Cass Freeman Vancouver, BC 604-872-4638 [casan@shaw.ca](mailto:casan@shaw.ca)

**Summary:**

A playful, intelligent, intuitive improv instructor and performer seeking to educate others using laughter, spontaneity and teamwork. A knowledgeable storyteller both on stage and in print and broadcast medias.

**Skilled at:**

* Motivating, encouraging and inspiring students of all ages
* Hosting improv comedy performances
* Developing a rapport with an audience
* Performing dramatic and comedic improvised theatre
* Teaching students how to project their voices

**Recent Experience:**

* Taught improv workshops at MPA, a mental health organization, Spring and Summer 2023
* Taught Improvisation for Actors at the Royal Academy of Film and Media, May 3, 2023
* Developed and taught curriculum for a series of 8 improv classes at the Roundhouse Community Centre, Winter 2022; hosted final performance at the Roundhouse for 25 family and friends
* Held an introduction to improvisation workshop at Mt. Pleasant Neighbourhood House, July 17, 2022
* Taught teamwork through improv comedy at Mt. Pleasant Neighbourhood House, September 10, 2022
* Gave private improv classes to ten year old Allie and Poppy Wilburn, 2023

**Additional Experience:**

* Performer, Blind Tiger Comedy, June 14th and 21st 2023
* Performer, Maestro Impro at Tightrope Theatre, twice monthly, Fall 2022-present
* Instructor, Improv Classes, Vancouver Schoolboard, 2000 - 2005
* Ran a part time improv business teaching at non-profits and job hunting clubs. Met with clients and designed workshops according to their needs, 2000 to 2005.
* Originator, co-producer and unit director for a documentary on Keith Johnstone, creator of Theatresports for Bravo television, 1997 to 2004
* Freelance Writer/Broadcaster, numerous print publications, radio and television, 1987 to present

**Education:**

* Attended an all day improv workshop with Patrick Short of Comedysportz, July 26, 2023
* Participated in the Applied Improvisation Conference in Vancouver, July 2023
* Improv classes, workshops and improv comedy jams with the Improv Centre, Tightrope Theatre and Blind Tiger Comedy, Spring 2021 to present
* Playback Theatre Workshop, June 25, 2023
* Trained in CPR and First Aid, St. John Ambulance, May 6, 2023
* Attended rehearsals with Vancouver Playback Theatre, Winter 2022
* Comedy Improv Classes, Langara College, Fall 2019 with David C. Jones
* Took classes and performed with Toronto Theatresports, 1987-1989
* Bachelor of Applied Arts in Journalism, Ryerson Polytechnical Institute, 1987 to 1989

**Warning: Cass Freeman is prone to spontaneous bouts of singing**