



Multilingual professional with **strong linguistic and cultural sensitivity**, focused on the translation, revision and adaptation of content between **Portuguese, English and French**. My practice in **product and service design** reinforces attention to **detail, clarity and consistency** - competencies I apply in **digital communication and cultural adaptation** of text.

EXPERIENCE

LA POSTE SWITZERLAND (GLAND, VAUD): DISTRIBUTION AGENT

- Management of logistical flows and warehouse organization.
- Parcel delivery across multiple urban and rural contexts.
- Development of skills in prioritization, problem-solving, and interpreting complex systems.

IMPEC NETTOYAGES SA (NYON, VAUD): CONCIERGE

- Responsible for the maintenance and organization of common areas in residential buildings.
- Coordination of technical interventions and liaison with service providers.
- Direct communication with residents, with a focus on empathy, mediation, and problem-solving.

VOLUNTEERING

ANP/WWF PORTUGAL | 2022 - 2023

- Development of awareness materials and support for communication on regenerative agriculture practices

DESIGN COMMIT | MARCH 2026

- Coordination of the volunteer team and logistical management of the event

EDUCATION

UNIVERSITY OF MINHO

- 2019 – 2023 | **Bachelor's Degree in European Languages and Literatures**
- 2025 – *at the moment* | **Master's Degree in Product and Service Design**

SKILLS

TRANSVERSAL

- Systemic thinking
- Holistic vision
- Autonomy
- Organization
- Empathy and mediation
- Critical analysis
- Writing
- Interpretation

TRANSLATION

- **PT ↔ EN**
- **PT ↔ FR**
- **Linguistic revision** – clarity, consistency and terminological precision
- **Content localization** – interfaces, e-commerce, UX writing
- **Cultural adaptation** – digital and international contexts
- **Attention to detail** – nuance and tone in Portuguese, English and French