**Bethan Styling**

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**Personal Profile Statement**

I am a hardworking and reliable actress with a commitment to the Performing Arts Industry who loves a good challenge. I am also a major opportunist as from 2019-2022 I had been suffering with Ulcerative Colitis which cost me two surgeries and multiple hospital admissions (hence the gap in Performance Achievements during this period). However, I am now completely cured and ready to come swinging at the acting industry with passion. I take ownership of my responsibilities and love to support my fellow cast members. I can work in a fast-paced environment and will be prepared to go the extra mile to meet desired requirements. My current education means I am using improvisation regularly meaning this skill has been finely developed and improved immensely.

**Performance Achievements**

**2022** Got through to the final audition stage of ‘The London Stranger Things Experience’ (3-stages) and although sadly I narrowly missed the final cut, it was not only my first ever audition but also my first call back (which is amazing considering I was up against actors part of agencies/drama schools).

**2022** Cambridge Regional College Showcase including All Cast musical numbers and a monologue

**2018** Participant of the National Theatre Connections competition (performing the role of Issy in ‘The Blue Electric Wind’ by Brad Birch). Performed locally and at Norwich Playhouse.

**2015-2017** Lane Academy Dance School studying Disco Freestyle (achieved Junior Honours Medal) and Modern Contemporary Dance (achieved Bronze Junior Honours Trophy)

**2011-2017** Octagon Studios Drama Classes including 2 on-stage performances at The Maltings, Ely. Weekly classes involved developing improvisation and performance skills, as well as opportunities to support younger students.

**Summer Schools:- 2014-2016** Lane Academy summer schools in Drama, Dance and Musical Theatre**;**

**Upcoming summer school 2022 –** National Youth Theatre, London - Acting: Developing your Process

**Education and Qualifications**

**2021- On-going UAL Level 3 Diploma in Performing and Production Arts at Cambridge Regional College (CRC)**

**2019-2021 Level 3 Extended Diploma in Media Studies (D\*D\*D\*)**

**BTEC in Criminology at Bishop Laney Sixth Form (Grade C)**

**2014- 2019 Soham Village College;** 6 GCSEs Grades 6–4, including English and Maths

**Skills**

**Stage acting** I have been trained to act at the level of stage acting where I professionally but enthusiastically convey my given character and work well with others.

**Improvisation** I have been using improv techniques since the age of 8 years old so I am quite well-versed and prepared to improvise where need be.

**Communication skills** I can confidently communicate my personal needs/character’s needs efficiently to both cast and audience.

**References**

[ccrane@camre.ac.uk](mailto:ccrane@camre.ac.uk) (Drama Course Leader at CRC)

[ewatkins@elycollege.co.uk](mailto:ewatkins@elycollege.co.uk) (Head of Media Studies Department at Bishop Laney Sixth Form)