

QIARA[®]

INFANT

Steph's Story

"Gut health is SO important to us It has been SO helpful settling her tummy!"



image courtesy
of @helloimstepha

Probiotics isolated from breastmilk that support you every day.
No refrigeration is required.

Good bacteria for a healthy microbiome

Ideal for infants aged 0 – 24 months

Did you know?

An infant's microbiome can be disrupted for many reasons including mum's diet, medication, hereditary factors, birth mode and feeding choices. Antibiotics, which are commonly used during pregnancy, birth and breastfeeding, can also upset the balance of good bacteria in infants.

How Qiara can support infants

Qiara Infant helps support and maintain gastrointestinal and immune system health in all infants, including those prescribed antibiotics or with reflux, colic, cough, cold, diarrhoea or constipation. Qiara probiotics are isolated from breastmilk* and can:

- Help restore the balance of good gut flora during and after antibiotic use
- Helps to stimulate a healthy immune system response
- Maintain and support the immune system to fight illness
- Maintain and support healthy digestive system function

**Qiara Infant is a listed medicine on the Australian Register of Therapeutic Goods. It is not a breastmilk substitute or a novel food.*



Image courtesy of @hellomstepha

Why Qiara probiotics are different

Qiara probiotics are isolated from breastmilk, giving unique benefits for all infants.



Stimulates
healthy immune
response



Restores gut
flora during &
after antibiotics



Supports
gastrointestinal
health



Supported by
evidence-based
research



Australian made
and owned

QIARA[®] INFANT

Every Qiara Infant box includes 28 individual sachets of oral powder formulated for babies within 0-24 months.



Fast facts: What makes Qiara probiotics different?

Isolated from breastmilk *Lactobacillus fermentum* CECT5716 is scientifically proven to offer a wide range of beneficial mechanisms of action including:

- High survival rate through the intestinal tract
- Modulates the immune response
- Reduces gastrointestinal, respiratory and total number of infections in infants

Dosage and Preparation

When	Dose	Action
0 – 3 months	½ sachet daily	Supports gut health and microbiome
4 – 24 months	1 sachet daily	Helps stimulate a healthy immune system response
During or post antibiotics	0-3 months: ½ sachet twice daily 4-24 months: 1 sachet twice daily	Helps restore good gut flora during and after antibiotic use

Take 2 hours before or after antibiotics

Contains no animal products, gluten, nuts or yeast.



Qiara is available across a range of products designed to support you through each life stage.

Stories

Hear what other mums say about how Qiara helped them and their families.



"Qiara Infant really helped both my girls with constipation issues: they were mixed fed from birth. Highly recommend Qiara."

Regina Pettersen (Reviews.io) ★★★★★

"My 4 month old baby boy has been having this probiotic for the last 3 weeks and I have noticed a huge improvement with his tummy troubles he's had since birth. Great product and easy to give to baby!!"

@GabrielaM ★★★★★

image courtesy of @chrtztnemyu



"My baby's digestive health has never been better. And it's evidence-based so I confidently recommend it."

@sherriduff ★★★★★

"Qiara is the only probiotic to contain the same bacteria found in our breastmilk with proven research. It can help support the process of maturing his digestive system so he can break down the milk better himself. With colic mix and Qiara Infant, he was soon passing gas and the sound asleep for 5 hours. 100% recommend Qiara." @babycenter.com.au

@IrelandP ★★★★★



gut health for life **QIARA**[®]
Probiotics originating
from breastmilk

Puremedic
HEALTH

For further information, seek the advice of your healthcare professional.

Connect with us on socials and tag us with your Qiara experiences #qiaramums

For more detailed product information, purchasing and to join our loyalty club, visit:

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