Education Opportunities For Spiritual Growth FALL 2022 · COURSE CATALOGUE



"With joy you will draw water from the wells of salvation" (Is.12:3)

RB COMMUNITY CHURCH 17010 Pomerado Rd | San Diego, CA 92128 858.487.0811 | rbcommunity.org



Introduction



Grace to you and Peace,

Fall is upon us! This truly is a time to marvel at how God's creation experiences amazing changes. Whether we see these changes visually through the season, as trees around us take on new colors, or

in our lives and schedules as we wrap up our activities from the summer, we can look forward to this new season as an opportunity for enrichment. As we look towards Fall, I invite us all to think of how we can grow and flourish in our own lives and to take advantage of the great opportunities for development and spiritual growth with our classes. Browse the variety of classes we are offering and look towards the possibilities of how you can flourish in your relationship with God and in fellowship with our community.

Classes focus on several growth areas, such as spiritual formation, biblical studies, theology, Judaic studies, spiritual disciplines, women, men, prayer, book clubs, and much more.

We'd also like to highlight a great opportunity. For the first time, we are offering a class called "Come and See" which focuses on the highly acclaimed TV series called the "Chosen." Each week we

Fall 2022

will watch one episode from the series and then group together in a guided discussion as we unpack the different elements of Jesus' life that were showcased. This is a chance to transport ourselves back 2,000 years to view the historical context in which Jesus lived. Come experience what it would have been like to walk amongst Jesus and the disciples and see how we can grow from His life. There will also be a dinner on Wednesday nights before "Come and See" class, so come for a great time of fellowship! Let us together learn and grow in knowing and serving the Lord as we "with joy draw water from the wells of salvation" (Is.12:3).

I'm looking forward to seeing you there! In Christ, Pastor Mofid Wasef

Spiritual Growth Team

Amy Wazny Bob Lauer Chuck Deckert Deborah Kelly Dee Puntenney Kathy Wesley Mofid Wasef

Sundays

Peter: Apostle for the Best When the World is at its Worst



Sundays, September 11 - November 20 11:00 am - 12:00 pm | Fellowship Center Instructor: Rev. Dr. Bob Lauer

Course Description:

Dickens famously characterized the era about which he wrote as the "best of times" and the "worst of times." The same could be said about the era in which the apostle Peter wrote his letters. And it could also be said about our world today. So how do we as Christians survive and thrive in such a world? Peter raised, and responded to this question in his two epistles. We will study those two epistles in depth, line by line, and use what the Apostle says as we strive to experience God's best in a world which is all too often at its worst.



Fall 2022

Mondays

Book Club



3rd Monday of each month 3:00 pm | High School Café Facilitator: Amy Wazny

Course Description:

Do you enjoy reading? Do you enjoy sharing your reading experiences with others? A book club is a wonderful way to get the most out of what we read and enjoy friendship with other readers. All are welcome. Contact Amy Wazny for further information or to be included on the distribution list for future activities.



Amy Wazny arwazny23@gmail.com

Tuesdays

Serendipity Women's Bible Study



Tuesdays, Sep. 27 - Nov. 15 and Jan. 10 - May 2 9:30 - 11:00 am | Upper Fireside & zoom

Instructor: Linda Allen

Course Description:

Attend a class and see if this group is for you! We meet together for an opening, then, divide into groups to discuss a lesson completed at home.

This year we will be doing "Romans – Becoming New in Christ." This letter is Paul's masterpiece – the fullest explanation of the gospel in the Bible. It had a huge effect on Martin Luther, Augustine, and John Wesley. Our prayer life can become stagnant. We forget why we are serving God. And the world's ways subtly become our ways. Romans addresses these problems and shows us how we can break out of old patterns and become new in Christ.

Paul presents the story of Jesus of Nazareth and thinks through the implications as world history and every human on the planet is affected.

Study guide is \$9.50



Linda Allen lindainpoway@yahoo.com

The Handwriting on the Wall



Tuesdays, beginning September 13 10:00 - 11:00 am | Fellowship Center

Instructor: Ken Sheets Textbook: <u>The Handwriting on the Wall</u> by Dr. David Jeremiah

Course Description:

If you were asked to nominate someone as the wisest person in the Old Testament, who would it be? Most people would name Solomon, the author of three thousand proverbs and more than a thousand songs. But when the prophet Ezekiel wanted to use someone as a standard for wisdom, he named Daniel. And that's not all – Ezekiel names Daniel, along with Noah and Job, as standards of righteousness as well. Wisdom and righteousness... not a bad combination for an Old Testament hero – and a worthy pair of character traits for any modern-day saint as well.

This first volume with 6 lessons of <u>The Hand Writing on the Wall</u> will take you in depth into the first six chapters of the book of Daniel. Dr. David Jeremiah, a long time student of this godly profit, goes event-by-event-by-event through the life of one of the Bible's greatest saints. But it's not just Daniel's life that is stirring—it's his message as well. The modern Church awaits the final fulfillment of Daniel's dramatic End-Time prophecies.

By the time you finish volume 3 in this series of lessons you'll know Daniel – the man and his message—and the God he served with his whole heart.



