



# Personal Values Card Sort

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Designed for Avery 5371

Business Card Template

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MI

Not important to Me

MI

Somewhat important  
to Me

MI

Important to Me

MI

Very important  
to Me

MI

Most important  
to Me

MI

Other value:

Other value:

MI

Other value:

MI

MI

# Acceptance

to be accepted as I am

1

MI

# Accuracy

to be correct in my opinions and beliefs

2

MI

# Achievement

to have important accomplishments

3

MI

# Adventure

to have new and exciting experiences

4

MI

# Art

to appreciate or express myself in art

5

MI

# Attractiveness

to be physically attractive

6

MI

# Authority

to be in charge of others

7

MI

# Autonomy

to be self-determined and independent

8

MI

# Beauty

to appreciate beauty around me

9

MI

# Belonging

to have a sense of belonging, being part of

10

# Caring

to take care of others

11

# Challenge

to take on difficult tasks and problems

12

# Comfort

to have a pleasant and comfortable life

13

# Commitment

to make enduring, meaningful commitments

14

# Compassion

to feel and act on concern for others

15

# Complexity

to embrace the intricacies of life

16

# Compromise

to be willing to give and take in reaching agreements

17

# Contribution

to make a lasting contribution in the world

18

# Cooperation

to work collaboratively with others

19

# Courage

to be brave and strong in the face of adversity

20

# Courtesy

to be considerate and polite toward others

21

# Creativity

to create new things or ideas

22

# Curiosity

to seek out, experience and learn new things

23

# Dependability

to be reliable and trustworthy

24

# Diligence

to be thorough and conscientious in whatever I do

25

# Duty

to carry out my duties and obligations

26

# Ecology

to live in harmony with the environment

27

# Excitement

to have a life full of thrills and stimulation

28

# Faithfulness

to be loyal and true in relationships

29

# Fame

to be known and recognized

30

# Family

to have a happy, loving family

31

# Fitness

to be physically fit and strong

32

# Flexibility

to adjust to new circumstances easily

33

# Forgiveness

to be forgiving of others

34

# Freedom

to be free from undue restrictions and limitations

35

# Friendship

to have close, supportive friends

36

# Fun

to play and have fun

37

# Generosity

to give what I have to others

38

# Genuineness

to act in a manner that is true to who I am

39

# God's Will

to seek and obey the will of God

40

# Gratitude

to be thankful and appreciative

41

# Growth

to keep changing and growing

42

# Health

to be physically well and healthy

43

# Honesty

to be honest and truthful

44

# Hope

to maintain a positive and optimistic outlook

45

# Humility

to be modest and unassuming

46

# Humor

to see the humorous side of myself and the world

47

# Imagination

to have dreams and see possibilities

48

# Independence

to be free from depending on others

49

# Industry

to work hard and well at my life tasks

50

# Inner Peace

to experience personal peace

51

# Integrity

to live my daily life in a way that is  
consistent with my values

52

# Intelligence

to keep my mind sharp and active

53

# Intimacy

to share my innermost experiences with others

54

# Justice

to promote fair and equal treatment for all

55

# Knowledge

to learn and contribute valuable knowledge

56

# Leadership

to inspire and guide others

57

# Leisure

to take time to relax and enjoy

58

# Loved

to be loved by those close to me

59

# Loving

to give love to others

60

# Mastery

to be competent in my everyday activities

61

# Mindfulness

to live conscious and mindful of  
the present moment

62

# Moderation

To avoid excesses and find a middle ground

63

# Monogamy

to have one close, loving relationship

64

# Music

to enjoy or express myself in music

65

# Non-conformity

to question and challenge authority and norms

66

# Novelty

to have a life full of change and variety

67

# Nurturance

to encourage and support others

68

# Openness

to be open to new experiences, ideas and options

69

# Order

to have a life that is well-ordered and organized

70



# Passion

to have deep feelings about ideas,  
activities or people

71

# Patriotism

to love, serve and protect my country

72

# Pleasure

to feel good

73

# Popularity

to be well-liked by many people

74

# Power

to have control over others

75

# Practicality

to focus on what is practical,  
prudent, and sensible

76

# Protect

to protect and keep safe those I love

77

# Provide

to provide for and take care of my family

78

# Purpose

to have meaning and direction in my life

79

# Rationality

to be guided by reason, logic and evidence

80

MI

## Realism

to see and act realistically and practically

81

MI

## Responsibility

to make and carry out responsible decisions

82

MI

## Risk

to take risks and chances

83

MI

## Romance

to have intense, exciting love in my life

84

MI

## Safety

to be safe and secure

85

MI

## Self-Acceptance

to accept myself as I am

86

MI

## Self-Control

to be disciplined in my own actions

87

MI

## Self-Esteem

to feel good about myself

88

MI

## Self-Knowledge

to have a deep and honest understanding of myself

89

MI

## Service

to be helpful and of service to others

90

# Sexuality

to have an active and satisfying sex life

91

# Simplicity

to live life simply, with minimal needs

92

# Solitude

to have time and space where I can  
be apart from others

93

# Spirituality

to grow and mature spiritually

94

# Stability

to have a life that stays fairly consistent

95

# Tolerance

to accept and respect those who differ from me

96

# Tradition

to follow respected patterns of the past

97

# Virtue

to live a morally pure and excellent life

98

# Wealth

to have plenty of money

99

# World Peace

to work to promote peace in the world

100