

Help their immune  
system fight illness from  
first food to first step



gut health for life  
**QIARA<sup>®</sup>**  
INFANT

## PROBIOTICS

Isolated from breastmilk that support you every day.

No refrigeration is required. 28 sachets per box. AU STL 448456

Australian made  
and owned



[QIARA.COM.AU/QIARA-INFANT](http://QIARA.COM.AU/QIARA-INFANT)

# Boosts immune system resilience and gut health in babies and toddlers

Great gut health starts with our very first food source. The good bacteria found in breastmilk provides us with our first rock solid immune defence system. Evidence-based, Qiara Infant\* helps maintain and ensure consistent support for a robust microbiome. It also helps restore beneficial gut bacteria during and after antibiotics and helps stimulate a healthy immune system which is so important to help avoid those common daycare bugs.

*Help their immune system fight illness with*

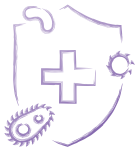
**QIARA®**  
INFANT



## Why Qiara probiotics are different

Unlike most probiotics, Qiara's unique probiotic strain *Lactobacillus fermentum* CECT5716 was originally isolated from good bacteria found in breastmilk.

Qiara Infant helps support and maintain gastrointestinal and immune system health in all infants, including those prescribed antibiotics or with reflux, colic, cough, cold, diarrhoea or constipation or sensitive tummies.



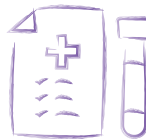
**Stimulates  
healthy immune  
response**



**Restores gut  
flora during &  
after antibiotics**



**Supports  
gastrointestinal  
health**



**Supported by  
evidence-based  
research**



**Australian made  
and owned**

**Did you know?** An infant's microbiome can be disrupted by many factors including mum's diet, medication, hereditary factors, birth mode and type of feeding. Antibiotics commonly used in pregnancy, birth and breastfeeding can also upset the balance of good bacteria in infants.



\*Qiara Infant is a listed medicine on the Australian Register of Therapeutic Goods AUSTL 448456. It is not a breastmilk substitute or a novel food.

Every Qiara Infant box includes 28 individual sachets of oral powder formulated for infants and toddlers 0-24 months.



The image shows a box of Qiara Infant oral powder on the left. The box is white with a purple band across the middle. It features a picture of a baby in a nest and the text 'A PROBIOTIC ORAL POWDER'. On the right, a baby is lying on its stomach, wearing a purple headband with a large bow and a white sleeveless top. The baby is smiling and looking at the camera. The background is a soft-focus image of a bed with white pillows.

Image courtesy of @maiairrudba

made courtesy of @mariarrudaa

Follow the dosage guide, mix into baby's bottle or other liquid or soft food immediately prior to consumption

Suitable for	Dose	Action
All infants and toddlers for everyday gut and immune system health for ages 0–24 months	0–3 Months: ½ sachet daily 4–24 months: 1 sachet daily	Helps increase the growth of good bacteria and supports gut and immune system health*
Infants and toddlers during and post prescribed antibiotics	Take 2 hours before or after antibiotics 0–3 Months: ½ sachet daily 4–24 months: 1 sachet daily	Maintains and restores gut flora during and after antibiotics. During antibiotics course, the dose can be increased to twice daily as needed
Infants with colic, reflux or unsettled after feeding	0–3 Months: ½ sachet daily 4–24 months: 1 sachet daily	Maintains and supports healthy digestive system function
Infants and toddlers experiencing diarrhoea or constipation	0–3 Months: ½ sachet daily 4–24 months: 1 sachet daily	Supports healthy gastrointestinal immune function
Infants and toddlers with respiratory cough or cold	0–3 Months: ½ sachet daily 4–24 months: 1 sachet daily	Helps stimulate a healthy immune system response
Infants and toddlers in daycare	0–3 Months: ½ sachet daily 4–24 months: 1 sachet daily	Supports the immune system to fight illness

Contains no animal products, gluten, nuts or yeast.



QIARA is available across a range of products designed to support you through each life stage.

# Stories

Hear what other mums say about how Qiara helped them and their families.



"Qiara Infant really helped both my girls with constipation issues: they were mixed fed from birth. Highly recommend Qiara."

**Regina Pettersen (Reviews.io)** ★★★★★

"I purchased Qiara because I had a baby, now toddler who suffers horrendously from wind pain and stomach discomfort. I think in the 4 or 5 months we've been using Qiara daily, we've had a couple of nights with a bit of trapped wind but I'm happy to say it's been a godsend for our family. Sleep deprivation no longer and our toddler has also managed to avoid all the nasty bugs that have gone through her day care room. Would definitely recommend Qiara."

**Belinda Rodgers (Reviews.io)** ★★★★★

image courtesy of @chrtznemyu



"Qiara Infant has been a game changer for my little ones immune system, reducing the time spent unwell or completely avoiding whatever her big siblings bring home again. Easy to take, mixing it into her food."

**Aleisha Walden (Reviews.io)** ★★★★★

"When my son had an upset stomach, the bug left after a couple of days but his stools were never quite the same. ...I remembered that Qiara probiotics might help. So I started him on them once a day - and almost immediately everything returned to normal. Just an imbalance for some reason - but Qiara brings the balance back!"

**Anonymous (Reviews.io)** ★★★★★



*gut health for life* **QIARA®**  
Probiotics originating  
from breastmilk

*Puremedic*  
HEALTH

For further information, seek the advice of your healthcare professional.

Connect with us on socials and tag us with your Qiara experiences #qiaramums

For more detailed product information, purchasing and to join our loyalty club, visit:

[www.qiara.com.au](http://www.qiara.com.au) [hello@qiara.com.au](mailto:hello@qiara.com.au) QiaraProbiotics QiaraProbiotics

