**Angela Michelle Parker**

P.O. Box 2306

Amherst, MA 01004

413-727-4343

[angie.m.parker56@gmail.com](mailto:angie.m.parker56@gmail.com)

**SUMMARY OF QUALIFICATIONS**

* Graduate of the Acting Program at The Second City
* Completed Level I Improv at The Second City
* 48 weeks-combined improv study at Improv Asylum, Sea Tea, and Happier Valley
* Workshops with Hal Peller and Claude Sampton
* Special Skills: Swimmer, Biker, Runner, Dance, Sing, Massage Therapist in Massachusetts

**PROFESSIONAL EXPERIENCE**

***Elements Hot Tub Spa, Amherst, MA 2018-2020***

Massage Therapist (Independent Contractor)

* Delivered massages with excellent customer service
* Hot stone, deep tissue, and Swedish massage sessions at this multiple award-winning spa

***Healthtrax, West Springfield, MA 2017-2018***

Massage Therapist

* I offer deep tissue and Swedish Massage that is client catered
* Chair massage on occasional weekends and events

***East Heaven, Northampton, MA 2017-2017***

Massage Therapist (Independent Contractor)

* Perform Swedish and Deep Tissue massage to clients
* Delivered a great massage with care

***Elements Massage, East Longmeadow, MA 2016-2016***

Massage Therapist

* Deliver Swedish, trigger point, hot stone, and aromatherapy massages to clients
* Conduct myself in a positive, helpful manner to guests and staff
* Awarded Therapist of the Month for helpfulness and hard work, February 2017

***Koru Eco Spa, Block Island, RI Summer of 2016***

Spa Reception

* Booked appointments for 2-6 professionals, maintained a clean, peaceful upscale spa atmosphere
* Answered phone promptly, and checked in/cashed out clients professionally and politely
* Educated clients on the full offerings of the spa services, and made accommodations per request
* Answered questions and suggestively sold spa services and products

**EDUCATION AND VOLUNTEER EXPERIENCE**

***The Massage School, Easthampton, MA                                                                           Class of 2016***

* Studied deep tissue, Swedish, and sports massage; capable of very light to deep pressure
* Completed state of Massachusetts requirements for LMT program and 200 clinic hours

***University of Massachusetts-Amherst, Amherst, MA                                                        Class of 2021***

* Studied holistic health and psychology through the University Without Walls program
* Took coursework in journalism, communication, media, sociology, dance/yoga, and athletic training

***Gould Farm***

* Taught mentally ill individuals culinary and gardening skills
* Responsible for feeding 80 people, up to three times a day alongside individuals in recovery
* Established relationships with individuals with the aim to de-stigmatize and empower them

***AmeriCorps National Service***

* Developed and implemented training programs teaching women minor home repair
* Researched food security issues, which resulted in winning a grant to create an urban farm
* Taught environmental education to children and raised environmental awareness