Ken Sheets 805-345-0641

Seeker Class on Revelation



Tuesdays, on going 7:00 - 8:00 pm | Fellowship Center Instructor: Rev. Dr. Mofid Wasef

Course Description:

Pastor Mofid will teach through the Book of Revelation. He will assist the student with the Apostle John's use of vivid imagery, show how John writes Revelation to reveal the end of human history, the return of Christ, and the establishment of a new heaven and a new earth. Pastor Mofid's focus on John's message of hope in Revelation assures Christians that God is in sovereign control of all past, present, and future events. Come to this class and be encouraged to trust that Jesus Christ will judge the lost and will rule in ultimate victory over all human and demonic opposition.



Rev. Dr. Mofid Wasef mofid@rbcpc.org

To accommodate those unable to make a night class, an identical class on Revelations will run Wednesday mornings at 10:00 am and will also be taught by Pastor Mofid.



Tied in Prayer: Quilt Basics and More



Tuesdays, September 20, October 4, 18, November 1 6:30 - 8:00 pm | Skylight Facilitator: Kathy Wesley

Course Description:

Join us as we use the basics of quilting and enjoy fellowship with others while creating placemats, little totes, and other items for holiday mission opportunities. Patterns and instructions are provided or bring along a favorite of your own. All you need is a basic sewing knowledge, a portable sewing machine and a willingness to relax and have fun. Basic sewing supplies are available.



Kathy Wesley lifegroups@rbcpc.org

Wednesdays

Seeker Class on Revelation



Wednesdays, on going 10:00 - 11:00 am | Fellowship Center Instructor: Rev. Dr. Mofid Wasef

Course Description:

Pastor Mofid will teach through the Book of Revelation. He will assist the student with the Apostle John's use of vivid imagery, show how John writes Revelation to reveal the end of human history, the return of Christ, and the establishment of a new heaven and a new earth. Pastor Mofid's focus on John's message of hope in Revelation assures Christians that God is in sovereign control of all past, present, and future events. Come to this class and be encouraged to trust that Jesus Christ will judge the lost and will rule in ultimate victory over all human and demonic opposition.



Rev. Dr. Mofid Wasef mofid@rbcpc.org

To accommodate those unable to make a day class, an identical class on Revelations will run Tuesday evenings at 7:00 pm and will also be taught by Pastor Mofid.



Power in Praise Movement



Wednesdays, September 14 - November 16 11:15 am - 12:30 pm | High School Room Instructor: Suzie Wick

Course Description:

Welcome to a NEW good for YOU class! "Power in Praise" (PIP) movement class will get you in the joy filled groove as you stretch, tone, and dance with strength and good posture. Along with stretching, toning, and balance a variety of others methods are included such Yoga, Pilates, Tai Chi, Barre toning, and Feldenkrais. Aerobics, Zumba moves, Country Dance, and Disco steps will keep you moving to the beat. Please wear appropriate shoes for dancing and moving and bring a Yoga mat. You will also need a thin bath towel, bathrobe tie or Yoga strap.



Note: Participants will be asked to sign a release of liability form.

Come and See



Wednesdays, September 7 - October 26 5:30 pm | Fellowship Center Contact: Kathy Wesley

Course Description:

Come and See is a new 8-week Wednesday evening Bible Study opportunity patterned after the format used by some of our LifeGroups. The evening begins at 5:30 pm sharing a light meal. Following supper each week a video from Season 1 of the 8-week series The Chosen will be viewed. The Chosen is a dramatic series about the life of Jesus from the point of view of those who met Him. Season 1 introduces Jesus and the calling of his disciples. While some episodes are a bit fictionalized to provide additional background, others follow Scripture closely. Pastor Mofid will present information to help with the fact vs fiction. The evening will conclude with small group breakout time for sharing and feedback with others. This is a great way to interact with others in a small group environment as we share lessons from scripture. Come and See how this series can bring scripture and community alive for you.

Supper: \$10 per adult weekly

Reserve your seat with payment online at rbcommunity.org or Sunday on the patio.



Kathy Wesley lifegroups@rbcpc.org



Thursdays

Men @ RB Community Church



Thursdays 6:30 am | Zoom Facilitator: Jim Thomas

Course Description:

All men are invited to attend this early morning group which focuses on supporting and encouraging men to study God's Word and to live out their faith each day. Various studies are covered throughout the year with the occasional breakfast for some face to face fellowship time. Contact Jim for more information and zoom link.



Jim Thomas Jim@TopJim.com (858) 848-5591

Fridays

Tied In Prayer: Sewing Whatever



Fridays, Sep. 9, 23, Oct. 14, 28, Nov. 11 and Dec. 9 9:30 - 11:30 am | Skylight

Facilitator: Kathy Wesley

Course Description:

Join us as we create with a variety of fabrics from our sewing closet, while enjoying fellowship with others. This time can be used to work on one of our RB Community outreach projects or one of your own. All materials and basic supplies are provided for the various ministry projects or you can bring your own fabrics for your creations. All you need is a basic sewing knowledge and a willingness to relax and have fun.



Kathy Wesley lifegroups@rbcpc.org

Fall 2022

Saturdays

Heartstrings



First Saturday of month 10:00 | Linda's home Facilitator: Linda Tyler

Course Description:

Gather your knitting needles/crochet hooks and join us as we work on a variety of projects. Scarves, hats, afghans, etc. are created by members of this group for distribution to various local organizations in need. This group is open to all skill levels. Patterns and some supplies are provided.





17010 Pomerado Road | San Diego, CA 92128 www.rbcommunity.org | 858.487.0811