"	Principal	Dir. Erez Bader

THEATER

2024	QuickSCRIPTS "Unpacking"	Lead	NC State University Theater
2024	QuickSCRIPTS "Yellow Light"	Lead	NC State University Theater
2019	Adams Family	Supporting	Cornerstone Theater
2019	Seussical	Yertle	Cornerstone Theater
2018	The Lion King, Jr.	Timon	Cornerstone Theater

TRAINING

Professional Acting for the Camera	Ben Cunis	in-STUDIO
Professional Acting for the Camera	Drew Matthews	in-STUDIO
Audition Coaching	Chris Cunningham	in-STUDIO
Stage Combat for Film	Keith Harris	in-STUDIO
Acting for Commercials	Gus Allen	NC State University Theater
Comedy	Tori Galloway Stern	MATT Performing Arts
Drama for the Stage	Katie-Jo Eisenhower	Artistic Motion
Voice	Becky Feldmann	Joyful Noise Studio
Improvisation	Tori Galloway Stern	MATT Performing Arts

Special Skills

Baseball, Cheerleading, Cycling, Golf, Hula Hoop, Ice Skating, Jump Rope, Running, Softball, Sprinting, Swimming, Tennis, Dance Ballroom, Dance Cha Cha, Dance Hip Hop, Dance Club, Ukulele, Volleyball, Yoga, Voice: Mezzo Soprano Voice Over, Australian Accent, Southern Accent, British Accent